ROCKY TOP NEWS

PUBLISHED BY THE ROCKY TOP CHAMBER OF COMMERCE

FREE

JUNE 2019

FREE



These students had perfect perfect attendance this year at Lake City Elementary School!
This means they were never tardy or checked out early. Each student received \$100 from the PTO.

eceived \$100 from the PTO (top left to right) Jacob Goodman, Lainey Phillips, Carter Melton, Emilee Braden, (bottom row left to right) Kinslee Justice, Cindle Justice, Isaac Schrader, Zoi-beth Lindsay.



Concauators

to the following students that met the requirements and were chosen as recipients for the Rocky Top Chamber of Commerce Scholarships for the 2018-2019 School Year:

Hannah Sellers & Mollie Wilson



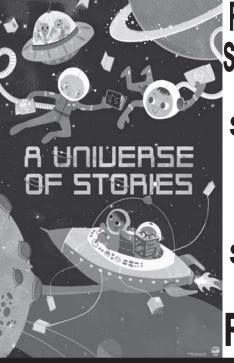
VACATION BIBLE SCHOOLS

June 2nd-6th Clinch River Baptist Church 6:00pm-8:15pm
June 3rd-7th Main Street Baptist Church 10:00am-1:00pm
June 3rd-7th Gospel Light Church of God 5:45pm-8:00pm
June 16th-20th Willow Brook Baptist Church 6:30pm-8:30pm
June 17th-21st Laurel Branch Baptist Church 7:00pm-9:00pm
June 24th-28th Rocky Top Worship Center 6:00pm-9:00pm
July 21st-26th Rocky Top Church of God 6:30pm-8:30pm



Is your church having Vacation
Bible School this Summer?
Please email us the name of the church, dates and time and we will post it free of charge in our newspaper!

Our email address is: rockytopchamber@gmail.com Thank you!!!



Rocky Top Public Library
Summer Reading Program

Every Friday
Starting June 7th
at 2:00pm

Teens
Every Thursday
Starting June 6th
at 2:00pm

Register Now!!!

Splash Pad News

Memorial Day - Labor Day Open 7 Days A Week



SEND US YOUR NEWS

The Rocky Top News is published by volunteers who are not always able to gather all of the news happenings in Rocky Top. Therefore, we are asking for your help. If you are at an event, please take a picture and email it to the Rocky Top News at rockytopchamber@gmail.com with the details of the event. Also, if you are involved in an organization or group that is planning an event in Rocky Top, please email or call the Rocky Top News with the details. There is no event too big or too small to let us know about.

AREA EVENTS IN AND AROUND ROCKY TOP COMMUNITY

June 1 Flatwater Tales Storytelling Festival

June 1 2nd Annual Great Appalachian Fiddlers' Convention

June 7-8 Smoky Mountain Antique Engine & Tractor Festival

June 7-8 Secret City Festival
June 15 Lavender Festival

June 21 Market Night in Downtown Clinton
June 22-23 Historic David Hall Cabin Open House

July 4 Celebration and Anvil Shoot at Museum of Appalachia

July 6 Haw Ridge Trail Race July 15-20 Anderson County Fair

July 19 Market Night in Downtown Clinton
July 27 Christmas in July in Downtown Clinton
July 27 Windrock Park Summer Shindig

Women of Change Annual Yard Sale Rocky Top Worship Fellowship Hall

160 Straight Way Rocky Top, TN June 7th, 6pm-8pm June 8th, 8am-2pm

CITY OF ROCKY TOP MEETING SCHEDULE

City Court 2nd Wednesday of the Month at 8:00 a.m.

Downtown Growth Committee 2nd Thursday of the Month at 6:00 p.m.

Planning Commission 3rd Tuesday of the Month at 5:30 p.m.

City Council Meeting 3rd Thursday of the Month at 6:00 p.m.



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Chamber Networking

Below are our currently scheduled 2018 Networking
Coffee's. We will update this list as more are scheduled. All
coffee's are from 8:00 a.m. to 9:30 a.m. unless noted otherwise.
This is a great opportunity for Chamber members to network
with other Chamber members. Everyone is welcome. If you are
interested in joining the chamber, please feel free to attend any
these events. For more information about the Rocky Top
Chamber of Commerce, visit www.rockytoptnchamber.com

Thursday, June 6th, 8:00am-9:30am - Networking Coffee with Anderson County Chamber at Free Medical Clinic in Oak Ridge

Tuesday, June 11th, 8:00am-9:30am - Networking Coffee with Anderson County Chamber at City Hall in Rocky Top

Thursday, July 18th, 8:00am-9:30am - Networking Coffee with Anderson County Chamber & Campbell County Chamber at Powell-Clinch Utility District in Rocky Top



Join our Mission

865-426-9595 · RockyTopTNChamber.com



ROCKY TOP TENNESSEE

This paper is published by the Rocky Top Chamber of Commerce monthly and is free to the public.

Rocky Top Chamber of Commerce P. O. Box 1054 Rocky Top, TN 37769 865-426-9595

rockytopchamber@gmail.com

Please submit events, content and ads by email.

Rocky Top News Advertising Rates

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Rocky Top Chamber Member's Rates

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Half Page....\$50.00
Quarter Page.....\$25.00
Business Card 3 1/2" x 2"...\$10.00

Non-Rocky Top Chamber Member's Rates

Full Page.....\$125.00
Half Page.....\$75.00
Quarter Page.....\$50.00
Business Card 3 1/2" x 2"...\$20.00

Classified Advertisements available to \$5 per line

Contact the Rocky Top Chamber of Commerce for multi-month discounts

Has substance misuse affected your family or friends?

Do you want to help your community?



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Contact ASAP of Anderson at 865-457-3007 or asapofanderson@gmail.com



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WWW.RTWC.ORG

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SUNDAY MORNINGS AT 10:30AM & WEDNESDAY EVENINGS AT 7PM

CRAFTING FOR COMMUNITYSERVICE







Bring your project and finish it as you socialize with other women of similar interest. Don't have a project, help with one that will benefit others: Chemo and Infant Hats, Lap Robes for Shut-ins, Mats for the Homeless. The only skill you need is a big heart.

Everyone Welcome

1st & 3rd Mondays of the Month 4-6pm

First Baptist Church of Rocky Top
Fellowship Hall

Park in the lower parking lot and look for the sign on the door.



OPIOID ALTERNATIVES

LUNCH AND LEARN SERIES

Each Lunch and Learn will provide information about a specific opioid alternative treatment from a qualified professional.

Location: Methodist Medical Center, Ridge Room

Time: 12:00PM

Lunch Provided starting at 11:45AM.

REGISTRATION IS REQUIRED.

Dates and Topics are Subject to Change All registered attendees will be notified of any changes if and when they occur.

CONTACT

865-457-3007
ASAPOFANDERSON@GMAIL.COM
WWW.ASAPOFANDERSON.ORG

APRIL 23RD

MEREDITH WOOD, MSC, NCC, LPC-MHSP

Eye Movement Desensitization and Reprocessing (EMDR) therapy is a techniques employed by mental health professionals to create neural-plasticity in an effort to effectively treat trauma, addiction, somatic disorders, chronic ailment, phobia, infidelity, and dissociative disorders. Learn how and when a referral for EMDR treatment may be a good online.

Register at emdrlunchandlearn.eventbrite.com

GARY N. GENNA, BS, LMT, NMT, NSMT

JUNE 25TH

Massage therapy provide hands-on healthcare to reduce stress and pain, enhance wellness and improve athletic performance. Research shows massage therapy is an effective treatment for chronic pain.

 $Register\ at\ mass age the rapy lunch and learn. event brite. com$

MBSR

AUGUST 27TH

JOAN R. RENTSCH, PHD

Mindfulness is defined as present moment awareness that occurs without judgment (Jon Kabat-Zinn, 1990). Mindfulness practices and MBSR have been found to be empirically related to reductions in negative experiences (e.g., rumination, stress, and emotional reactivity) and with improvements in positive capabilities (e.g., working memory, focus, and cognitive flexibility). MBSR was developed to assist patients suffering from pain and it is related to lowered perceptions of pain

 $Register\ at\ mbsrlunchandlearn. event brite.com$

PHYSICAL THERAPY/WELLNESS OCTOBER 29TH

KELLY J. LENZ, PT, CWHC

Physical therapy intervention provides an individualized approach to improving activity level in ways that will not significantly provoke pain. Wellness coaching provides people who seek lifestyle change the opportunity to have a guide, supporter and motivator in their pursuit of a healthier life. It is based on the behavioral medicine model with accountability established through the coaching relationship.

 $Register\ at\ physical the rapy lunch and learn. event brite. com$

ACUPUNCTURE

DECEMBER 17TH

ROSIO A. HUET, MD

Acupuncture has long been recognized as an effective treatment for chronic pain. It works by applying needles, heat, and pressure to specific points on the body, and is well established as an effective treatment for chronic pain.

Register at acupuncturelunchandlearn.eventbrite.com

LCES Students of the Month

R Ε S Н

Marley LaRue, Kaiya Walker, Kelsey Walker
(Picture Not Submitted)

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Addison Armstrong, Weston Smith, Isla Wrede

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Michael Jones, Keygen Haun, Blake Wilson



Deus Smith, Elijah Snow, Camron Patterson



Whitney Burchfield, Kelsey Burris, Bentley Sharp, Kyle Patterson



Isaiah York, Hannah Leinart, Lee Goins



Carter Melton, Lily Parson, Lakeley Ridenour



ROCKY TOP PUBLIC LIBRARY NEWS & EVENTS

<u>Senior Game Day</u>

Join us the first Monday of every month at 11:00 a.m. for a fun game of BINGO!





Adult / Teen Coloring Day

Join us the second Monday of every month at 11:00 a.m. for a fun and relaxing hour of coloring. Coloring pages and supplies will be provided or you may bring your own.

Adult Craft Day

Join us June 17th at Noon as we make beautiful 4th of July wreath to display on your door. The fee for this class is \$15.00 and you must sign up by June 1st, due to limited space.



If you are interested in doing crafts, we offer a variety of different classes. Drop by the library and pick up a calendar to see what is being offered each month. Class requires prior registration and a small fee (for supplies) to participate.

Book Discussion Group

Join us on the last Monday of every month at 11:00 a.m. for Book Discussion Group. Bring a book you are currently reading or have read and share with others in the group. This is a great way to be introduced to new authors you may not have read.





Free Computer Classes

Rocky Top Public Library provides Basic Desktop Computer Classes every Tuesday from 11am to 12pm

(except the first Tuesday of the month) If you are a senior or are new to computer use, then this is the class for you!

Children's Story Time

Story Time for the months of June and July will be every Saturday at Noon. There will be no Story Time on Fridays due to the Summer Reading Program.





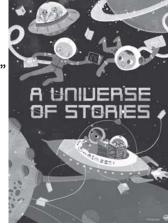
Read to a Dog!

For the months of June and July, Ruff Reading Buddy Ziggy will be at the library every Thursday at 2pm! This will give parents of teens involved in the Summer Reading Program an activity for their younger

children to participate in. Ziggy enjoys children of all ages! Why read to a dog? Because a dog is friendly, fuzzy and loves the attention of being read to! Gain confidence in your reading aloud skill and enjoy the company of our fabulous Ruff Reading Buddy Ziggy!

Summer Reading

Join us this Summer for a "Universe of Stories" in June and July! Teens ages 11-17 will meet every Thursday, June 6th to June 27th at 2pm. Babies to age 10 will meet every Friday, June 7th to July 19th at 2pm New reading logs this year!!! Fund crafts, guest speakers and prizes!!! Let's make a reading goal to read at least 2,000 books this Summer!!! Register now through June 7th.



All Rocky Top Public Library events are free (unless specified) and open to the public.

The View from Alameda Island by Robyn Carr Lost Roses by Martha Kelly The 18 th Abduction by James Patterson Blessing in Disguise by Danielle Steel Sunset Beach by Mary Kay Andrews Willing to Die by Lisa Jackson The Road Home by Richard Paul Evans The Big Kahuna by Janet Evanovich Tight Rope by Amanda Quick A Welcome at Our Door by Amy Clipston The Refuge by Ann Gabhart
The Cliff House by RaeAnne Thayne By Invitation Only by Dorthea Frank Buckskin by Robert Knott The Doctor's Lady by Jody Hedlund The Night Window by Dean Koontz The Never Game by Jeffery Deaver The Invited by Jennifer McMahon The Yankee Widow by Linda Lael Miller Collusion by Newt Gingrich A Desperate Hope by Elizabeth Camden Summer by the Tides by Denise Hunter The Summoning by Heather Graham Large Print Fiction: Here and Again by Nicole R. Dickson

The Killing Game by Nancy Bush The Snow Queen by Michael Cunningham Accidents of Marriage by Randy Susan Meyers The Wedding Pearls by Carolyn Brown Luckiest Girl Alive by Jessica Knoll Rules of Civility by Amor Towles The Occupied by Craig Parshall

Non-Fiction:

The Last Stone by Mark Bowden Box of Butterflies by Roma Downey Office 2019 for Dummies by Wallace Wang Word 2019 for Dummies by Greg Harvey Outlook 2019 for Dummies by Faithe Wempen

Western Paperbacks: Bloodthirsty by William Johnstone Paperbacks: Backlash by Lisa Jackson

The Devil's daughter by Lisa Kleypas Any Man of Mine by Diana Palmer A Soldiers Return by RaeAnne Thavne Slow ride by Lori Foster Unforgettable You by Brenda Novak Tempt Me with Diamonds by Jane Feather Final Shadows by Kay Hooper

Juvenile Fiction:

The Last Kids on Earth by Max Brallier Soda Pop by Babro Lindgren Big Nate Out Loud by Lincoln Peirce Big Nate and Friends by Lincoln Peirce Big Nate Makes the Grade by Lincoln Peirce Big Nate What's a Little Noogie Between Friends by Lincoln Peirce Big Nate Great Minds Think Alike by Lincoln Peirce Big Nate I Can't Take It! by Lincoln Peirce Big Nate Say Good-Bye to Dork City by Lincoln Peirce Big Nate From the Top by Lincoln Peirce Big Nate Payback Time by Lincoln Peirce Big Nate Silent but Deadly by Lincoln Peirce Big Nate Welcome to My World by Lincoln Peirce Big Nate Blasts Off by Lincoln Peirce Big Nate The Crowd Goes Wild! by Lincoln Peirce Scooby-Doo! Monkey See Monkey Doo by Lee Howard Scooby-Doo! The Snow Monster Mystery by Lee Howard Scooby-Doo! Bake-Off Mayhem by Lee Howard

Scooby-Doo! Mummy Scares Best by Lee Howard Scooby-Doo! High-Tech House of the Future by Lee Howard Scooby-Doo! Food Fight! by Sonia Sander Scooby-Doo! There's No Creature Like Snow Creature by Lee Howard Scooby-Doo! Big Catch by Sonia Sander Scooby-Doo! Giddy Up, Scooby-Doo by Lee Howard Miss Tracey is Spacey! By Dan Gutman

Scooby-Doo! The Unnatural by Lee Howard

The Case from Outer Space by James Preller Ivy + Bean Bound to be Bad by Annie Barrows **Juvenile Non-Fiction:**

Where is the Parthenon? by Roberta Edwards Where is the Taj Mahal? by Dorothy and Thomas Hoobler What was Ellis Island? by Patricia Demuth What is the Super Bowl? by Dina Anastasio vvnat is the Panama Canal? By Janet Pascal What is the Women's Rights Movement? by Deborah Hopkinson

Me and My Place in Space by Joan Sweeney Astronaut Handbook by Meghan McCarthy Where id Area 51? by Paula Manzanero Where is Our Solar System? by Stephanie Sabol Where is the Amazon? by Sarah Fabiny What was the Boston Tea Party? by Kathleen Krull What are the Summer Olympics? by Gail Herman

What is the Constitution? by Patricia Demuth The Three Little Aliens and the Big Bad Robot by Margaret McNamara Goodnight Spaceman by Michelle Robinson

Pete the Cat Out of this World by James Dean

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"Main Street Baptist Church strives to provide life-changing ministries for every member of the family. Through worship and discipleship training, we hope to share the love and grace of Jesus Christ with the Rocky Top community. We also offer a Food Pantry (Tuesday 12-2pm) and the Rocky Top Recovery program (Thursday 7pm) for individuals or families of individuals with addiction issues."



Sunday School 9:45 a.m. • Sunday Morning Worship 8:30 a.m. & 10:45 a.m Wednesday Evening Service 6:30 p.m.



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COAL CREEK COMMUNITY COOKBOOK



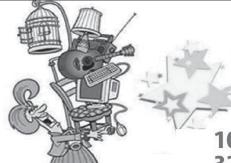
A new recipe book of home favorites contributed by local community residents are available at the Coal Creek Miners Museum at 201 S. Main Street in Rocky Top. Over 150 submissions were included with a variety of appetizers, main dishes, breads, vegetable/side dishes, and desserts. A great Holiday gift or addition to your cookbook collection, all proceeds go to the Coal Creek Miners Museum (a 501c3 non-profit organization). Call the Museum at 865.340.3269 to reserve a copy or stop by Monday through Saturday from 10AM to 4PM to purchase for \$10 per book.

UNTEER OPPORTUNITIES

The Coal Creek Miners Museum, located at 201 South Main Street in Rocky Top, is offering volunteer opportunities for staffing the Museum. Education and training will be given on the unique history and culture of our community. If you are interested in the history of Coal Creek, enjoy working with the public and can commit to several hours



during the week, please contact Sandee Sharp Savarese at 865-340-3269 or info@coalcreekminersmuseum.com.



8th Annual

100s of yard sales located along 325 miles of US 25 from Clinton, **Tennessee to Richwood, Kentucky**

& 8th 2019



For More Information Contact For Boone, Grant and Scott **Counties, Judy Wigginton** 859-824-6641

For All the area south of the **Ky River, Randy Coffey** 859-779-3005

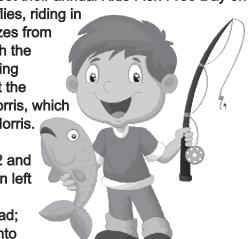


us25yardsale.com www.facebook.com/U.S.25YARDSALE

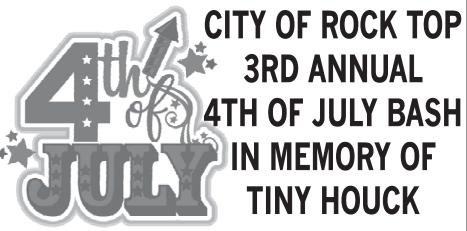
Kid's Fish Free Day - Ju

The Clinch River Chapter of Trout Unlimited will host their annual Kids Fish Free Day on Saturday, June 8th. Children will be fishing, tying flies, riding in boats, eating hot dogs and signing up for door prizes from 9 a.m. to 1 p.m. Kids Fish Free Day coincides with the statewide Tennessee Free Fishing Day, so no fishing licenses are required. The event will take place at the Miller Island boat access on the Clinch River in Norris, which is located on River Road just off Highway 441 in Norris.

To get there from I-75, take Clinton/Norris Exit 122 and turn east; pass the Museum of Appalachia and turn left on Highway 441 toward Norris Dam; just past Island Home Baptist Church, turn left on River Road; drive about a quarter-mile and take the first right into the parking lot.







KIDS PARADE 4PM

(Register for Parade at SunTrust, 3PM-4PM)
Parade runs down Main Street to Ballfield.

4:30PM-9PM PLAY ALL DAY - FREE!

Unwind, enjoy family fun, grab a bite to eat, listen to bands and grab a spot to watch the fireworks!

10PM FIREWORKS

Over 550 lbs. of Unused/Expired Meds Collected during Drug Take Back Days ASAP partnered with local businesses and police to collect unused & expired medications in April

Anderson County, TN, May 2019 – ASAP of Anderson partnered with local businesses and police departments to collect unused and expired medications through the community. A total of 582.2 pounds of medication was collected at 6 different Drug Take Back sites in April. Collected medications are safely handled by police officers, turned over to DEA representatives, and then incinerated to ensure they do not find their way back into the community.

Anderson County participated in the 2019 National Drug Take Back Day this past Saturday, April 27 th . Community members brought their medications to participating police departments across the county. Participating departments included Clinton Police Department, Oak Ridge Police Department, Norris Police Department, and Rocky Top Police Department.

In addition, ASAP partnered with Oak Ridge Police Department to provide onsite collection for employees to dispose of their medications at both Oak Ridge Associated Universities (ORAU) on April 17 th and Oak Ridge National Lab (ORNL) on April 24th . These are yearly Drug Take Back events in coordination with employee Earth Day celebrations. Over 100 pounds of medications were collected at each of these onsite events.



The National Drug Take Back Day addresses a crucial public safety and public health issue. According to the 2015 National Survey on Drug Use and Health, 6.4 million Americans misused controlled prescription drugs, and that number has continued to climb in recent years. Studies show many of the misused prescription drugs are obtained from family and friends, often from the home medicine cabinet. Take Back Days provides an opportunity for Americans to prevent drug addiction and overdose deaths in our community and communities across the U.S. Items that are accepted for disposal include prescription medications (unwanted, expired, unused), antibiotics/steroids, cold and flu medications, vitamins/herbal supplements, pet medications, medication samples, and medication ointments/lotions.

Looking to dispose of unused or expired medication? Anderson County has six permanent disposal bins— one in each Police Department in Clinton, Norris, Oak Ridge, Oliver Springs, and Rocky Top, as well as at Walgreens Oak Ridge next to the pharmacy counter. These bins are available to community members anytime for disposal. For more information, contact ASAP of Anderson at 865-457-3007 or visit www.ASAPofAnderson.org. Follow @ASAPofAnderson on Facebook, Twitter and Instagram.

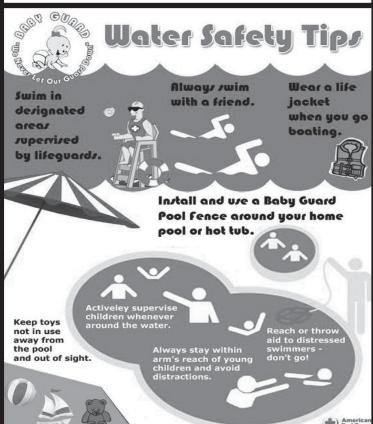


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Annual Big Clinch River Cleanup

Volunteers can sign up now for the 2019 Big Clinch River Cleanup on Saturday, July 13th

The first 100 people who register for the seventh annual cleanup qualify for a free breakfast at the scenic Museum of Appalachia, 2819 Andersonville Highway, Norris. Breakfast starts at 8, with a briefing to follow; the cleanup will wrap up about 2 p.m.

Everyone who enjoys the river, from anglers to kayakers to wildlife watchers, is invited to help remove litter from the Clinch and its banks. The communitywide cleanup is an expansion of annual pickups run for many years by members of the Clinch River Chapter, Trout Unlimited, which hosts the event. Last year, volunteers gathered 60 tires and more than 2,000 pounds of trash from the river.

Volunteers work in several ways:

- Above the water line, workers walk along riverside roads and through parking areas, gathering trash.
- Volunteers wearing waders patrol for litter in shallow water.
- In kayaks and canoes, volunteers work to clean shorelines and shallow water where there is no public access by road.
- In powerboats and driftboats, volunteers haul tires and other items from the depths.

Support for all the teams is supplied by volunteering emergency medical people, ham radio operators, tire disposal professionals and workers with trucks who collect and dispose of filled trash bags.

The event traditionally starts with a free full breakfast at the picturesque museum (expenses of the meal are supported by a grant from the Tennessee Valley Authority). To sign up, please visit https://crctu.org and click on Big Cleanup Registration. For more information, contact Rusty Hallett at hallettrusty@gmail.com or (859) 227-1227, or Dave Easter at dleaster660@gmail.com or 865) 360-0339. The event will be held rain or shine (in case of severe weather, the breakfast will be held but volunteers will stay on shore).

Clinch River Chapter TU works to preserve and protect the Clinch River tailwater and its watershed through conservation projects and through education of children and adults in aquatic natural resources. Meetings are held the second Thursday of the month in the parish hall at St. Francis Episcopal Church, Norris, except when outdoor activities are scheduled

you could be advertising here

Reach 1,500 readers that live and work in Rocky Top and surrounding communities for as low as \$10 a month.

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