# ROCKY TOP NEWS

PUBLISHED BY THE ROCKY TOP CHAMBER OF COMMERCE

FREE FEBRUARY 2018

**FREE** 

## Congratulations to these Lake City Elementary Students for making all A's on their Report Cards for the second nine weeks

THIRD GRADE—Aubri Neer, Alexander Livingston, Brooklyn Howard, Raegan Green, Stella Farrow, Emerie Bullock, Tyler Pitsenbarger, Vansh Raj, Rebecca Varro, Josh Williams, Sarah Garbes, Makayla Graham, Gloria Massengill, and Jayden Peebley.

FOURTH GRADE—Karoline Arender, Madison Babb, Dakotah Berlin, Carter Melton, Jeremiah Owens, Mylee Pietroburgo, Jayden Smiddy, Bella Templin, Coy Tomlinson, Neylan Beaty, Cayson Hooks, Krissy Epperson, Taylor Kuriger and Jayden Smith.

FIFTH GRADE—Cailey Braden, Emma Johnson, Morgan Lindsay, Stephen Powers, Ashlyn Sharpe, Trent Strickland, and Clara Tomlinson.

## Congratulations to these Lake City Elementary Students for making all A's & B's on their Report Cards for the second nine weeks

THIRD GRADE—Jansen Baker, Peyton Baker, Jamie Budrow, Cayden Hill, Raelyn Luke, Peyton Lytle, Natalie Sellers, Laklee Wade, Willa Bullock, Natalie Flatford, Dakota Hoover, Cayson Kuriger, Zoi Beth Lindsay, Mikey Maggi, Lillie Mefford, Kyle Perkins, Weston Nichols, Ainsley Wilbanks, Garrett Turner, Isaiah Savage, Colton Long, Hannah Leinart, Trysten Harmon, Rylan Elkins, Saidie Carter, and Brooklyn Bradley.

FOURTH GRADE—Eli Bean, Justin Bunch, Coty Fife, Eddie Phillips, Savannah Rhoades, Lakeley Ridenour, Victoria Sharp, Josh Vowell, Emilee Braden, Dayton Hackworth, Morgan Hatmaker, Jordan Hosch, Evan Prewitt, Kayla Sharpe, Austin Smith, Darla Yearwood, Chloe Freeman, Eli Johnson, Landon McCracken, Lainey Phillips, Riley Phillips, and Kaylynn Seiber.

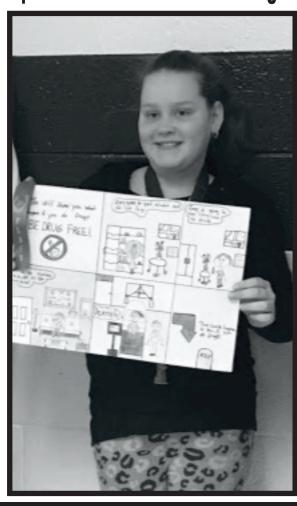
FIFTH GRADE—Kylie Smith, Alyssa Brown, Easton Beaty, Maddie Braden, Megan Braden, Brooklyn Brown, Rylee Buchannan, Kyra Daugherty, Jacob Hatmaker, Gavin Higgs, Dylan Hopper, Nick Ault, Lonna Barnette, Abbi Hatmaker, Ariana Wilson, and Brandon Phillips.

#### January Students of the Month

The following students were chosen as Lake Clty Elementary School AWARE Students of the Month for January for showing positive attitude: Josiah Downs, Nathan Montgomery, Isabella Kimberlin, Bryson Nerl, Brooklyn Seals, Mathew Berrian, Riley Kennedy, Taber Jernigan, Chelsea Barnes, Alyssa Phillips; Victoria Swanson, Geoffrie Lee, Elizabeth Pollick; Abi Brown, Kendra Smith, Garrett Riggs, Stella Farrow, Bella Templin, Jayden Smith, Josh Vowell, Abby Hemphill, Tori Bair, and Morgan Lindsay.

Congratulations to Lake City Elementary School fifth grader Kylie Smith for winning the Anderson County LEAD poster competition.

She's pictured below with her winning entry.





Lake City
Elementary School
fourth grader
Morgan Hatmaker
placed third in the county
4-H Poster Contest.
Congratulations Morgan!

#### **SEND US YOUR NEWS**

The Rocky Top News is published by volunteers who are not always able to gather all of the news happenings in Rocky Top. Therefore, we are asking for your help. If you are at an event, please take a picture and email it to the Rocky Top News at rockytopchamber@gmail.com with the details of the event. Also, if you are involved in an organization or group that is planning an event in Rocky Top, please email or call the Rocky Top News with the details. There is no event too big or too small to let us know about.

### AREA EVENTS IN AND AROUND ROCKY TOP COMMUNITY

February 17 International Festival at Children's Museum of Oak Ridge

February 18 Neko's Birthday Ride at Windrock Bike Park

February 24 FLW T-H BVL Fishing Tournament February 25 FLW High School Fishing Tournament March 7-11 Pro Gravity Tour Windrock Bike Race

March 9-10 Southern Rock Racing Series Hillclimb at Windrock Park

### CITY OF ROCKY TOP MEETING SCHEDULE

City Court 2nd Wednesday of the Month at 8:00 a.m.

Downtown Growth Committee 2nd Thursday of the Month at 6:00 p.m.

Planning Commission 3rd Tuesday of the Month at 5:30 p.m.

City Council Meeting 3rd Thursday of the Month at 6:00 p.m.

# ANDERSON COUNTY SCHOOL CLOSINGS

February 19 President's Day

March 15 3rd Grading Period Ends

March 16 In- Service (No School For Students)

March 19-23 Spring Break
March 30 Good Friday

April 2 In-Service (No School For Students)



### Join our Mission

865-426-9595 · RockyTopTNChamber.com

## **Gary Cooper Insurance**

801 N. Charles G. Seivers Blvd.

Clinton, TN 37716

865-457-0637

www.garycooperinsurance.com

Insurors

### Chamber Networking

Below are our currently scheduled 2018 Networking
Coffee's. We will update this list as more are scheduled. All
coffee's are from 8:00 a.m. to 9:30 a.m. unless noted otherwise.
This is a great opportunity for Chamber members to network
with other Chamber members. Everyone is welcome. If you are
interested in joining the chamber, please feel free to attend any
these events. For more information about the Rocky Top
Chamber of Commerce, visit www.rockytoptnchamber.com

Tuesday, February 13th - Express Employment in Clinton

Tuesday, March 13th - Rocky Top Public Library

Thursday, April 5th - Fox Toyota in Clinton (Joint Coffee with Anderson County Chamber)

Tuesday, May 8th - Norris Dam State Park

Thursday, May 17th - Community Trust Bank in Clinton (Joint Coffee with Anderson County Chamber)

Tuesday, June 12th - Holiday Inn Express & Suites in Clinton (Joint Coffee with Anderson County Chamber)

Thursday, July 19th - Powell-Clinch Utility District
(Joint Coffee with Anderson County Chamber & Campbell County Chamber)

Thursday, August 14th - City Hall in Rocky Top

Thursday, September 20th - Ray Varner Ford (Joint Coffee with Anderson County Chamber)

#### **WELCOME NEW MEMBERS**

Hampton Inn, Clinton Fox Toyota, Clinton Ace Hardware, Rocky Top



#### ROCKY TOP TENNESSEE

This paper is published by the Rocky Top Chamber of Commerce monthly and is free to the public.

Rocky Top Chamber of Commerce P. O. Box 1054 Rocky Top, TN 37769 865-426-9595 Fax 865-457-4545 info@rockytoptnchamber.com

Please submit events and content information by email or fax.

#### **Rocky Top News Advertising Rates**

Newspaper Sponsorship-\$300.00

Includes a full page advertisement for one month of the advertiser's choosing based on availability (value \$125) and eleven months of business card size advertisement (value \$220). Total savings of \$45.00. Sponsorship also includes a article about the advertiser's business.

#### **Rocky Top Chamber Member's Rates**

my rop onambor i	nombor o ra
Full Page	\$100.00
Half Page	
Quarter Page	\$25.00
Puningge Cord 2 1/2"	

#### Non-Rocky Top Chamber Member's Rates

Full Page......\$125.00 Half Page.....\$75.00 Quarter Page......\$50.00 Business Card 3 1/2" x 2"...\$20.00

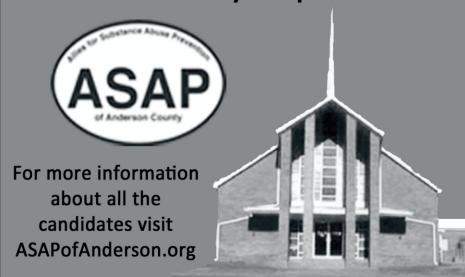
#### Classified Advertisements available to \$5 per line

Contact the Rocky Top Chamber of Commerce for multi-month discounts

# Congratulations 2018 ANDERSON COUNTY ALLY OF THE YEAR

Pastor Wayne Phillips

Main Street Baptist Church Rocky Top





160 STRAIGHT WAY
ROCKY TOP, TN 37769
(865)426-6544
WWW.RTWC.ORG

**PASTORS CHRIS AND MICHELLE TACKETT** 



SUNDAY MORNINGS AT 10:30AM & WEDNESDAY EVENINGS AT 7PM

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# FIRST BAPTIST CHURCH

210 Pearl Street • Rocky Top 865-426-6103 Pastor Douglas Clem



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**Sunday Morning Worship 11:00 a.m.** 

**Sunday Evening Worship 6:30 p.m.** 

Wednesday Evening Service 6:30 p.m.

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LAURA LYNN RIDEN, Agent

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Please welcome

# David A. Vudragovich

STATE FARM® INSURANCE AGENT, OAK RIDE, TN

#### LAURA LYNN RIDEN

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OF COMMERCE
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Clinton, TN 37716

www.andersoncountychamber.org

(865) 457-2559









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Anderson County Library Board will meet on Thursday,

February 15th, 2018

at 4:00 p.m.

at the Norris Public Library.

# Deadline for Candidates in May's Anderson County Primary Election Approaching

The deadline for candidates wishing to run for political office in the Anderson County primary election on May 1st is Thursday, February 15th at 12 noon.

The deadline for qualified candidates to pull out of the race will be exactly one week later, February 22nd, also at noon.

The races are beginning to take shape, according to information from the Anderson County Election Commission.

Incumbent County Mayor Terry Frank qualified to seek the Republican nod to seek another term as County Mayor, but is facing a challenge from County Commissioner and former Commission Chair Steve Emert.

As of January 30th, two people had qualified to seek the Republican nomination for Anderson County Circuit Court Clerk: incumbent William Jones and former County Mayor Rex Lynch. No Democrats have qualified to seek the nomination.

Two people have qualified to seek the Republican nomination for County Clerk, where longtime incumbent Jeff Cole will face a challenge from Leesa Arowood. Again, no Democrats have qualified in that primary.

Incumbent Republican Register of Deeds Tim Shelton is unopposed in the Republican primary as he seeks re-election, while Democrat Catherine Denenberg is thus far also unopposed.

Incumbent Road Superintendent Gary Long faces no challengers so far on either side of the ballot box as he seeks another four-year term.

The races for Sheriff and Trustee are a bit more crowded. One Democrat, current Chief Deputy Mark Lucas, has qualified to seek his party's nomination for Sheriff while the Republican primary currently features three candidates. They are: 7th Judicial District Crime Task Force Director Russell Barker; current Oak Ridge Police Officer and former Chief Sheriff's Deputy Lewis Ridenour; and longtime Deputy Mark "Hollywood" Whaley.

Again, only one Democrat has qualified to run in the Democratic primary for County Trustee and that is Ebony Capshaw of Oak Ridge. The Republican side features three candidates right now, and they are: current Clinton Mayor Scott Burton, longtime 911 Director Regina Copeland, and County School Board member and former Commissioner Scott Gillenwaters.

The deadline to register to vote in time to cast a ballot in the May primaries is April 2nd.

Early voting will run from April 11th through the 26th with Election day itself set for May 1st.

For more, visit www.acelect.com.

Candidates are also picking up petitions to seek countywide offices in the August 2nd general election. The deadline to qualify to run in the August races is noon on April 5th with the withdrawal deadline one week later.



# Biloski & Miller

Attorneys at Law

1710 Oak Ridge Highway Clinton, Tennessee 37716 (865) 264–4887 www.BiloskiMiller.com



Clinch River Baptist Church AWANA every Wednesday night. Ages Kindergarten - 6th grade. Dinner is at 6:00 PM and AWANA is from 6:30-8:00. Transportation available, please call 865-426-2480.

#### **ETSU Announces Fall Dean's List**

JOHNSON CITY – East Tennessee State University has announced the names of students who attained a grade point average qualifying them for inclusion in the dean's list for the fall 2017 semester. To receive this honor, students must successfully complete a minimum of 12 hours of undergraduate coursework with no grade below 'B-' in any course taken, and a grade point average of at least 3.5 on a 4.0 scale.

Rocky Top: Jacob N. Bullock Anthony J. Hawkins

### LCES STUDENT SPOTLIGHTS



KINDERGARTEN
AIDEN WHITTLE

- ~ A good friend to all the students in my class
- ~ Always honest and forgives when his friends hurt him
- ~Works hard every day and always does his best



~ Excellent self control ~ King and helpful to others ~ Puts effort into her work





SECOND GRADE
CORBYN TAYLOR

- ~ Responsible and respectful
- ~ Follows the rules and a great friend to all
- ~ Great effort every day, giving attention to details



~ Great attitude ~ Always willing to help others ~ Always does her best





FOURTH GRADE
VICTORIA SHARP

- ~Tireless reader
- ~ Loyal friend to other students
- ~ Thoughtful, helpful and industrious

FIFTH GRADE
EASTON BEATY

- Works hard and asks smart questionsRespectful and kind to all
- ~ Doesn't back down from a challenge



#### BRARY NEWS &

#### Senior Game Day

Join us on Monday, February 26th at 12:00 p.m. for a game of Dominos, Yahtzee or your favorite card game. Games are provided by the library.





<u>LEGO Club - All Ages</u> LEGO Club will be on February 13th, 20th and 27th from 3:30 p.m. to 5:00 p.m. We provide the LEGOS and and you provide the imagination! Build your creations and we'll display them in the library until our next LEGO

Club Meeting. The LEGO Club meets every Tuesday from 3:30-5:00. No registration is required.

<u> Adult / Teen Coloring Day</u>

Join us on Monday, February 5th at 11:00 a.m. for a fun and relaxing hour of coloring. Coloring pages and supplies will be provided or you may bring your own.



**Adult Craft Day** 

Come join us on February 12th as we design Custom Painted Mugs. Class will be demonstrated at 12:00 p.m. Registration fee of \$5.00 is required prior to taking the class which includes mugs and supplies. For more information please stop by or give us a call at 865-426-6762. Space is limited, so registration is required.

**Book Discussion Group** 

Join us on the last Monday of every month at 11:00 a.m. for Book Discussion Group. Bring a book you are currently reading or have read and share with others in the group. This is a great way to be introduced to new authors you may not have read. Brown bag lunch provided.





**Free Computer Classes** 

Rocky Top Public Library provides Basic Desktop Computer Classes every Tuesday from 11:00 a.m. to 12:00p.m. (except the first Tuesday of the month) If you are a senior or are new to computer use, then

this is the class for you!

#### Children's Story Time

Story Time for the month of February will be Fridays at 4:00 p.m. and Saturdays at 12:00 p.m. A story, craft and snack will be provided for children of all ages.



\*There will not be Story Time on Saturday, February 17th due to the President's Day Holiday.

#### Friends of Rocky Top Public Library

If you appreciate the library and the many programs that are provided and would like to have a part in them, join the Friends of the Rocky Top Public Library. The Friends Group was instrumental in the recent upgrades at the library (new paint, bathroom upgrades, etc.) All of the children's programs are made possible by the Friends Group as well. The Friends of the Rocky Top Public Library are a great asset to our community! If you would like to be part of this great group of people, pick up a brochure today at the circulation desk! Ask about the "perks" that you would receive by joining the Friends Group as well!

#### February Closings

The Library will close at 6:00 p.m., Friday, February 16th and re-open Tuesday, February 20th at 9:30 a.m.

All Rocky Top Public Library events are free (unless specified) and open to the public.

Adult Fiction: The Ladies of Ivy Cottage by Julie Klassen A Note Yet Unsung by Tamera Alexander The Legacy by Tarnera Alexander
The Legacy by Dan Walsh
Thin Ice by Irene Hannon
Darker by E L James
Plain Killing by Emma Miller
Island of Glass by Nora Roberts
After You by Jojo Moyes
Amish Sweethearts by Leslie Gould
Ring of Secrets by Roseanna White
Whispers from the Shadows by Roseanna White
The Memory House by Linda Goodnight
Blind Trust by Sandra Orchard
Shadow of the Storm by Connilyn Cossette
A Deadly Business by Lis Wiel
The Kissing Bridge by Tricia Goyer
Plain Pursuit by Beth Wiseman
My Hope is Found by Joanne Bischof
A Sweet Misfortune by Maggie Brendan
The Midwife's Tale by Delia Parr
The Wedding Dress by Rachel Hauck
When a Secret Kills by Lynette Eason
Mount Hope by Sarah Price
The Amish Clockmaker by Barbara Cameron
Death at Nurembers by W. F. B. Griffin The Legacy by Dan Walsh The Amish Clockmaker by Barbara Cameron Death at Nuremberg by W.E.B. Griffin Amish Weddings by Leslie Gould Desperate Measures by Sandra Orchard Seeds of Hope by Barbara Cameron Seeds of Hope by Barbara Cameron
Seasons in Paradise by Barbara Cameron
The Wanted by Robert Crais
Trusting Grace by Maggie Brendan
Tangled Webs by Irene Hannon
Out of the Ashes by Tracie Peterson
A Snow Country Christmas by Linda Miller
The Mistletoe Secret by Richard Paul Evans
The Wedding Planners of Butternut Creek by Jane Myers Perrine
The It Girls by Karen Harper
Dead of Winter by Wendy Corsi Staub

Dead of Winter by Wendy Corsi Staub Mistletoe Magic by Fern Michaels Blue Moon Bay by Lisa Wingate An Empty Cup by Sarah Price

An Empty Cup by Sarah Price

Somewhere Only We Know by Barbara Freethy
All a Heart Needs by Barbara Freethy
Home to Paradise by Barbara Cameron
The Runaway Midwife by Patricia Harman
When Shadows Fall by Barbara Freethy
Beneath the Summer Sun by Kelly Irvin

The Runaway Midwife by Patricia Harman
When Shadows Fall by Barbara Freethy
Beneath the Summer Sun by Kelly Irvin
Robicheaux by James Lee Burke
City of Endless Night by Douglas Preston
Always Forward 1867 by Ginny Dye
Unbound by Stuart Woods
Promise not to Tell by Jayne Anne Krentz
The Woman in the Window by A.J. Finn
Paperback:
Hostage by Kay Hooper
Memory Man by David Baldacci
Iced by Karen Moning
Vengeance of the Iron Dwarf by R.A. Salvatore
A Game of Thrones by George Martin
If Ever I Should Love You by Cathy Maxwell
The Doomsday Bunker by William Johnstone
The Quiliting Circle by Amy Lillard
Belle by Sarah Price
An Amish Courtship on Ice Mountain by Kelly Long
A Good Day to Marry a Duke by Betina Krahn
A Courtship on Huckleberry Hill by Jennifer Beckstrand
Need to Know by Fern Michaels
Wyoming Winter by Diana Palmer
Wyoming Tough by Diana Palmer
The Chase by Janet Evanovich
Second Chance Girl by Susan Mallery
The Jealous Kind by James Lee Burke
Spring Forward by Catherine Anderson
Young Adult Fiction:
Gatefather by Orson Scott Card
The Hunted by Charlie Higson
Juvenile Fiction:
Puppy Rescue Riddle by Catherine Nichols (An Animal Planet Adventure)
Wonder by R.J. Palacio
Gargoyle Hall by Angie Sage
Cheater Pants by Barbara Park
Juvenile Nonfiction:
Snakes! by James Buckley

Juvenile Nonfiction:
Snakes! by James Buckley
Animals: A Visual Encyclopedia by Animal Planet

Animal Planet: Baby Animals by Dorthea DePrisco Animal Planet: Animals of the Move by Dorthea DePrisco Children's Easy:

Children's Easy:

Don't Push the Button a Christmas Adventure by Bill Cotter
Piglet's Night Lights by Emily Hutta
A Surprise Garden by Nancy Parent
Monster in the Woods by Michelle Nagler
Give Please a Chance by Bill O'Reilly
Westerns:
The Putcher of Payter Pass by William Johnstone

Westerns:
The Butcher of Baxter Pass by William Johnstone
Preacher's Kill by William Johnstone
Deadly Day in Tombstone by William Johnstone
Arizona Ambush by William Johnstone
Helltown Massacre by William Johnstone

DVĎs: Pure Country Melinda and Melinda Star Trek Into Darkness Meet the Fockers The Guardian Promethus The Other Woman Flight Plan
Friday Night Lights The Wedding Planner Monte Walsh How to Lose a Guy in 10 Days Pure Country 2, The Gift

Fury 8 Family Adventure Movies Hope Springs Failure to Launch

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Everyone is Welcome at

#### Main Street Baptist Church

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Main Street Baptist Church offers specialized ministries for each member of the family; Men, Women, Seniors, Youth and Children. They also have a Food Pantry that is open on Tuesdays from 12 to 2 p.m. and a Soup Kitchen every Wednesday from 11 a.m.12:30 p.m.

†††

Sunday School 9:45 a.m. • Sunday Morning Worship 8:30 a.m. & 10:45 a.m. Wednesday Evening Service 6:30 p.m.

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#### Holley Gamble Funeral Home



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2827 Highway 116 Caryville, TN 37714 (865)426-2121 or obituary Line (865)426-2124

# **VOLUNTEER OPPORTUNITIES**

The Coal Creek Miners Museum, located at 201 South Main Street in Rocky Top, is offering volunteer opportunities for staffing the Museum. Education and training will be given on the unique history and culture of our community. If you are interested in the history of Coal Creek, enjoy working with the public and can commit to several hours



during the week, please contact Sandee Sharp Savarese at 865-340-3269 or info@coalcreekminersmuseum.com.

# Regina Copeland



Paid for by the candidate



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Reach 1,500 readers that live and work in Rocky Top and surrounding communities for as low as \$10 a month.

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Enter for a chance to win a romantic getaway to a Tennessee State Park. The winner of the "State Parks with Your Sweetheart" contest will receive a \$250 gift certificate to use for an overnight stay, merchandise or outdoor experience in a Tennessee State Park. The winner will be announced on WKRN News 2 in Nashville on February 14, so don't wait to enter!

You can enter at this website: http://tnstateparks.com/blog

Click on the blog titled: State Parks with Your Sweetheart Contest

Important Contest Rules:

- 1. No purchase necessary.
- 2. Must be 18 years of age to enter.
- 3. One (1) entry per person.
- 4. See "Terms and Conditions" for additional rules and information.

# CLINTON ROTARY CLUB DADDY DAUGHTER DANCE

Clinton Rotary Club Presents their 7th Annual Daddy Daughter Dance

Attention Dads! You and your daughter are invited to an enchanted evening out.

A Dad holds his daughter's hand for only a short time but he holds her heart forever.

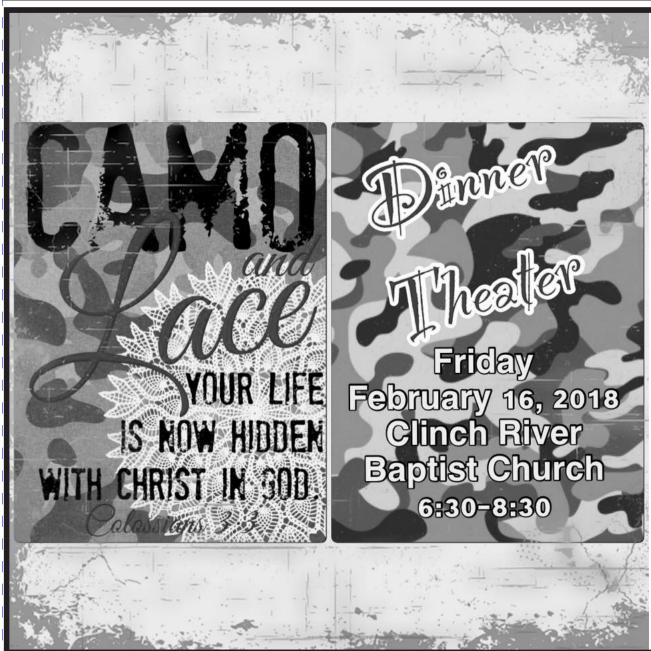
Saturday, February 10th, 2018 6:30 p.m. - 8:00 p.m. Clinton Middle School Gymnasium 110 N. Hicks Street | Clinton, TN 37716

Tickets \$10 available at: Hoskins Drug Store, Fox Toyota,
Real Dry Cleaners, Knight's Florist,
The Community Bank and Peoples Bank of the South or
purchase online at Eventbright
or \$15.00 at the door

Professional photography provided by Legends Event Photo Doors will open at 5:30 p.m.







We're excited to announce the "Camo and Lace Dinner Theater" Friday, February 16, 2018.

Mark your calendars! You WILL NOT want to miss this. Come enjoy a night of comedy, music and a great meal.

Menu:
Roast Beef,
mashed potatoes,
green beans,
salad, and
cheesecake.

\$7.00 per person.

See a Choir member for a ticket or come by the church office during regular business hours (Mon-Thurs 9AM-3PM)

(Men are encouraged to wear their camo)

# Free Tax Return Preparation Rocky Top Public Library

Trained volunteers can help you with special credits, such as Earned Income Tax Credit (EITC), Child Tax Credit, and Credit for the Elderly for which you may qualify. In addition to **FREE** tax return preparation assistance, the **Rocky Top Public Library** site also offers free electronic filing (e-filing).

#### Items you need to bring to the VITA Site to have your tax returns prepared

- Proof of identification
- Health Insurance information
- Social Security Cards for you, your spouse and dependents and/or a Social Security Number verification letter issued by the Social Security Administration
- Birth dates for you, your spouse and dependents on the tax return
- Current year's tax package if you received one
- Wage and earning statement(s) Form W-2, W-2G, 1099-R, from all employers
- Interest and dividend statements from banks (Forms 1099)
- A copy of last year's Federal and State returns if available
- Bank Routing Numbers and Account Numbers for Direct Deposit
- Total paid for day care provider and the day care provider's tax identifying number (the provider's Social Security Number or the provider's business Employer Identification Number)
- To file taxes electronically on a married filing joint tax return, both spouses must be present to sign the required forms.
- It is extremely important that each person use the correct Social Security Number (SSN). The most accurate information is usually located on your original Social Security card.

SITE OPEN February 5, 2018 thru April 15, 2018

We will start scheduling appointments beginning Friday, February 2nd. To make an appointment you may call the library @ 865-426- 6762.

CAMILLE VATOON
HOLISTIC HEALTH COACH

#### Upcoming Classes a



Supercharge Your Immune System Tuesday, January 23rd 6:30 - 730

Cool the Fire of Infammation
Tuesday, January 30th 6:30 - 7:30

Counting Sheep-A Primer on Sleep Tuesday, February 6th 6:30 - 730

Plotting Dinner-A Menu Planning Class Tuesday, February 13th 6:30 - 730

> \$18 per class you and a friend per class: \$30 4 classes for \$50 4 classes for you and a friend: \$80

RSVP by registering at Clinton Physical Therapy Center Visit camillewatson.com for more information.

Clinton Physical Therapy is located at 1921 North Charles G. Seivers Boulevard, Clinton, TN 37716



# Fly Fishing Guide Rocky Cox Speaks Feb. 8th In Norris

Veteran fly fishing guide Michael "Rocky" Cox will speak Thursday, February 8th, at a free, public meeting of the Clinch River Chapter, Trout Unlimited. His presentation starts at 7:00 p.m. in the parish hall of St. Francis Episcopal Church, 158 W. Norris Road, Norris.



Cox, owner of Rocky Top Anglers, is a Knoxville native who has guided more than 1,000 fishing trips professionally since he started in 2001.

He says his upbringing in East Tennessee "allowed me to grow up with wonderful places to play right in my own back yard. Countless miles of mountain streams and cold tailwaters provided endless playgrounds. I never realized how much those years of playing in the water would influence my adult life."

"I've always loved the peaceful excitement of fly fishing and always found myself thinking about that next big trip to the mountains. When my leisure time came, I was fly fishing. I was captivated by the old guides, rowing their anglers downriver and finding those special places only accessible by driftboat. I knew that guiding others and showing them the places I treasure would be a very rewarding career."

Clinch River Chapter TU works to preserve and protect the Clinch River tailwater and its watershed through conservation projects and through education of children and adults in aquatic natural resources. For more information, visit http://crctu.org.

# Local Student Named to Milligan College Dean's List

MILLIGAN COLLEGE, Tenn. (Jan. 10, 2018) — Milligan College named Makayla Kennedy to the academic dean's list for the Fall 2017 semester. She is a Biology major and then will pursue a degree in Occupational Therapy.

The dean's list recognizes students who earn a grade point average of 3.5 or above for the academic semester.

Milligan is a Christian liberal arts college in Johnson City, Tennessee, whose vision is to change lives and shape culture through a commitment to servant leadership. The college offers more than 100 majors, minors, pre-professional degrees and concentrations in a variety of fields, along with graduate and adult degree completion programs. Consistently recognized for quality and value, Milligan was ranked in 2017 by U.S. News and World Report as one of the top 25 regional universities in the South for quality and value, as well as named one of Washington Monthly's top master's universities in the nation, which examines what colleges are doing for their students and the public good.

To learn more about Milligan, visit www.milligan.edu.

#### Come Check Out the Library's New Programs

We are starting more new programs and welcoming a new staff member!

This month there will be a new Chess Club at the Clinton Public Library on February 3rd and 17th from 10:00-12:00 p.m. Join us to learn chess or brush up on your skills. This club is for all ages from pros to beginners. Chess Club will take place every first and third Saturday from 10:00 a.m.-12:00 p.m.

On February 12th, from 4:30 p.m.-5:30 p.m., the library will host our first Teen Book Club for 6th -12th grades. This book club will offer a time for teens to discuss books they are reading or have read in the past. Teen Book Club will be offered every other month on the second Monday.

We have a new staff member, Cheyenne Horn. She will be the children and youth program coordinator. Check out the children's and teen's programs schedule on our website and come by the library to meet her.

For more information about our upcoming library programs and other offerings, please visit our website at www.clintonpubliclibrary.org and follow us on social media. If you have any other inquiries please contact Meg Harrison at director@clintonpubliclibrary.org or Carisa Ownby at public\_relations@clintonpubliclibrary.org.

Clinton Public Library www.clintonpubliclibrary.org https://www.facebook.com/clintonpubliclibrary

# 2018 Tennessee's Save A Life Project

According to the Tennessee Department of Health 1,631 people died from drug overdoses in the state in 2016. This is the highest annual number of overdose deaths recorded in state history and brings the five-year total for Tennessee to 6,036 lives lost.

"It is always saddening when the reality of human tragedy involved with substance abuse is brought to light, especially given the fact that overdose deaths can absolutely be prevented," said Tennessee Department of Mental Health and Substance Abuse Services Commissioner Marie Williams. In response to the growing opioid crisis, the state has launched "Tennessee's Save a Life Project" to:

- reduce the number of overdose related deaths by improving access and availability of clinical treatment and recovery services;
- expanding access to medication assisted treatment;
- implementing new strategies for pregnant women;
- provide widespread naloxone distribution;
- training professionals and key stakeholders on opioid use disorders;
- and implementing an Overdose Rapid Response System when an outbreak of overdoses occurs.

Naloxone (or NarcanTM) is a proven tool in the battle against drug abuse and overdose death. When too much of an opioid medication is taken, it can slow breathing to a dangerously low rate. When breathing slows too much, overdose death can occur. Naloxone can reverse this potentially fatal situation by allowing the person to breathe normally again. EVERY time an overdose is suspected, first responders should be notified by calling 911 immediately.

In 2014, Tennessee passed "Good Samaritan" legislation which provides civil immunity for administering the medication to someone they reasonably believe is overdosing on an opioid. Naloxone is not a dangerous medicine. However, proper training is required by law. Through the "Tennessee's Save a Life Project", Allies for Substance Abuse Prevention (ASAP) of Anderson County, provided training on administering naloxone and distributes Narcan free of charge.

Additionally, the "Tennessee's Save a Life Project" provides training on opioid use disorders to health professionals on best practices for prescribing opioids, pain management, co-prescribing practices, screening for substance use disorder, referrals to treatment programs, and overdose prevention. The goal is to provide healthcare professionals with the necessary training and skills to better serve their patients and ensure the highest quality of care.

ASAP is partnering with ETSU Quillen School of Medicine to provide training to area professionals on:

- Tuesday, March 6th from 6:00 8:30 p.m. in the Cheyenne Conference Room at Methodist Medical Center in Oak Ridge; and
- Thursday, March 7th from 6:00 8:00pm at LeConte Medical Center in Sevierville

These trainings satisfy mandatory CME requirements for physicians licensed by the Tennessee Board of Medical Examiners (T.C.A.63-1- 401). We are pleased to have Dr. Don Teater presenting. Dr. Teater is a physician at Meridian Behavioral Health Services and owner of Teater Health Solutions specializing in working with medical and governmental agencies to reduce opioid prescribing, improve pain treatment and prevent addiction. Stephanie Strutner, Executive Director of ASAP of Anderson said, "we believe this is a valuable training opportunity for physicians and other healthcare providers. I hope our providers will make it a priority to attend."

The link to the training is:

https://www.etsu.edu/com/cme/opioid addiction 2018.php

Overall Conference Objectives: Because of attending this activity, the participant will be able to:

- Ability to screen and assess patients for substance abuse disorders;
- Understand the neuro biological basis of pain: Chronic vs. Sensory and How to Retrain Patient Perceptions of Pain;
- Improve knowledge of Alternative Therapies for Treating Pain and Use of Medication for Post-Operative Pain

Please contact ASAP at info@asapofanderson.org or call (865) 457-3007 with questions. If you or anyone you know is suffering with a substance use disorder needs help, contact the Tennessee REDLINE (1-800- 889-9789) or visit www.taadas.org/Redline.htm

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2827 Highway 116 Caryville, Tennessee 37714 Office 865-426-2121 Obituary Line 865-426-2124

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