

# FREE LAKER NEWS FREE



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OF COMMERCE

APRIL 2013

## Pancakes for the Playground

The Lake City Chamber of Commerce is partnering with the Lake City Elementary School again this year to raise funds to make improvements to the playground located at the elementary school.

Last year, the chamber helped the Lake City Elementary School and the Boys and Girls Club of North Anderson County by raising over \$3,400, which provided for repairs to one of the school's playgrounds.

This year, the chamber is helping to raise funds for the other playground.

"We asked Principle Baggett what we could do to help this year," said Maria Hooks, Lake City Chamber Chairperson. "He replied, we have another playground."

The Chamber is sponsoring the 2nd Annual Pancake Breakfast on Saturday, May 11<sup>th</sup> from 8 to 11 a.m. at the Lake City Elementary School cafeteria.

"The students are already helping by selling tickets and we are asking you to buy tickets (they are \$5 each) to the breakfast or make a donation if you can't attend the breakfast," continued Hooks.

The students are competing to see which class and which one student can raise the most money. The chamber will sponsor a PIZZA PARTY for the winning class and the winning student will receive a \$50.00 gift card to Toys R Us.

If you have a child at Lake City Elementary School or you know of one and you want them to receive credit for your ticket purchase or your donations, you can do one of two things. You can contact the child and purchase your tickets or make a donation or you can contact the chamber at 426-9595 or [info@lakecitychambertn.com](mailto:info@lakecitychambertn.com) to ensure that the student gets credit.

If you don't know a student, you can purchase your tickets and make donations by contacting the Chamber at 865-426-9595 or [info@lakecitychambertn.com](mailto:info@lakecitychambertn.com).

If you would like to purchase your tickets or make a donation with a debit or credit card, you can do so online by visiting [www.lakecitychambertn.com](http://www.lakecitychambertn.com) and clicking on the Pancakes for the Playground button. Once you go to the Pancakes for the Playground page, there will be two options, one is to purchase tickets and the other is to make donations. Both options allow for the purchaser to list the student's name if you so desire. Only ticket sales and donations received by the student's teacher or online on or before May 3rd will be considered for the competition.

If you do not know a child at Lake City Elementary School, you can purchase tickets and make donations at ANY TIME!!!

If you have any questions, please contact the Lake City Chamber.

## Send Us Your News

The Laker News is published by volunteers who are not always able to gather all of the news happening in Lake City. Therefore, we are asking for your help. If you are at an event, please take a picture and email it to the Laker News at [info@lakecitychambertn.com](mailto:info@lakecitychambertn.com) with the details of the event. Also, if you are involved in an organization or group that is planning an event in Lake City, please email or call the Laker News with the details. There is no event too big or too small to let us know about.

## Great Job LCES Students

The Lake City Elementary School Students worked with Michelle Dingess, owner of Pots and Petals Florist in Lake City, on a fundraiser on Valentines Day.

For every single rose bud sold on Valentines by Pots and Petals, the florist donated \$3.00 to the Lake City Elementary School's Parent Teacher Organization. They raised a total of \$150.00.



## ANNUAL ARBOR DAY TREE PLANTING

On April 12, 2013, the Coal Creek Watershed Foundation will sponsor the Annual Arbor Day Tree Planting at a reclaimed mine site.

This year's coal mining site will be at the Triple H Coal, LLC site in Campbell County, TN on Highway 25. Students from Anderson County's Lake City Middle School and Wynn-Habersham School in Campbell County will be participating with the tree planting.

This site is also home to some beautiful elk as shown on the recent photos taken during a site-scouting trip, which can be seen at [www.coalcreekaml.com/ArborDay2013SiteVisitMarch2013.pdf](http://www.coalcreekaml.com/ArborDay2013SiteVisitMarch2013.pdf).

Staff from the Office of Surface Mining will be on site and volunteers are invited to participate. There are 300 American chestnut and about 500 hardwood bare-root seedlings that need to be planted.

To find out more about the 2012 Arbor Day planting, visit [www.coalcreekaml.com/ArborDay2012Planting.htm](http://www.coalcreekaml.com/ArborDay2012Planting.htm).

Please contact Carol Moore at 865-584-0344, if you are interested in volunteering for this year's tree planting.

## Sheep Shearing

In pioneer Appalachia, farmers sheared their sheep each spring for wool to spin into yarn or fill quilts.

The Museum of Appalachia will renew this annual ritual on Friday, April 26, from 10 a.m. to 2 p.m., trimming the winter's growth of heavy wool from its flock of sheep.

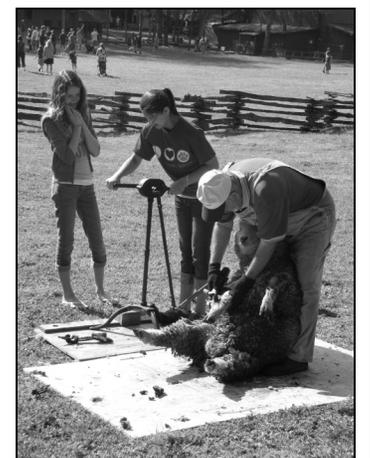
The wooly animals will be trimmed by Kentucky native John Cooper, who will explain the process to onlookers while using vintage hand-cranked shears operated by "student power."

Spinning, weaving and quilting demonstrators will show how wool was used to make yarn and quilt batting in the days before ready-made clothing and superstores.

The demonstrations fulfill the Museum's mission to preserve and pass along the Appalachian culture to future generations.

School groups, home-schooled students, and individual parents and children are welcome. Regular admission rates will apply.

For more information, call 865-494-7680 or visit [www.museumofappalachia.org](http://www.museumofappalachia.org)



Sign up for the Laker News Online at [www.lakecitychambertn.com](http://www.lakecitychambertn.com)

# Lake City Municipal Meetings

April 6	Friends of Lake City Public Library Sidewalk Rummage Sale from 8 a.m. to 2 p.m.
April 9	Kindergarten Round Up at Lake City Elementary School from 8:30 to 11:30 a.m.
April 9	Business After Hours at Rickard Ridge BBQ
April 11	Presentation by Steve Sylvis on Trout Fishing
April 12	Arbor Day Tree Planting
April 13-14	War at Windrock A two day, 50K trail running event through the windmill farm at Windrock Park www.dirtybirdevents.com
April 13	Anderson County High School Prom
April 14-20	National Library Week
April 15	Anderson County Commission Meeting-9:30 a.m.
April 18	Common Treads at Lake City Library
April 18	Lake City Council Meeting at 7 p.m.
April 18-20	Windrock Spring Jamboree www.windrockpark.com
April 21	Earth Day Hike at Norris Dam State Park For information, call 865-426-7461
April 26	Sheep Sheering Day at Museum of Appalachia
April 27	Swing Dancing at Norris Dam State Park 7 to 9 p.m. For information, call 865-426-7461
April 29 to May 3	Achievement Test at Anderson County Schools
May 3-4	Clinch River Spring Antique Fair in Historic Downtown Clinton
May 11	Pancakes for the Playground at Lake City Elementary School
May 11	Car Show to Benefit Briceville Library Building Project from 10 a.m. to 4 p.m.
May 17	Coal Creek War Reunion
May 17-18	Anderson County Relay for Life
May 19	Anderson County High School Graduation
May 24	Last Day for Students
May 25	Sundown Saturdays start at Stardust Marina
May 27	Memorial Day
June 21-22	Secret City Festival
June 29	Fire on the Water at Sequoyah Marina

# CHAMBER NEWS

## Business After Hours

Rickard Ridge BBQ will be hosting a Business After Hours on April 9, 2012 from 4 to 6 p.m. This will be a combined chamber networking event with the Anderson County Chamber, Campbell County Chamber and Lake City Chamber.

This is a great opportunity for chamber members to network with other chamber members. If you are interested in joining any of the three chambers, please feel free to attend this event.

Rickard Ridge BBQ is located at Cove Lake State Park.

## HAPPY BIRTHDAY



The Laker News would like to wish a Happy Birthday to Lake City employees Terry Jones, City Hall Utility Clerk on April 2nd and Freddie Hatmaker on April 20th. Freddie works at he Waste Water Treatment Plant.

## Car Show

### Benefiting the Briceville Library Building

There will be a Car Show from 10 a.m. until 4 p.m. on May 11, 2013. All the proceeds will go to benefit the Briceville Library Building Project. Several car clubs will participate. There will be cars and more cars, food, fun, live music and a fun house for children. Venue will be announced on April 5. Check out the project's Facebook page for more information or call 426-9406.



**This paper is published by the Lake City Chamber of Commerce monthly and is free to the public.**

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Please submit events and content information by email or fax.

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## Lake City Library News

The Lake City Public Library will celebrate National Library Week April 14<sup>th</sup> through April 20<sup>th</sup>. Stop by the library and register for a library card, join our Friends of the Library or just stop by and say hello. Mention you saw our announcements in the Laker News and we'll give you a small celebration gift.

The library has free basic computers classes every Tuesday from 11 am to 12 noon.

The Common Threads Needle Club will be meeting at the library on April 18<sup>th</sup> from 10 am to 11am. Bring a project you are currently working on and come join us.

The library will continue hosting the VITA free tax preparation program thru April 13<sup>th</sup>. For an appointment call the library @ 865-426-6762.



### Friends of the Library News

The Friends of the Library meeting will be on Thursday, April 4<sup>th</sup> at 6:00 p.m. The Friends of the Lake City Library will be having a Sidewalk Rummage Sale on April 6, 2013 from 8 a.m. to 2 p.m. Most items will only be a dollar. Funds raised will help support the children's computer program. Plan to come early for the best bargains.

For more information about the above events, call the library at 865-426-6762.

**Find us on Facebook**  
**Facebook.com/LakeCityTennessee**

## Science Explorer Camp

Do you have children that are curious about science and enjoy field explorations and hands-on activities? Parents of rising fifth (10 years old), sixth and seventh graders can register their students now for the Science Explorer Camp conducted by the American Museum of Science and Energy in Oak Ridge.

AMSE educators will lead campers in a variety of science themed activities plus a tour of Oak Ridge National Laboratory and special presentations by ORNL researchers during the two weekly sessions offered June 10 - 14 and June 17 - 21 from 8:00 am - 3:30 pm. Cost for the week of camp for AMSE members is \$150 and non-members is \$175.

Both one-week camp sessions, scheduled Monday through Friday, will be held at the Freels Bend Cabin site, where campers will utilize the natural setting to study insects, habitats, water, life science, weather, geology and fossils. Campers will also do activities and projects with flight, electricity and robots.

To register for AMSE's Science Explorer Camp go to [www.amse.org](http://www.amse.org) or come by AMSE and get a camp flyer.



## Learn from an Expert

Fly fishing guide Steve Sylvis, founder and owner of Xtreme Trout in Nashville, will speak Thursday, April 11, on trout fishing in Alaska, Montana and Tennessee.

His presentation starts at 7 p.m. at a free, public meeting of the Clinch River Chapter, Trout Unlimited, in the parish hall of St. Francis Episcopal Church located at 158 W. Norris Road in Norris.

Sylvis spends more than 200 days per year fly fishing. He's a licensed guide in Kentucky and Arkansas, has guided in Alaska, has operated fly fishing and fly tying schools, and has guided on the Caney and the Elk for years.



Steve Sylvis

For more information, visit [www.crctu.org](http://www.crctu.org).



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 Chamber of Commerce

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## Preventing Tragedy

The Oak Ridge Police Department will host a public informational seminar, *Preventing Tragedy: A Community United*, Monday April 15<sup>th</sup>, 2013 at The New Hope Center, 602 Scarboro Road from 6:00 pm to 8:00 pm.

The recent tragedy in Newtown, Connecticut has stimulated a broad nationwide discussion aimed at preventing future such events. This seminar is designed to make citizens aware of possible warning signs of violent behavior and a plan for how to alert the proper agency. Topics of discussion will be mental and emotional health, precautions, and solutions. City residents, employers & employees in Oak Ridge are encouraged to attend.

Speakers will include Jim Akagi, Oak Ridge Chief of Police, Ben Harrington, Executive Director of the Mental Health Association of East Tennessee, and Andy Burr LPC, Ridgeview Psychiatric Center.

Light refreshments will be served at 5:00 pm in the lobby and there will also be informational booths set up.

Pre-registration can be made by emailing [preventingtragedy@ridgevw.com](mailto:preventingtragedy@ridgevw.com).

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## East AC Relay Teams Raising Money In Fight Against Cancer

The East Anderson County Relay for Life is not until May 17<sup>th</sup> and 18<sup>th</sup> at Anderson County High School but several participating Relay teams are already out raising money for the American Cancer Society. Here is the latest list of upcoming events.

Knight's Flowers is selling Roses for Relay. Get a half-dozen roses each month for a year for only \$75. Twenty dollars of each purchase goes to Relay for Life. Pick up your roses each month beginning July 2012 through June 2013 at Knight's Flowers. Orders must be received by June 31, 2012. For more information, call 457-9792.

Walk It-Zoo It will be held at Little Ponderosa Zoo and Rescue on Saturday, April 13<sup>th</sup> from 10 a.m. to 4 p.m. Relay for Life and Little Ponderosa are teaming up for two great causes by creating a pre-relay event walk. Teams can register from 9:00 to 9:45 a.m. for the event. Individual registration fee is \$20 and family members of participants can enjoy the zoo for \$10. Come out and enjoy a day at the zoo with a silent auction, a balloon release, concessions, pony rides, face painting, and a bounce house. For more information contact the zoo at 457-5536.

St. Mark's Methodist Church is having a rummage sale on April 19<sup>th</sup> and 20<sup>th</sup> from 8 a.m. to 2 p.m.

Anyone wishing to donate auction items for this year's relay can drop them off at the Y12 Federal Credit Union located near Interstate 75.

## Attracting Birds to Your Yard

Birds are definitely a creature that humans have found fascinating for years. Perhaps it is their simple beauty, the gorgeous songs they trill so happily, or the intrigue that humans have with animals of flight. Watching these magnificent creatures is a past time that many people share. There are a few things that you can do to bring birds to your backyard so that you can enjoy watching these carefree, playful little creatures of the air.

For the main part, if you have food and a source of water in your backyard for your little feathered friends, then you are already off to a good start.

For attracting certain birds you will need certain types of food as each breed has its own preference.

Depending on the type of food you will need a proper bird feeder, if you are using bird seed, then you will need a tube feeder or hanging feeder. For Suet Cakes, you will need a suet feeder, and for that sweet syrupy stuff that hummingbirds love you will need a humming bird feeder. Here are a few types of bird seed and a few of the birds that each attracts. Each different seed attracts more birds than listed, but here are at least three birds that are attracted to each.

Sunflower Seeds attract Cardinals, Juncos and Woodpeckers. Peanut Hearts attract Chickadees, Titmice, and Grosbeaks. Cracked Corn attracts Jays, Sparrows and Doves. Nyjer seed attracts Finches, Pine Siskins and Buntings.



## Hometown Hero

Carl Dew, is this month's Lake City Hometown Hero. Carl was born on August 5, 1916 in Coal Creek, Tennessee, which is now known as Lake City.

He was the son of the late Charles Wallace Dew and Lee Parks Dew. He married Eleanor Marie Cooper and they had three children, Carolyn, David and Edward.

Carl was a 1941 graduate of the Louisville College of Pharmacy which is now known as the University of Kentucky.

He served with the U.S. Navy in the South Pacific during World War II and went onto owning the Corner Drug Store in Lake City.

He was involved in numerous professional, community, business, and church activities during his lifetime.

He received the national pharmacy Bowl of Hygeia Award in 1963 for community service and was named Tennessee Pharmacist of the year in 1979.

He was president of the Tennessee Pharmacists Association in 1973 and served as chairman of the professional relations chairman for the National Association of Retail Druggists.

In 2007, Senator Randy McNally, a fellow pharmacist, recognized Carl on the floor of the Tennessee Senate with a joint resolution to honor and congratulate him on his many years of service as an outstanding pharmacist.

He served two terms on the City Council in Lake City and was Scout Master of Boy Scout Troop 122 for eight years. He was a past president and 50-year member of the Lake City Lions Club and a 50-year member of Coal Creek Masonic Lodge 492 and the Scottish Rite.

He was a Sunday school teacher for 40 years at the First Baptist Church of Lake City.

In 1995, Carl received the Mayor's Award in recognition of his civic and business leadership in Lake City.

In 2009 Carl was inducted into the Anderson County Hall of Fame receiving the award for Lifetime Achievement.

Now you ask was Carl Dew a true Hometown Hero? The answer would be, Yes!



Carl Dew

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## Random Helpful Tips

By Stephanie Wells

Tis the season for all kind of "fresh" smells such as the flowers blooming, recently cut grass, bar-b-que grilling and some not so pleasant smells, i.e. skunks.

I recently accidently hit a skunk with my car. After several days of burning eyes, almost getting sick over the smell and driving my husband's truck, I sought out a solution.

Here is what I found. Mix one quart of three percent hydrogen peroxide, ¼ cup of baking soda and one to two teaspoons of liquid dish detergent and wash the affected area.

**WARNING!!!** Mix the ingredients in an open container. NEVER, EVER mix these ingredients and put it in a closed container. Also, use the mixture immediately and dispose of all unused mixture. If you wait, it will lose its effectiveness. The mixture is safe to use on animals but never ingest the combined ingredients.

When I come across this helpful tip, I found some other great tips.

Such as, if you have a piece of clothing with contrasting colors, i.e. red and white, and you are afraid the colors will run when washed, soak the clothing in warm salt water for about 20 minutes before washing for the first time. If you want, you can add salt to your washing machine on the soak cycle.

This summer, add baby powder to your beach bag. It helps get sand off which is great for the whole family.

Here is a great tip to recycle candle jar. They are making candle jars a lot prettier these days but it is easier to throw them away then fool with getting the wax, soot and the label off.

Not anymore. Put the jar in the freezer for a least a hour. Take it out and chip out the wax. Freezing the jar shrinks the wax. Also, peel of the label. It should come off easier after sitting in the freezer.

If there is residual wax and soot, clean it off with a cotton ball dipped in vinegar, baby oil or olive oil. Wash and VOILA, a cute and useful jar.

I rarely boil noodles without boiling over the water. I read that if you put a wooden spoon over the boiling pot, it won't boil over. I am surprised to see that it really worked. Saves a lot of clean up time.

## Council's Corner

by Andrew Howard, Lake City Councilman

We hope you and your family had a blessed Easter Holiday this year. Some new changes have taken place at the city this month as we welcome Kim England as our new City Recorder. Kim has a strong background in accounting and finance administration; she has budgetary and managerial experience as well. We are glad to have her as our City Recorder and welcome her to the City of Lake City!

City Council is working to replace some of our dated equipment in just about every department. This will help us to be more efficient and require much less repair costs.

Lake City is encouraging a clean community. If we all take an effort to pick up trash in our neighborhoods then we will look even more beautiful to visitors and residents alike! The Life Cubed of Anderson County spruced up Lake City by picking up trash on some of the city's properties. The areas included, the banks of Coal Creek, City Hall and the Lake City welcome sign. We thank them for their community service project and if any organization is interested in a community service project, please call City Hall and leave you contact information.

Lake City Police Department worked with state and local agencies during a drug case, "Operation Meth-odical Destruction," which led to the indictment of 42 people. Congratulations on your hard work and dedication to keep our streets safe.

The PD also received the Governor's Highway Safety Grant of \$5000. They purchased several iPads for their patrol cars for state reports. Also with cooperation of E911, a new recorder for the phones was able to be purchased for a total of \$22,000. These grants and purchases did not cost the City ANY money.

Baseball signups have ended and the Spring Jamboree will be April 6<sup>th</sup> at 9am. Softball signups are open right now and meetings for interested teams will be held on April 4<sup>th</sup> and April 11<sup>th</sup>. Team fees are \$360 for Men and \$390 for Women and are due at registration. Softball games start April 15<sup>th</sup>. For more information, call or stop by the community center 865-426-7914.

Lake City is progressing into a "Bright Future." We are striving to provide the best services that we can offer and work to better the community. If you have any questions, comments or concerns, feel free to come to the City Council Meeting. If you cannot attend feel free to call City Hall and leave a message for one of the Councilmen. We would be glad to hear from you-after all, **YOU** are who we represent.

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## New Camping Reservation System for Tennessee State Parks

By Lauren Baghetti, Park Ranger, Norris Dam State Park

Camping at Tennessee State Parks will be a little different from now on. Campsites are no longer "first come first serve," but are now made with reservations.



[www.tnstateparks.com](http://www.tnstateparks.com)

now go on-line and pick which site they want that best fits their needs.

Two, campers who are traveling a long distance know they have a campsite after a long day of driving.

Third, payment for sites can now be made with a credit card, both on-line and at the campsite! Campers who show up without a reservation can still pay with cash or check.

There are several ways to make a reservation. First, campers can make them on-line in the comfort of their home. The website for Norris Dam is <http://tn.gov/environment/parks/NorrisDam/> then click on the link "Norris Dam Campground Reservations."

OR to view a list of Tennessee State Parks with campgrounds visit <http://www.tn.gov/environment/parks/> and click on the camping icon.

From there, enter the reservation dates. Maps of the each campground and a list of the campsites are available. The website has information on each campsite including rates, dimensions, surface, access, hookups, and pictures.

Campers can also call the park office and talk with park staff to make a reservation.

There are a few changes with this new system. Campers now pay in advance instead of upon arrival. There is also a small price change.

The following prices are for Norris Dam State Park. Prices for other parks may vary depending on the type of campsite. All rates are subject to change.

- Primitive Sites/Tent Only: \$11.00 + tax
- Sites with Electric and Water Hookup/Including Camping Units and Tents: \$20.00 + tax
- \$3 surcharge for reservations made in advance
- Discounts available for Tennessee state employees and teachers, Tennessee seniors, handicap, active military and Tennessee National Guard. Discounts can be given on-line. If campers qualify for discounts, proof of verification will be required upon arrival.

Reservations can be made up to one year in advance. On-line reservations must be made 24 hours prior to stay. Reservations can be made on the day of arrival only by calling the park office during operating hours.

To make this transition smoother please follow these suggestions. Make advance reservations. Once campers arrive do not move from the reserved site to another site. If reservations are not made, set-up in the designated "first come first serve sites," marked with red posts. Do not set up in sites set aside for reservations. A park ranger will check in these campers in the evening.

For questions and to make camping reservations call the park office at (865) 426-7461.

The new reservation system is now place at every Tennessee State Park campground. Before camping season kicks off with Memorial Day weekend please be familiar with the new system to ensure a pleasant camping weekend.

In talking with campers from the area, across the state, country, and even the continent, many are excited about the reservation system. For one, on holidays and busy weekends campers no longer have to worry about whether campsites are available and if it will accommodate their camping unit. They can

## Appalachian Art Classes

The Appalachian Arts Craft Center is offering the following classes in April and May.

**Introduction to Crocheting** with Brenda Bottoms on Saturday, April 27 and Saturday, May 4 from 10:00 a.m. to 1:30 p.m. Be sure to bring a lunch for the question and answer session. If you have always wanted to learn to crochet but never taken the time or if you need to refresh your crochet skills, then this beginning class is for you. Brenda Bottoms is an accomplished crochet artist who enjoys teaching others her techniques to make the perfect crochet piece. There will also be follow up intermediate classes available if you want to continue to learn more advanced skills. The registration deadline for the introduction class is April 20. The cost is \$55 for members and \$65 for non-members. There is a materials fee of \$10 to be paid to the teacher at the first class and includes a skein of yarn and a hook.

**FIRST LINE - FIRST PAGE - FIRST CHAPTER**, with Kathleen Fearing on Thursday, May 16 from 6 to 8 p.m. Published writer and poet Kathleen Fearing will talk about writing techniques and tricks of the trade to get you motivated and to improve your writing. This will be an interactive class between the teacher and the students. Students are welcome to bring a piece of writing, but it is not necessary. Kathleen Fearing is a teacher and the author of several children's books and books of poetry. The registration deadline is May 9. If you register and pay by April 30<sup>th</sup>, the cost is \$15 for Craft Center Members and \$20 for nonmembers. After April 30<sup>th</sup>, the cost is \$20 for members and \$25 for non-members.

**Jewelry 101**, with Kathy Seely on Saturday, May 18 at 2:00 to 4:00 p.m. Make a present for Mom while you learn the basics of jewelry making. This class will teach you how to correctly use the parts that hold jewelry together so that your jewelry designs are secure and wearable. You will use beads, headpins, jewelry wire, clasps and jump-rings and learn the use of basic jewelry tools. You will design your own earrings, bracelet, necklace or whatever else you want to work on during the class. Students should be able to complete at least two pieces of jewelry. All materials will be provided but if you have special beads, charms, etc that you would like to incorporate into your design, you may bring them. Registration deadline is May 18. If you register and pay by April 27<sup>th</sup>, the cost is \$35 for Craft Center members and \$40 for nonmembers. After April 27<sup>th</sup>, the cost is \$45 for members and \$55 for non-members. There is a materials fee of \$5 to be paid to teacher at the first class.

**Handbuilding with Clay**, with Janet McCracken on May 24 and 31, June 7, 14 and 21 plus one other Friday to be determined, from 10 a.m. to 1 p.m. This is for students new to clay who want to see if it's a craft they'd like to pursue, as well as for students who have had some experience with clay but would like to try more techniques in handbuilding. Long-time potter and teacher Janet McCracken will cover several techniques like pinching, coil, and slab, and students will get to make several pieces over the first four sessions. Members of the class will decide on a mutually acceptable date where everyone can come back and glaze the pieces. This is a good class for students to have before exploring pottery on the wheel.

The registration deadline is May 17<sup>th</sup>. If you register by May 10, the cost is \$40 for Craft Center members and \$50 for nonmembers. After May 10 the cost is \$50 for members and \$60 for nonmembers. All students must also pay a \$40 studio fee to the Pottery Department on the first day for clay, glaze and firing.

The **KID'S CRAFT CAMP** will be June 17<sup>th</sup> through 21<sup>st</sup> from 10:00 a.m. to 2:00 p.m. The camp is for children ages 7 to 12. This camp teaches children about traditional Appalachian crafts as well as contemporary crafts. This year, the camp will have projects like weaving, sewing, making baskets, making recycled paper, and other paper crafts. All crafts are suitable for boys and girls. Kids need to bring a packed lunch each day. If you register by June 3<sup>rd</sup>, the cost is \$85. After June 3<sup>rd</sup> the cost increases to \$95. Some scholarships may be available. Call for more information.

For information about the center and the classes, call 865-494-9854 or visit [www.appalachianarts.net](http://www.appalachianarts.net).



Judy Bocknek

## My Story by Curtis Long

With the prom and graduation coming up, we thought that Curtis Long's, a life-long resident of Lake City, story was relevant.

"Twenty-one years ago this past November 1<sup>st</sup>, I made the greatest mistake of my life. I was a young kid who thought I was bullet proof. I had strayed from my raising, from church and Christian values and had become a mean teenager involved in underage drinking and drugs."

"I wasn't raised to be this way but had made a wrong turn in the "Road of Life". In high School I played basketball and baseball and was very popular. I had just been out of school about 6 months when all of this came to happen."

"I fell into a life of underage drinking, sneaking it from my parents and running around getting into things I shouldn't be doing at the age of 18. Myself and 5 other teenagers were out drinking and driving, having what we thought was just another party night. We stopped at a little road side store where I bought some more beer. We climbed back in the car and off we went. We were in my friend's new Mustang GT."

"We had been flying all evening trying to impress the girls that were with us as young, dumb teenagers do, burning tires, cutting doughnuts and flying up back roads at breakneck speeds. The last thing I remembered was asking my buddy if he was ok because he was driving crazy. I asked if he wanted me to drive. He just looked at me and replied "no I'm good."

"The last thing I remember after that was looking down and seeing the speedometer around a 100 mph on Dutch Valley Road going by Marlow Fire Dept. The next thing I knew I was waking up three days later out of a coma."

"I had no idea what had happened. I thought I had gotten real sick because I had the flu the week before. I had a pretty bad head injury so my brain just wasn't working right. I couldn't put the pieces together on what was going on. I felt this pulling on my head, reached up and there was 2 bolts coming out of my head with a big piece of metal around it with weights hanging of it to keep my neck straight in traction. I was cut all to pieces all over with gashes from head to toe."

"Then I proceeded to look down and saw staples running all the way down my chest. I still couldn't wrap my head around what was going on. About this time, I went to pull my legs up and nothing happen. They wouldn't move and I realized I could not feel them either."

"I had tubes running in and out of everything I had. I burst into tears, crying and screaming. The nurses came in running, trying to calm me down."

"I punched one of them because I thought, in my mind, at the time, they were trying to hurt me more. They immediately gave me a shot that knocked me back out."

"Over the next few days I was in and out of consciousness. I had no idea who I was, where I was or what was going on. Everything felt like I was dreaming and floating around. I really thought I had died, my head was so messed up. I didn't know anything or anybody. I finally got to where I could stay conscious without passing out."

"The Doctor came in and said they were about to put a Halo on me. I had no idea what that was but he said prepare yourself this will be the worst pain you have ever been through. He then informed me I could have no pain meds because of my life threatening situation. A few minutes later a group of doctors and nurses came in my room with this monster looking body cast with all metal at the top in a circle."

"Two nurses had leather straps with which they strapped my hands down to the side of the bed. They then proceed to put the body part on all around me. They put some bolts together to hold the Halo up in place while they got it ready. Then the doctor looked at me and said I'm sorry and stuck a large tongue suppressor wrapped with tape to my mouth and said to bite on it."

"When I heard the drill start, I started crying. I knew what was coming. The doctor started drilling 4 holes in my head one at a time. I have never felt pain like that in my life nor screamed as loud as I did at that time."

"The pain was simply unbearable and my eyes were stinging from what I thought was tears but later found out was from blood dripping in them. Everyday after that, they came in with a allen wrench and tightened the bolts by hand. Not only did that hurt so bad but as the screw turned it would only turn so far twisting my skin until it ripped and popped back."

"The doctor came in and said "Curtis, I am sorry but you will never walk again" and turned and walked out. I layed in my bed and cried like a baby for what seemed like days."

"I was in the hospital for a long time and my head injury took a long time to heal. I refused to eat and got down to under 100 lbs. They had me on a feeding tube."

"When I broke my neck and then laid in bed for so long, I lost all my equilibrium. My body thought that laying down was standing up. So anytime they tried to raise my head, I passed out immediately. They put me on a table that raised a inch at a time everyday for 4 hours.

They would raise me a inch and I would pass out. They would stick smelling salts in my nose to wake me up. As soon as I woke up, they would raise it another inch and I would pass out again. This process was repeated daily."

"There is nothing worse than the feeling you know you're going to pass out but there is nothing you can do about it. I would scream "just give me a minute" to get my breathe but without due they kept at it. They said it had to be done that way to get my equilibrium lined back out. It was a complete immortal living hell."

"After 4 months, I was sent to Patricia Neal Rehabilitation Center which I hated. I hated the world at the time and really just wanted to die. They came in, made me get up each morning at 6 am and try to teach me to dress myself, do rehab, telling me to do this, do that meanwhile my head injury still hadn't healed so I got violent a lot. One guy kept picking and picking, pushing and pushing, which was for my own good but then I wanted nothing to do with it."

"Finally he pushed one too many times and I caught him with a left hook, which left him laying on the floor. The next day I was kicked out of PNR. I was sent home where I lay and felt sorry for myself for two months."

"Finally, I decided I wanted to try to help myself and my head was starting to get back together. Surprisingly, PNR let me go back on the deal I would not punch anyone. There I spent three months learning to live by myself in my own little world at PNR."

"I also learn to drive with hand controls in rush hour traffic for the first time. I have had to fight to stay alive my whole life over being a stupid kid."

"I have almost died more times than I can count on both hands and once this year I have been told by three different doctors I had three or four months to live."

"The reason I am writing this is to tell every child, teenager and adult to stay away from drinking and drugs and to never combine them with driving."

"Your life is so precious. Don't ruin it doing something stupid. I will and have spent my life trying to show others how easy your life could change in the blink of an eye. I will fight to live everyday just so maybe I can make a difference in a child, teenager, or adult's life. To encourage them not to make the same choices I did."

"It's simply not worth it. Put the beer and drugs down, live a life God wants. He will reward you with riches beyond your imagination if you let him in. Twenty-one years of blood sweat and many, many tears from you and your family watching you hurt isn't worth any of it."

"Thanks for taking the time to read this. If you have children or teenagers please read it to them. Share with them and talk about drinking, drugs and everything else. Just don't talk at them, talk with them and listen to THEM. Be there for them, a loving parent could be the difference that keeps them from making the wrong turn like I did."

"With that being said, I have the greatest parents in the world, who have helped me and been there all my life. I owe my life to them and love them both with all my heart. Thank you and God bless."



Mustang GT that Curtis mentions in article

# New Books, CDs and DVDs at Lake City Public Library

## FICTION

"The Twelve: A Novel" by Justin Cronin  
 "The Panther" by Nelson DeMille  
 "Running in Heels" by Anna Maxted  
 "Found" by Shelley Shepard Gray  
 "The Things They Carried" by Tim O'Brien  
 "The Welcome Committee of Butternut Creek" by Jane Perrine  
 "Daybreak" by Shelley Shepard Gray  
 "Grace: A Christmas Sisters of the Heart Novel" by Shelly Shepard Gray  
 "Forgiven" by Shelley Shepard Gray  
 "The Search" by Shelley Shepard Gray  
 "Christmas in Sugarcreek: A Christmas Seasons in Sugarcreek Novel" by Shelley Shepard Gray  
 "The Obituary Writer" by Ann Hood  
 "A Discovery of Witches" by Deborah Harkness  
 "The Legend of Fuller's Island" by Jan Fields  
 "Autumn's Promise" by Shelly Shepard Gray  
 "The Silence of the Lambs" by Thomas Harris  
 "Secrets of Harmony Grove" by Mindy Clark

## Non-Fiction

"Tennessee Trivia" by Jill Couch  
 "Unglued: Making Wise Choices in the Midst of Raw Emotions" by Lysa TerKeurst  
 "Campfire Cuisine" by Robin Donovan  
 "The House That Cleans Itself" by Mindy Clark  
 "The Foxfire Book: Log Cabin Building..." by Eliot Wigginton

## Adult Paperbacks

"Blindsighted" by Karen Slaughter  
 "The Cowboy's Surprise Bride" by Linda Ford  
 "Family Lessons" by Allie Pleiter  
 "Defending the Duchess" by Rachelle McCalla  
 "Kissing Bridges" by Rachael Phillips  
 "Christmas Rescue at Mustang Ridge" by Delores Fossen  
 "Heat Rises" by Richard Castle  
 "Heat Wave" by Richard Castle

## Adult Western Paperbacks

"Preacher's Massacre" by William Johnstone  
 "Longarm and the Banker's Daughter" by Tabor Evans  
 "Down on Gila River: A Ralph Compton Novel" by Joseph A. West

## Adult Biography

"Remembering Whitney: My Story of Love, Loss and the Night the Music Stopped" by Cissy Houston  
 "Sum It Up" by Pat Summitt

## Young Adult Fiction

"Spark: An Elemental Novel" by Brigid Kemmerer  
 "The Iron Queen" by Julie Kagawa  
 "The Scorch Trails" by James Dashner  
 "The Death Cure" by James Dashner  
 "Perchance to Dream" by Lisa Mantchev  
 "So Silver Bright" by Lisa Mantchev  
 "Annexed" by Sharon Dogar  
 "Burn for Burn" by Jenny Han  
 "Unraveled" by Amanda Valentino

"The Amanda Project" by Amanda Valentino  
 "Revealed" by Amanda Valentino  
 "Shattered" by Amanda Valentino  
 "Kiss Me Deadly: 13 Tales of Paranormal Love" by Diana Peterfreund  
 "Chain Reaction: A Perfect Chemistry Novel" by Simone Elkeles  
 "Clockwork Princess" by Cassandra Clare  
 "Stunning: A Pretty Little Liars Novel" by Sara Shepard  
 "Burned" by Sara Shepard  
 "Ali's Pretty Little Lies" by Sara Shepard  
 "The Pirate Captain's Daughter" by Eve Bunting  
 "The False Princess" by Eilis O'Neal  
 "Neferet's Curse" by P.C. Cast  
 "Lenobia's Vow" P.C. Cast

## Juvenile Fiction

"My Life as a Fifth-Grade Comedian" by Elizabeth Levy  
 "Gator on the Loose!" by Sue Stauffacher  
 "Hide and Seek" by Sue Stauffacher  
 "Thea Stilton and the Prince's Emerald" by Thea Stilton  
 "The Big Question" by John Erickson  
 "Cam Jansen and the Graduation Day Mystery" by David Adler  
 "Cam Jansen and the Wedding Cake Mystery" by David Adler  
 "Raymond & Graham: Dancing Dudes" by Mike Knudson  
 "Sophie the Daredevil" by Lara Bergen  
 "Sophie the Snoop" by Lara Bergen  
 "Sophie the Sweetheart" by Lara Bergen  
 "Star Wars, The Clone Wars: The Enemy Within" by Jeremy Barlow  
 "Killer Pizza" by Greg Taylor  
 "Doglands" by Tim Willocks  
 "Alice in Rapture, Sort of" by Phyllis Naylor  
 "Alice in April" by Phyllis Naylor  
 "Alice in-between" by Phyllis Naylor  
 "The Agony of Alice" by Phyllis Naylor  
 "Alida's Song" by Gary Paulsen  
 "Killer Pizza: The Slice" by Greg Taylor  
 "Ghost Messages" by Jacqueline Guest  
 "Scooby-Doo! Museum Madness" by Jesse McCann

## Juvenile Non-Fiction

"The Magic School Bus, Lost in the Solar System" by Joanna Cole  
 "Looking at the Stars" by Donna Bailey  
 "The Notorious Benedict Arnold" by Steve Sheinkin  
 "Piranhas" by Rachel Lynette  
 "Tarantulas" by Rachel Lynette  
 "Rats" by Rachel Lynette  
 "Vampire Bats" by Rachel Lynette  
 "Anacondas" by Rachel Lynette  
 "Scorpions" by Rachel Lynette  
 "How They Croaked: The Awful Ends of the Awfully Famous" by Georgia Bragg

"Ghosts, Specters, and Haunted Places" by Michael Pye  
 "Why Why Why are Lions Lazy?" by Mason Crest Publishers  
 "Why Why Why are Orangutans so Hairy?" by Mason Crest Publishers  
 "Why Why Why do Magnets Push and Pull?" by Mason Crest Publishers

## Children's Books

"I Always Wear My Helmet" by Diane Pappas  
 "Merry Christmas, Grumpy Bunny" by Justine Korman  
 "Springtime in Bugland" by David Carter  
 "Pinkalicious and the Pinkatastic Zoo Day" by Victoria Kann  
 "Barbie: I Can Be President" by Christy Webster  
 "Monkey Play" by Alyssa Capucilli  
 "Thomas the Train: Secret of the Green Engine" by W. Awdry  
 "Dixie wins the Race" by Grace Gilman  
 "Henry goes Skating" by B.B. Bourne  
 "Splat the Cat: The Rain is Pain" by Amy Hsu Lin  
 "Katy Duck meets the Babysitter" by Alyssa Capucilli  
 "Olivia builds a House" by Maggie Testa  
 "Secret Santa" by Margaret McNamara  
 "Inch and Roly make a Wish" by Melissa Wiley  
 "Meet Tedy Rex!" by Bonnie Williams  
 "A Snow Day in Bugland" by David Carter  
 "Penny and her song" by Kevin Henkes  
 "Annie and Snowball and the Thankful Friends" by Cynthia Rylant  
 "Big Bear, Little Bear" by Susan Amerikaner  
 "A Mother's Love" by Melissa Lagonergo  
 "The Perfect Pumpkin Hunt" by Gail Herman  
 "Fergus's upside-down day" by Tony Maddox  
 "I Spy with My Little Eye" by Edward Gibbs  
 "Our librarian won't tell us anything!" by Toni Buzzeo

## Books on CS

"Shadow Woman" by Linda Howard  
 "The Last Victim" by Karen Robards  
 "Flight Behavior" by Barbara Kingslover  
 "Private Berlin" by James Patterson  
 "Sum it up" by Pat Summitt  
 "Shiver" by Karen Robards  
 "Until the End of Time" by Danielle Steel  
 "The Next Always" by Nora Roberts  
 "The Last Boyfriend" by Nora Roberts  
 "The Perfect Hope" by Nora Roberts  
 "Low Pressure" by Sandra Brown  
 "Zero Day" by David Baldacci  
 "Alex Cross, Run" by James Patterson  
 "The Black Box" by Michael Connelly  
 "Suspect" by Robert Crais  
 "The Forgotten" by David Baldacci  
 "Tuesday's Child" by Fern Michaels

## DVD'S

"Bad Love"



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