

ROCKY TOP NEWS

PUBLISHED BY THE ROCKY TOP CHAMBER OF COMMERCE

FREE

JULY 2019

FREE



**CITY OF ROCKY TOP
3RD ANNUAL
4TH OF JULY BASH
IN MEMORY OF
TINY HOUCK**

KIDS PARADE 4PM

(Register for Parade at SunTrust, 3PM-4PM)
Parade runs down Main Street to Ballfield.

4:30PM-9PM PLAY ALL DAY - FREE!

Unwind, enjoy family fun, grab a bite
to eat, listen to bands and grab a
spot to watch the fireworks!

10PM FIREWORKS

VACATION BIBLE SCHOOLS

July 8th-12th, 6:00pm-8:30pm

Rocky Top United Methodist Church

July 15th-19th, 7:00pm-9:00pm

West Side Baptist Church

July 21st-26th, 6:30pm-8:30pm

Rocky Top Church of God



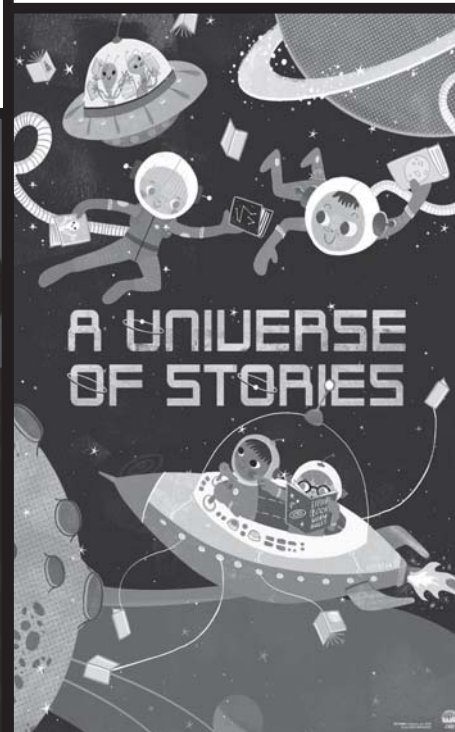
We Love Vacation Bible School!

Join Us
this Summer

City of Rocky Top 3rd Annual
CAR & BIKE SHOW
JULY 4TH, 2019 3:00-6:00



REGISTRATION OPEN UNTIL JULY 4TH AT 3PM.
SHIRT GUARANTEED WITH REGISTRATION THROUGH JUNE 7TH
CHECK-IN 2-3 @ CITY HALL
SHOWTIME 3-6
JUDGING 4-5 AWARDS 5:30
MOTORCYCLES-\$15 CARS-\$20
865-426-2838
195 SOUTH MAIN ST. ROCKY TOP, TN 37769



Rocky Top Public Library
Summer Reading Program
**Every Friday
Starting
June 7th**

-
**July 19th
at 2:00pm
Register Now!!!**

Splash Pad News

Memorial Day - Labor Day
Open 7 Days A Week
9am-7pm



SEND US YOUR NEWS

The Rocky Top News is published by volunteers who are not always able to gather all of the news happenings in Rocky Top. Therefore, we are asking for your help. If you are at an event, please take a picture and email it to the Rocky Top News at rockytopchamber@gmail.com with the details of the event. Also, if you are involved in an organization or group that is planning an event in Rocky Top, please email or call the Rocky Top News with the details. There is no event too big or too small to let us know about.

AREA EVENTS IN AND AROUND ROCKY TOP COMMUNITY

July 4	Celebration and Anvil Shoot at Museum of Appalachia
July 4	Annual Norris Day July 4th Celebration
July 4	Clinton Firworks and 4th of July Event
July 4	Rocky Top July 4th Celebration
July 4	Independence Day Concert and Firework Show in Oak Ridge
July 5	Campbell County Firework Show
July 6	Haw Ridge Trail Race
July 13	Summer Sessions Concert in Oak Ridge
July 15-20	Anderson County Fair
July 27	Christmas in July in Downtown Clinton
July 27	Windrock Park Summer Shindig
August 16-18	Pro Rock Racing Race 2 Riches at Windrock Park
August 17	Summer Sessions Concert in Oak Ridge
August 17	The Clincher Mountain Bike Race
Aug.29-Sept. 2	Appalachian Toyota Roundup at Windrock Park
September 13-14	Days of the Pioneer Antique Show at Museum of Appalachia
September 14	Summer Sessions Concert in Oak Ridge
September 16-21	WENTWindrock Event
September 28	5th Annual Tennessee Police Collector's Show
October 4	Pickin' in the Park at Norris Dam State Park
October 4-25	Fall Heritage Days at Museum of Appalachia
October 11-12	Clinch River Fall Antique Festival
October 12-13	Gazingstock Music & Arts Festival in Oliver Springs
October 17-19	Windrock Park Fall Jamboree
October 19	October Sky Festival in Oliver Springs
October 20-31	Fall Color Boat Trips on Norris Lake
October 26-27	Haunts & History at Museum of Appalachia
November 3	Bigfoot Blast 5K and 10K Trail Run at Windrock Park
November 16	Secret City Half Marathon and 5K
December 5	Rocky Top Tree Lighting
December 6	Rocky Top Christmas Parade
December 14	Holiday Homecoming Celebration at Norris Dam State Park

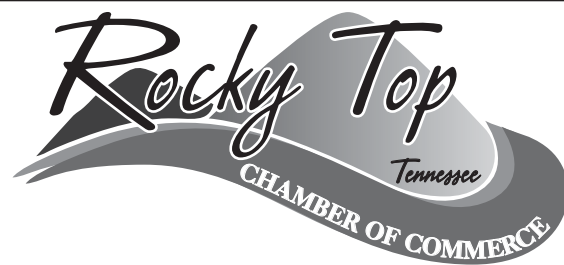
Chamber Networking

Below are our currently scheduled 2018 Networking Coffee's. We will update this list as more are scheduled. All coffee's are from 8:00 a.m. to 9:30 a.m. unless noted otherwise. This is a great opportunity for Chamber members to network with other Chamber members. Everyone is welcome. If you are interested in joining the chamber, please feel free to attend any these events. For more information about the Rocky Top Chamber of Commerce, visit www.rockytopchamber.com

Thursday, July 18th, 8:00am-9:30am - Networking Coffee with Anderson County Chamber & Campbell County Chamber at Powell-Clinch Utility District in Rocky Top

Thursday, August 15th, 8:00am-9:30am - Networking Coffee with Anderson County Chamber at Knight's Florist in Clinton

Thursday, September 5th, 8:00am-9:30am - Networking Coffee with Anderson County Chamber at Ray Varner Ford in Clinton



Join our Mission
865-426-9595 • RockyTopTNChamber.com



ROCKY TOP TENNESSEE

CITY OF ROCKY TOP MEETING SCHEDULE

City Court	2nd Wednesday of the Month at 8:00 a.m.
Downtown Growth Committee	2nd Thursday of the Month at 6:00 p.m.
Planning Commission	3rd Tuesday of the Month at 5:30 p.m.
City Council Meeting	3rd Thursday of the Month at 6:00 p.m.



215 North Main Street
 Rocky Top, TN 37769
 (865) 426-2353
www.pottersace.com

See our monthly specials on Facebook at www.facebook.com/pottersace
 Building? Remodeling? Free Estimates. Free Delivery.

Gary Cooper Insurance

801 N. Charles G. Seivers Blvd.
 Clinton, TN 37716
865-457-0637
www.garycooperinsurance.com



This paper is published by the Rocky Top Chamber of Commerce monthly and is free to the public.

Rocky Top Chamber of Commerce
 P. O. Box 1054
 Rocky Top, TN 37769
 865-426-9595

rockytopchamber@gmail.com

Please submit events, content and ads by email.

Rocky Top News Advertising Rates

Newspaper Sponsorship-\$300.00

Includes a full page advertisement for one month of the advertiser's choosing based on availability (value \$125) and eleven months of business card size advertisement (value \$220). Total savings of \$45.00. Sponsorship also includes a article about the advertiser's business.

Rocky Top Chamber Member's Rates

Full Page.....	\$100.00
Half Page.....	\$50.00
Quarter Page.....	\$25.00
Business Card 3 1/2" x 2"....	\$10.00

Non-Rocky Top Chamber Member's Rates

Full Page.....	\$125.00
Half Page.....	\$75.00
Quarter Page.....	\$50.00
Business Card 3 1/2" x 2"....	\$20.00

Classified Advertisements available to \$5 per line

Contact the Rocky Top Chamber of Commerce for multi-month discounts



ASAP of Anderson 50/50 Raffle

50/50 Raffle on July 20th at the Anderson County Fair

Anderson County, TN, June 2019 – ASAP of Anderson will be at the Anderson County Fair on July 20th to host a 50/50 raffle. ASAP's goal is to raise awareness and funds to further its mission to prevent and reduce substance misuse among youth and adults in Anderson County. The tent ASAP will have at the fair will involve fun activities to strengthen and inspire people to contribute to the #IAMONE campaign, where people say I AM ONE who will not drive under the influence of alcohol or drugs.

Money raised from the raffle will benefit ASAP's Youth Ambassadors trip to CADCA's National Youth Leadership Institute in Washington, D.C. Tickets, which are \$5 each, can be bought from one of our coalition members or on our website at asapofanderson.org under the raffle link. You do not have to be present to win the raffle. The drawing for the raffle winners will begin at 9:00 PM. First prize will receive half of the proceeds collected from the raffle, second prize will win a 55" Smart TV, third prize wins a Yeti Cooler, and fourth prize wins a Downtown Clinton Salon & Shop Package.

For more information, contact ASAP of Anderson at 865-457-3007 or visit www.ASAPofAnderson.org. To stay up to date about other exciting events going on with ASAP follow @ASAPofAnderson on Facebook, Twitter and Instagram.

CRAFTING FOR COMMUNITY SERVICE



Bring your project and finish it as you socialize with other women of similar interest. Don't have a project, help with one that will benefit others: Chemo and Infant Hats, Lap Robes for Shut-ins, Mats for the Homeless. The only skill you need is a big heart.

Everyone Welcome

*1st & 3rd Mondays of the Month
4-6pm*

*First Baptist Church of Rocky Top
Fellowship Hall*

Park in the lower parking lot and look for the sign on the door.



160 STRAIGHT WAY
ROCKY TOP, TN 37769
(865)426-6544
WWW.RTWC.ORG

PASTORS CHRIS AND MICHELLE TACKETT

Worship
WITH US!

SUNDAY MORNINGS AT 10:30AM &
WEDNESDAY EVENINGS AT 7PM



OPIOID ALTERNATIVES

LUNCH AND LEARN SERIES

Each Lunch and Learn will provide information about a specific opioid alternative treatment from a qualified professional.

Location: Methodist Medical Center, Ridge Room

Time: 12:00PM

Lunch Provided starting at 11:45AM.

REGISTRATION IS REQUIRED.

Dates and Topics are Subject to Change. All registered attendees will be notified of any changes if and when they occur.

CONTACT

865-457-3007
ASAPOFANDERSON@GMAIL.COM
WWW.ASAPOFANDERSON.ORG

EMDR

APRIL 23RD

MEREDITH WOOD, MSC, NCC, LPC-MHSP

Eye Movement Desensitization and Reprocessing (EMDR) therapy is a techniques employed by mental health professionals to create neural-plasticity in an effort to effectively treat trauma, addiction, somatic disorders, chronic ailment, phobia, infidelity, and dissociative disorders. Learn how and when a referral for EMDR treatment may be a good option.

Register at emdrnlunchandlearn.eventbrite.com

MASSAGE THERAPY

JUNE 25TH

GARY N. GENNA, BS, LMT, NMT, NSMT

Massage therapy provide hands-on healthcare to reduce stress and pain, enhance wellness and improve athletic performance. Research shows massage therapy is an effective treatment for chronic pain.

Register at massagetherapylunchandlearn.eventbrite.com

MBSR

AUGUST 27TH

JOAN R. RENTSCH, PHD

Mindfulness is defined as present moment awareness that occurs without judgment (Jon Kabat-Zinn, 1990). Mindfulness practices and MBSR have been found to be empirically related to reductions in negative experiences (e.g., rumination, stress, and emotional reactivity) and with improvements in positive capabilities (e.g., working memory, focus, and cognitive flexibility). MBSR was developed to assist patients suffering from pain and it is related to lowered perceptions of pain

Register at mbsrlunchandlearn.eventbrite.com

PHYSICAL THERAPY/WELLNESS

OCTOBER 29TH

KELLY J. LENZ, PT, CWHC

Physical therapy intervention provides an individualized approach to improving activity level in ways that will not significantly provoke pain. Wellness coaching provides people who seek lifestyle change the opportunity to have a guide, supporter and motivator in their pursuit of a healthier life. It is based on the behavioral medicine model with accountability established through the coaching relationship.

Register at physicaltherapylunchandlearn.eventbrite.com

ACUPUNCTURE

DECEMBER 17TH

ROSIO A. HUET, MD

Acupuncture has long been recognized as an effective treatment for chronic pain. It works by applying needles, heat, and pressure to specific points on the body, and is well established as an effective treatment for chronic pain.

Register at acupuncturelunchandlearn.eventbrite.com



HANDS FREE
★ T E N N E S S E E ★

WHAT IS the Tennessee Hands Free Law?

Public Chapter No. 412 makes it illegal for a driver to:

- (a) hold a cellphone or mobile device with any part of their body,
- (b) write, send, or read any text-based communication,
- (c) reach for a cellphone or mobile device in a manner that requires the driver to no longer be in a seated driving position or properly restrained by a seat belt,
- (d) watch a video or movie on a cellphone or mobile device, and
- (e) record or broadcast video on a cellphone or mobile device.

NEW STATE LAW EFFECTIVE JULY 1, 2019

? Can I still talk on my cellphone while driving?

A driver is permitted to use an earpiece, headphone device, or device worn on a wrist to conduct voice-based communication. The driver may use one (1) button on a cell phone or mobile device to initiate or terminate voice communication. Voice-based communication may also be used to send a text message.

? Can I use my cellphone while driving in the case of an emergency?

A driver is permitted to use a cellphone or other wireless telecommunications device to communicate with law enforcement agencies, medical providers, fire departments, or other emergency service agencies while driving a motor vehicle, if the use is necessitated by a bona fide emergency, including a natural or human occurrence that threatens human health, life, or property.

? Can I drive and stream music from my cellphone while using a hands-free device?

A driver is permitted to listen to streaming music that does not include videos on the screen of the cellphone or mobile device. However, the driver cannot touch the cellphone to activate or program music while driving.

ROCKY TOP PUBLIC LIBRARY NEWS & EVENTS

Senior Game Day

Join us July 1st and July 22nd @11am for a fun game of BINGO!



Adult / Teen Coloring Day

Join us the second Monday of every month at 11:00 a.m. for a fun and relaxing hour of coloring. Coloring pages and supplies will be provided or you may bring your own.

Adult Craft Day

Join us July 15th at Noon as we make a cute cow shelf sitter! The fee is \$15.00 and you must sign up by July 1st, due to limited space.

If you are interested in doing crafts, we offer a variety of different classes. Drop by the library and pick up a calendar to see what is being offered each month. Class requires prior registration and a small fee (for supplies) to participate.

Book Discussion Group

Join us on the last Monday of every month at 11:00 a.m. for Book Discussion Group. Bring a book you are currently reading or have read and share with others in the group. This is a great way to be introduced to new authors you may not have read.



Free Computer Classes

Rocky Top Public Library provides Basic Desktop Computer Classes every Tuesday from 11am to 12pm (except the first Tuesday of the month) If you are a senior or are new to computer use, then this is the class for you!



Children's Story Time

Story-time for the month of July will be every Saturday at Noon. There will be no Story-time on Fridays due to the Summer Reading Program.

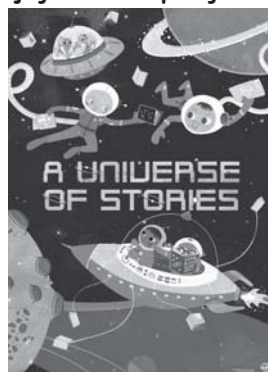


Read to a Dog!

For the month of July, Ruff Reading Buddy Ziggy will be at the library every Thursday at 2pm! Ziggy enjoys children of all ages! Why read to a dog? Because a dog is friendly, fuzzy and loves the attention of being read to! Gain confidence in your reading aloud skill and enjoy the company of our fabulous Ruff Reading Buddy Ziggy!

Summer Reading

Join us this Summer for a "Universe of Stories" in June and July! Babies to age 10 will meet every Friday, June 7th to July 19th at 2pm. We have new reading logs this year!!! Fun crafts, guest speakers and prizes!!! Let's make a reading goal to read at least 2,000 books this Summer!!!



Friends of Rocky Top Public Library

If you appreciate the library and the many programs that are provided, and would like to have a part in them, join the Friends of the Rocky Top Public Library. The Friends Group is instrumental in providing for the various needs of the library. All of the children's programs are made possible by the Friends Group as well. The Friends of the Rocky Top Public Library are a great asset to our community! If you would like to be part of this great group of people, pick up a brochure today at the circulation desk! Ask about the "perks" that you would receive by joining the Friends Group as well!

July Closings

The library will close Tuesday, July 2nd at 6pm and re-open Monday, July 8th at 9:30am in observance of Independence Day.

All Rocky Top Public Library events are free (unless specified) and open to the public.

NEW BOOKS & DVD'S

Adult Fiction:

Enemy Contact by Tom Clancy
Dark Storm by Karen Harper
Unsolved by James Patterson
Drawing Home by Jamie Brenner
The Silent Widow by Tilly Bagshawe
Queen Bee by Dorothea Benton Frank
Far and Away by Fern Michaels
Hot Shot by Fern Michaels
Rebellious Heart by Jody Hedlund
A Dangerous Legacy by Elizabeth Camden
A Daring Venture by Elizabeth Camden
The Switch by Sandra Brown
The Summer Cottage by Viola Shipman
Summer of '69 by Elin Hilderbrand
The Oracle by Clive Cussler
The Brides of the Big Valley by Wanda Brunstetter
A Reluctant Bride by Jody Hedlund
Mrs. Everything by Jennifer Weiner
On a Summer's Tide by Suzanne Woods Fisher
A Wedding on the Beach by Holly Chamberlin
Wherever She Goes by Kelley Armstrong

Large Print Fiction:

Proof of Angels by Mary Curran Hackett
True to You by Becky Wade
Falling for You by Becky Wade
The Man She Married by Cathy Lamb

Non-Fiction:

Shake Free by Samuel Rodriguez
Forever and Ever, Amen by Randy Travis
After Life by Alice Marie Johnson
KETO for Women by Leanne Vogel
KETO Quickstart by Diane Sanfilippo
Draw and Paint Super Cute Animals by Jane Maday
Furious Hours by Casey Cep
The Farmer's Son by John Connell

Western Paperbacks:

They Called Him Preacher by William Johnstone
Blood for Blood by William Johnstone
Dig Your Own Grave by William Johnstone
Hang Them Slowly by William Johnstone

Paperbacks:

An Amish Match on Ice Mountain by Kelly Long
Secret at Pebble Creek by Lisa Jones Baker

Large Print Young Adult Fiction:

The Martian by Andy Weir
Young Adult Fiction:
The Wicked King by Holly Black

Audio Cds:

We, the Jury by Robert Rotstein
The Current by Tim Johnston
The Bookwoman of Troublesome Creek by Kim Richardson
The River by Peter Heller
Heads You Win by Jeffrey Archer

Juvenile Fiction:

Nearly Fearless Monkey Pirates Battle of the Pirate Bands by Michael Steele
Nearly Fearless Monkey Pirates Attack of the Zombie Mermaids by Michael Steele
Nearly Fearless Monkey Pirates Escape from Haunted Treasure Island by Michael Steele
Nearly Fearless Monkey Pirates Hunt for Octo-Shark by Michael Steele

LEGO Bad Guy Blizzard

LEGO Justice League vs. Bizzaro League
LEGO Space Justice

The Princess in Black by Shannon Hale

Juvenile Non-Fiction:

Red's Planet by Eddie Pittman
Red's Planet Friends and Foes by Eddie Pittman
Space Boy book 1 and 2 by Stephen McCranie
Stem Careers Meteorologist by Karen Kenney
The Lizard Lady by Jennifer Curtis
Amphibians and Reptiles by Katharine Hall
They Just Know Animal Instincts by Robin Yardi
Night Creepers by Linda Stanek
Living Things and Nonliving things by Kevin Kurtz
I'm the Big One Now! by Marilyn Singer
What is NASA? by Sarah Fabiny

Children's Easy:

About Woodpeckers by Cathryn Sill
Toad Weather by Sandra Markle
Deductive Detective by Brian Rock
How to Babysit a Grandma by Jean Reagan
Bloom Boom! By April Sayre
Nine Months by Miranda Paul
Achoo! Why Pollen Counts by Shennen Bersani
After a While Crocodile by Brady Barr
I want a Friend! by Tony Ross
I Hear a Pickle by Rachel Isadora
The Giving Tree by Shel Silverstein
Daniel Tiger Moving to the Neighborhood by Alexandra Cassel
Daniel Tiger Daniel Can Dance by Delphine Finnegan
Daniel Tiger Daniel Learns to Ride a Bike by Becky Friedman
Last Stop on Market Street by Matt De la Pena
Samson the Mighty Flea by Angela McAllister
Riding on a Caravan by Laurie Krebs
Skip Through the Seasons by Stella Blackstone
More, More, More said the Baby by Vera Williams
We Are Family by Patricia Hegarty
I Will Never Get a Star On Mrs. Benson's Blackboard by Jennifer Mann
Gus Goes to School by Kate Petty
Won't You Be My Kissaroo? by Joanne Ryder
Millie Shares by Claire Alexander
Dog Days of School by Kelly DiPucchio
Monday is One Day by Arthur Levine
The Big Blue Thing on the Hill by Yuval Zommer
What If...? Then We... by Rebecca Dotlich
Dazzling Diggers by Tony Mitton
Marvelous Motorcycles by Tony Mitton
Patrolling Police Cars by Tony Mitton
Flashing Fire Engines by Tony Mitton
Terrific Trains by Tony Mitton
Awesome Ambulances by Tony Mitton
Mommies are Amazing by Meredith Costain
Amelia Bedelia Under the Weather by Herman Parish

Romac Self Storage

Monthly Storage Space Rental Several Sizes 5 x 6 to 10 x 25

Competitive Pricing Office: 865-426-9634
Master Card | Visa accepted Cell: 865-386-3716

Located at 332 S. Main, Rocky Top

Comfort
You Can Count On.



203 First Street
Rocky Top
(865) 426-2822

1005 Jacksboro Pike
LaFollette
(423) 562-2795

Everyone is Welcome at

Main Street Baptist Church

215 4th Street, Rocky Top • 865-426-2499 • www.msbcrt.org

"Main Street Baptist Church strives to provide life-changing ministries for every member of the family. Through worship and discipleship training, we hope to share the love and grace of Jesus Christ with the Rocky Top community. We also offer a Food Pantry (Tuesday 12-2pm) and the Rocky Top Recovery program (Thursday 7pm) for individuals or families of individuals with addiction issues."



Sunday School 9:45 a.m. • Sunday Morning Worship 8:30 a.m. & 10:45 a.m.
Wednesday Evening Service 6:30 p.m.

**ANDERSON COUNTY
CHAMBER
OF COMMERCE**
245 N. Main Street, Suite 200
Clinton, TN 37716
(865) 457-2559

www.andersoncountychamber.org

Conserve Energy and Save Money by signing up for CUB's

\$mart \$witch Program

Get up to a \$75 Rebate and Save on Future Utility Bills



Limited to residential properties. Customers must own the residence.
Limited to single electric water heaters with a 40 gallon tank or larger.

Call 865-457-9232 or visit www.clintonub.com for all the details about the program and to sign up

COAL CREEK COMMUNITY COOKBOOK ON SALE NOW



A new recipe book of home favorites contributed by local community residents are available at the Coal Creek Miners Museum at 201 S. Main Street in Rocky Top. Over 150 submissions were included with a variety of appetizers, main dishes, breads, vegetable/side dishes, and desserts. A great Holiday gift or addition to your cookbook collection, all proceeds go to the Coal Creek Miners Museum (a 501c3 non-profit organization). Call the Museum at 865.340.3269 to reserve a copy or stop by Monday through Saturday from 10AM to 4PM to purchase for \$10 per book.

VOLUNTEER OPPORTUNITIES

The Coal Creek Miners Museum, located at 201 South Main Street in Rocky Top, is offering volunteer opportunities for staffing the Museum. Education and training will be given on the unique history and culture of our community. If you are interested in the history of Coal Creek, enjoy working with the public and can commit to several hours during the week, please contact Sandee Sharp Savarese at 865-340-3269 or info@coalcreekminersmuseum.com.



Est. 1867

Anderson County Schools Every Student, Every Day 2019-2020 School Year Calendar

July 31	Student Registration (<i>Abbreviated Day - No Buses</i>)
August 1	In-service (<i>NO school for Students</i>)
August 2	Classes begin - Wednesday Schedule
September 2	Labor Day (<i>District Closed</i>)
October 3	1 st Grading Period Ends (45 days)
October 4	In-service (<i>NO school for Students</i>)
October 7-11	Fall Break (<i>Schools Closed</i>)
November 25-29	Thanksgiving Break (<i>Schools Closed</i>)
December 20	Semester Ends (<i>Abbreviated Day - No Buses</i>) (90 days)
Dec. 23 - Jan. 3	Winter Break (<i>Schools Closed</i>)
January 6	In-service (<i>NO school for Students</i>)
January 7	Classes Resume
January 20	Martin Luther King Day - In-service (<i>NO school for Students</i>)
February 17	Presidents' Day (<i>District Closed</i>)
March 19	3 rd Grading Period Ends (51 days)
March 20	In-service (<i>NO school for Students</i>)
March 23-27	Spring Break (<i>Schools Closed</i>)
April 10	Good Friday (<i>District Closed</i>)
April 13	In-service (<i>NO school for Students</i>)
May 15	Graduation for Clinch River Community School
May 17	Graduation for ACHS & CHS
May 22	Last Day for Students (<i>Abbreviated Day - No Buses</i>) (89 days) (179 Year Total)
May 25	Memorial Day (<i>District Closed</i>)

Note: Students will be dismissed 90 minutes early each Wednesday

Revised 10.16.18

Inaugural Anderson County Pet Expo set for July 27th

The Anderson County Animal Rescue Foundation has partnered with the Museum of Appalachia, the Anderson County Chamber of Commerce and the Community Bank of East Tennessee to present the county's first-ever "Pet Expo."

The event will take place on Saturday, July 27th, from 9 am to 3 pm at the Museum of Appalachia, and the afternoon's events will be free to the public. The day begins with a breakfast at the Museum, featuring a host of speakers, including Lt. Governor Randy McNally of Oak Ridge, and representatives from the UT Veterinary School's Human-Animal Bond in Tennessee—or HABI—group; dog trainer Manuela Connaster; representatives from the Humane Society of the Tennessee Valley and the UT Veterinary School.

Admission to the breakfast will be \$15.

Following breakfast, there will be several outdoor Expo demonstrations beginning at 11:30 am, including how to prevent kids from being bitten by dogs, an Anderson County Sheriff's Department K9 demonstration, basic dog obedience training, and service dog etiquette, in addition to opportunities to adopt a pet and the chance to check out booths from various animal welfare organizations, animal-oriented businesses, rescue groups and more.

The Foundation is seeking sponsors for the event as well as both non-profit, and for-profit vendors looking to set up booths at the Pet Expo, which will raise money to support the Anderson County Animal Rescue Foundation and its mission to provide a safe environment for all animals. The cost of the booth is tax deductible as the Foundation is a 501c(3) non-profit organization.

You can find out much more about the event, the sponsorship and booth opportunities by visiting this website.

You can also find out more by visiting Facebook and searching for "Anderson County Animal Rescue Foundation."

To contact the Foundation, send an email to ACARF2018@gmail.com.



Active Anderson TN Kicking of Inaugural Summer Wellness Badge Challenge

**SUMMER WELLNESS
BADGE CHALLENGE**

#Active



AndersonTN

**FUN | HEALTHY
FAMILY ACTIVITIES**

Anderson County, TN, May 2019 – It is time to kick summer off and Active Anderson TN wants to encourage students to stay active and enjoy all of the opportunities our beautiful county has to offer from lakes to parks to greenways to locally grown produce and hiking trails. Active Anderson TN was established in 2017 with the mission to create opportunities and provide motivation for community members to eat healthier, move more, and live tobacco-free. Isn't it great that having a ball can be healthy for the whole family!

The Summer Wellness Badge Challenge is filled with activity ideas such as riding your bike on a local greenway, going berry picking, taking a hike or having a healthy family picnic. To complete the challenge participants just need to complete 5 of the listed activities. And there is even a place to create your own healthy activity idea to do something you love or try something new!

All participants who complete the challenge and return their completed card to their Anderson County, Clinton or Oak Ridge School, or submit their activities via the ActiveAnderson.com website by August 15th will receive a badge in honor of their completion of the challenge. Cards may be picked up at the elementary schools or at various locations throughout Anderson County.

For more information about Active Anderson TN or the Summer Wellness Badge Challenge, contact Kathy Scruggs at 865-425-8800 or visit ActiveAndersonTN.org. And remember to like [@ActiveAndersonTN](https://www.facebook.com/ActiveAndersonTN) on Facebook to keep up with all that's well in Anderson County!

I AM **ONE**

who does not drive under the influence of drugs or alcohol



NEW 2019 F150 SUPERCAB 4X4 V8
\$36,924*
 OR **0% FINANCING** UP TO 72 MONTHS WAC
 #T6094

NEW 2019 FORD FIESTA 4 DOOR SEDAN
\$12,649*
 OR **0% FINANCING** UP TO 60 MONTHS WAC
 #C6734

RAY VARNER CLINTON, TENNESSEE

*After Ford Factory Rebate, Ford Credit Financing, and Special Ray Varner Discount.

865-457-0704 • rayvarnerford.com • I-75, Exit 122

DRIVE IT LIKE A Ford SALES EVENT

COVENANT TREE SERVICE
 Christian Business
 Specializing in
 Hazardous Tree Removal
 33 Years Experience
 Fully Insured
865-297-7858

Annual Big Clinch River Cleanup
Volunteers can sign up now for the 2019 Big Clinch River Cleanup on Saturday, July 13th

The first 100 people who register for the seventh annual cleanup qualify for a free breakfast at the scenic Museum of Appalachia, 2819 Andersonville Highway, Norris. Breakfast starts at 8, with a briefing to follow; the cleanup will wrap up about 2 p.m.

Everyone who enjoys the river, from anglers to kayakers to wildlife watchers, is invited to help remove litter from the Clinch and its banks. The communitywide cleanup is an expansion of annual pickups run for many years by members of the Clinch River Chapter, Trout Unlimited, which hosts the event. Last year, volunteers gathered 60 tires and more than 2,000 pounds of trash from the river.

Volunteers work in several ways:

- * Above the water line, workers walk along riverside roads and through parking areas, gathering trash.
- * Volunteers wearing waders patrol for litter in shallow water.
- * In kayaks and canoes, volunteers work to clean shorelines and shallow water where there is no public access by road.
- * In powerboats and driftboats, volunteers haul tires and other items from the depths.

Support for all the teams is supplied by volunteering emergency medical people, ham radio operators, tire disposal professionals and workers with trucks who collect and dispose of filled trash bags.

The event traditionally starts with a free full breakfast at the picturesque museum (expenses of the meal are supported by a grant from the Tennessee Valley Authority). To sign up, please visit <https://crctu.org> and click on Big Cleanup Registration. For more information, contact Rusty Hallett at halletttrusty@gmail.com or (859) 227-1227, or Dave Easter at dleaster660@gmail.com or 865) 360-0339. The event will be held rain or shine (in case of severe weather, the breakfast will be held but volunteers will stay on shore).

Clinch River Chapter TU works to preserve and protect the Clinch River tailwater and its watershed through conservation projects and through education of children and adults in aquatic natural resources. Meetings are held the second Thursday of the month in the parish hall at St. Francis Episcopal Church, Norris, except when outdoor activities are scheduled.

SHOP - LOCAL -

Rocky Top
 Tennessee
 CHAMBER OF COMMERCE

The FAIR
 ANDERSON COUNTY

JULY 15th-20th

For More Information:
www.andersoncountyfairtn.com

f Find us on Facebook

you could be advertising here!!!

Reach 1,500 readers that live and work in Rocky Top and surrounding communities for as low as \$10 a month.

865-426-9595 / info@rockytoptnchamber.com

FIND US ON FACEBOOK
[Facebook.com/RockyTopTennessee](https://www.facebook.com/RockyTopTennessee)