

Funding Awarded for Road Upgrades for State Route 116

State Representative John Ragan announced that Anderson County is on a Tennessee Department of Transportation (TDOT) list to receive road upgrades to State Route 116.

In total, TDOT will invest \$1,208,000 into the project. Repairs to Route 116 will begin in the New River community and stretch to the county line.

"This upgrade to Route 116 is desperately needed," said Representative John Ragan. "I am grateful to TDOT, County Mayor Terry Frank, and County Commissioners Tim Isbel and Zach Bates for helping make this project

possible."

Repairs to State Route 116 are expected to begin in the second quarter of the 2013 fiscal year. The state and federal funds that will pay for the upgrades are the result of a TDOT study requested by Representative Ragan during the summer of 2012.



Section of State Route 116

"This is an example of what state government can accomplish when working together with local

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officials," said Anderson County Commissioner Tim Isbel.

Route 116 has been a focus of Isbel's since first taking office as County Commissioner.

"Road projects are essential to a healthy community and I am extremely pleased that Representative Ragan and TDOT have recognized the need for this very important safety upgrade," Isbel concluded.

Volunteers from Anderson, Campbell, Claiborne, Grainger and Union Counties are joining together to clean up Norris Lake on March 23, 2013 from 9 a.m. to 1 p.m.

During previous cleanups, volunteers have collected and properly disposed of typical household trash, tires, couches, televisions, kitchen

appliances and construction materials including siding and shingles. At last year's clean up, volunteers collected enough trash to fill up several roll off dumpsters like the ones used at construction sites.

"We like to conduct the clean ups in the spring while the water levels are low because we can capture the trash that has been beached on the shoreline when the water receded in the fall and winter," said Julie Graham, President of Union County Chamber of Commerce.

"We are excited about this five county cleanup because Norris Lake is not only a tourist destination, it is also a very large economic driver for our five counties,"

said Stephanie Wells, Director of Tourism for Anderson County. "I grew up camping and tubing on Norris Lake and I hate to see people using it as a garbage dump."

This year there will be several "Launch Sites" located in each of the five counties where volunteers can meet to receive training on the proper way to dispose of waste and receive garbage bags.

In Anderson County, volunteers can meet at Norris Dam Marina,

ACTV is Now Online and On-Demand

Viewers now have the option of watching Anderson County's community television channel live and previously recorded shows online.

"These are exciting features that we have worked for years to achieve, the technology was available... just not affordable... until now," said Johanna Whitley, Director of ACS's Office of Technology.

To watch the station live, click the "Watch ACTV Live" button located on the right side of Anderson County School's website at www.acs.ac.

Once on the ACTV website, just click to watch the station live on your desktop computer, laptop, iphone, ipad, droid phone or droid pad by connecting to a high speed Internet connection (WiFi or cabled connection.) This service will not work with a cellular



connection; you must have a WiFi or cabled connection.

Viewers can also watch ACTV's

previously recorded shows which include the Anderson County Commission meetings, Anderson County Board of Education meetings, Clinton City Council meetings, sport events, sport shows, graduations, school plays, community parades, etc.

To watch shows on demand, visit the school department's website at www.acs.ac. Click on "Watch ACTV Live".

Once on the site, scroll down to the big blue box and click on the type of show you are interested in watching, click on the title of the show, and then click the "go" arrow to view the show using your desktop, laptop, iphone, ipad, droid phone or droid pad by connecting to a high speed Internet connection (WiFi or cabled connection.).

This service will not work with a cellular connection, you must have a WiFi or cabled connection.

Five County Norris Lake Cleanup

Anderson County Park, Sequoyah Marina or Stardust Marina.

There will be a limited supply of gloves available so volunteers are encouraged to bring their own gloves and to wear proper shoes with thick soles for climbing the lake banks.

The Tennessee Valley Authority will be providing dumpsters at each of these sites so that the garbage can be disposed of

properly.

The Launch Sites can be found by visiting www.lakenorris.org/lakecleanup.

Also if you are interested in nominating a site on Norris Lake where there is a lot of trash, you can visit the website at www.lakenorris.org/lakecleanup and nominate the site to be cleaned up.

"We are also encouraging anyone with a boat to come out and help because the largest amount of garbage can be found on the islands," said E.L. Morton, Director of Campbell County Chamber of

of shoreline so we need a lot of volunteers."

The launch sites all have access for boats to launch.

If you are interested in volunteering, visit www.lakenorris.org/ lakecleanup for the locations by county, where you can meet with other volunteers, and to sign up to receive instructions and supplies. You can also call toll free to 800-524-3602 for more information.



Just a portion of the garbage collected at previous cleanups

up for the Laker News Online at www.lakecitychambertn.c

March 2013

Lake City Municipal Meetings

March 5	Basic Computer Class at Lake City Library 11 a.m. to 12 noon
March 9-11	Marlow Volunteer Fire Department's Spring Rummage Sale
March 9	Clinch River Chapter of Trout Unlimited Roadside Cleanup on Highway 441 starting at 9 a.m.
March 9	Training for Red Cross Workers at Main Street Baptist Church from 9 a.m. to 12 noon
March 9	Great American Cleanup Volunteer Signup 9 a.m. to 12 noon
March 9	Free CPR Class at Lake City Municipal Building 10 a.m. to 3 p.m.
March 9	Marlow Volunteer Fire Department's Chili Supper at Grand Oak Elem. School at 6 p.m.
March 12	Lake City Chamber Coffee at Lake City Library 8 a.m. to 9:30 a.m.
March 12	Basic Computer Class at Lake City Library 11 a.m. to 12 noon
March 12	City Court at City Hall at 7 p.m.
March 14	Water and Sewer Committee Meeting City Hall at 9 a.m.
March 19	Basic Computer Class at Lake City Library 11 a.m. to 12 noon
March 19	Planning Commission Meeting at City Hall at 7 p.m.
March 20-24	Lake City Christian Fellowship's 8th Annual Spring Conference-times vary
March 21	Common Threads Needle Club at Lake City Public Library from 10 to 11 a.m.
March 21	City Council Meeting at City Hall at 7 p.m.
March 22	Variety Show Tryouts at Lake City Elementary School
March 23	Five County Norris Lake Clean Up-9am to 1pm www.lakenorris.org
March 25	Book Discussion Group at Lake City Public Library from 10 to 11 a.m.
March 26	Basic Computer Class at Lake City Library 11 a.m. to 12 noon
March 29-30	Lake City Public Library Closed
April 6	Friends of Lake City Public Library Sidewalk Rummage Sale from 8 a.m. to 2 p.m.
April 9	Kindergarten Round Up at Lake City Elementary School from 8:30 to 11:30 a.m.

Send Us Your News

The Laker News is published by volunteers who are not always able to gather all of the news happening in Lake City. Therefore, we are asking for your help. If you are at an event, please take a picture and email it to the Laker News at info@lakecitychambertn.com with the details of the event. Also, if you are involved in an organization or group that is planning an event in Lake City, please email or call the Laker News with the details. There is no event too big or too small to let us know about.

CHAMBER NEWS

Coffee at Lake City Library

The Friends of the Lake City Library will be hosting the March Lake City Chamber Coffee on March 12, 2013 from 8 a.m. to 9:30 at the Lake City Public Library located at 226 North Main Street, Lake City.



This is a great opportunity for chamber members to network with other chamber members. If you are interested in joining the chamber, please feel free to attend this event.

Annual Dinner

Wayne Phillips, Pastor of Main Street Baptist Church, spoke at the Lake City Chamber's annual dinner on February 28th. He inspirationally spoke about how he has a dream for Lake City.

"You first have to have a dream," said Phillips. "If you don't have a dream and a passion for what you are doing, you will never accomplish your goal."

There was also an auction conducted by Bear Stephenson with Stephenson Realty and Auction.

The proceeds from the ticket sales for the dinner and the funds raised from the auction will be reserved for the chamber's scholarship program. Two scholarships will be rewarded this year to two Anderson County graduating seniors that attended Lake City Middle School.

The chamber would like to thank everyone that attended, bought auction items and donated auction items.

"With the help of everyone that attended and donated we more than exceeded our goals," said Maria Hooks, Lake City Chamber Chairperson. "This is the first year that we have offered scholarships and we are so grateful that we not only raised more than we thought for this year, we have seed money for next year."

If you would like to make a donation to the Lake City Chamber Scholarship Fund, visit www.lakecitychambertn.com to donate online or mail a check to P. O. Box 1054, Lake City, TN 37769. Please designate on the check that the funds are for the scholarship program.

This paper is published by the Lake City Chamber of Commerce monthly and is free to the public.

Lake City Chamber of Commerce P. O. Box 1054 Lake City, TN 37769 865-426-9595 Fax 865-457-4545 info@LakeCityChamberTN.com

Please submit events and content information by email or fax.

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Lake City Chamber Member's Rates

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Classified Advertisements available to \$5 per line

Contact the Lake City Chamber of Commerce for multi-month discounts

Lake City Library News

The Lake City Public Library will be holding basic computer classes every Tuesday from 11 a.m. to 12 noon.

The Common Threads Needle Club will be meeting at the Lake City Library on March 21, 2013 from 10 to 11 a.m. and the book discussion group will be meeting on March 25, 2013 from 10 to 11 a.m.



March 2013

The library will be hosting the Volunteer Income Tax Assistance program again this year. This is a free preparation program for the

community. Call the library at 865-426-6762 to make an appointment. The Library will be closed on March 29 and March 30, 2013 for the Easter Holiday.

Friends of Lake City Library Sidewalk Rummage Sale

The Friends of the Lake City Library will be having a Sidewalk Rummage Sale on April 6, 2013 from 8 a.m. to 2 p.m. Most items will only be a dollar.



Funds raised will help support the children's computer program. Plan to come early for the best bargains.

Marlow's Spring Rummage Sale

Marlow's Spring Rummage sale will be on March 9th,10th and 11th, All funds will go to benefit the Marlow Volunteer Fire Department. Call Lin Chilcoat at 865-457-7846 for more information.

Marlow's Chili Supper

Marlow Volunteer Fire Department has scheduled their chili supper for March 9th, 2013 at Grand Oaks Elementary School at 6:00 p.m. The cost is \$5.00 per person. Mark your calendars for an evening of food and fun! Call Lin Chilcoat at 865-457-7846 for more information.



Volunteers Needed

The Clinch River Chapter of Trout Unlimited will be hosting a Roadside Cleanup on March 9, 2013. Volunteers can meet at 9 a.m. at Island Home Baptist Church located on Highway 441 near the River Road junction. Doughnuts, coffee, safety vests and grabbers will be provided. For more information, please call 865-494-7771. The event will proceed rain or shine.

Free Community CPR Class

Anderson County EMS is holding a free CPR Class for citizens cosponsored by Lake City Fire Department, Saturday, March 9th from 10:00 a.m. to 3:00 p.m. at City Hall in Lake City. Lunch will be provided. Participants must register by calling 865-457-8609 or emailing cpr@andersonems.com.



Church NEWS

The information below was submitted by the churches in and around Lake City. If you would like to submit information about your church's activities, please email the information to info@lakecitychambertn.com or call 865-426-9595 and leave a message with the details of your church's activities.

Main Street Baptist Church's Family Life Center has been designated as a Red Cross shelter in times of need and emergencies. Volunteers are needed who would be willing to help operate the shelter, if the need should arise. Volunteers can receive the training needed at the church on Saturday, March 9th from 9:00 a.m. to 12:00 noon.



Red Cross Please contact the church at 865-426-2184 or visit www.msbclc.com. Lake City Christian Fellowship would like to invite everyone to the

8th Annual Spring Conference on March 20th through 24th, 2013. There will be many great speakers including Bishop David Huskins, Dr. Lynn Hiles, Pastor Paul White and Bishop David Levister

The worship times will be Wednesday at 7:00 p.m., Thursday at 10:00 a.m. and 7:00 p.m., Friday at 10:00 a.m. and 7:00 p.m., Saturday at 10:00 a.m. and 7:00.p.m and Sunday at 10:30 a.m.

Lunch will be served on Thursday and Friday after the morning services. A youth fundraiser lunch will be served after the Saturday morning service. Donations will be appreciated.

A light snack will be served after the Wednesday, Thursday and Friday night services.

For more information, please call the church at 865-426-6544 or visit www.lccfchurch.org.



The Laker News would like to wish a Happy Birthday to Lake City employees Birthday AJ Powers, Police Dispatcher, on March 28th, Greg Woods, Assistant Police Chief on March 28th and Sam Bailey, Fire Chief on March 31st.

Progress on Briceville Public Library

Submitted by Briceville Building Project Committee Even with rainy days in December and January, great progress is

being made on the new Briceville Public Library building. Soon the roof and exterior walls will be completed. You may follow the construction progress in pictures on Facebook by searching for Briceville Library Building Project. Estimated completion is late May or first week of June.

There is still time to honor a special someone to you or the community by purchasing an engraved brick that will be part of the foyer wall in the new library. Each brick is \$100 and can hold three lines of 18 characters each. Proceeds will go toward the purchasing of library furniture.

Forms may be found on the Briceville Library website or you may simply send a check along with engraving information to Briceville Library Building Fund, PO Box 416, Clinton TN 37717. March 29th is the deadline for ordering a brick.

Give a gift of remembrance that lasts for years to come!



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March 2013

Oak Ridge Heritage and Preservation Association Welcoming Truman's Grandson

The Oak Ridge Heritage and Preservation Association is proud to host journalist Clifton Truman Daniel, Harry S. Truman's oldest grandson, at a special speaking engagement Thursday, March 28, 2013 at 7 p.m. at the Y-12 New Hope Visitors Center, located at 602 Scarboro Road..

Clifton Truman Daniel will share his understanding of the background behind his grandfather's decision to use the world's first atomic weapons made with uranium from Oak Ridge.

He will also share his insights into the private moments of Harry S. Truman's life after he left the White House. In addition, Daniel will tell attendees about his family's recent trip to Japan in 2012 for the 67th anniversary of the bombings and his desire to learn both sides of the story by visiting Hiroshima, Nagasaki and Oak Ridge.

"I think it's important that both sides get to tell their stories and both



sides listen to those stories," says Daniel. Clifton Truman Daniel is the son of the late E. Clifton Daniel Jr., former managing editor of the New York Times, and Margaret Truman, a best-selling mystery writer.

He wrote the 2011 book Dear Harry, Love Bess: Bess Truman's Letters to Harry Truman, 1919-1943 and the book, Growing Up With My Grandfather: Memories of Harry S. Truman.

He is the former public relations director for the Harry S. Truman College in Chicago and was also a feature reporter for The Wilmington Star News in Wilmington, North Carolina. Daniel and his wife have three sons and live in Chicago.

Clifton Truman Daniel

A reception will be held in the New Hope Center lobby immediately after the speech. Attendees will have the opportunity to meet Clifton Truman Daniel, ask questions and tell their personal stories from living and working in the Secret City.

"I'm excited and happy to tell the people of Oak Ridge anything about my grandfather. However, this trip is going to be a great education for me as well. I'm looking forward to being there, hearing from the people of Oak Ridge and learning the stories of this community," says Daniel.

Tickets for this special speaking event are available for \$20 each and can be purchased online by visiting the ORHPA website at www.orhpa.tix.com. Purchased online tickets can be picked up at the door the night of the event. Paper tickets may also be purchased at The Ferrell Shop at 235 Jackson Square in Oak Ridge.



Keep Anderson County Beautiful 2013 Great American Clean-up Challenge

Keep Anderson County Beautiful (KACB) invites all residents of Anderson County to drop by the Great American Cleanup Kickoff to sign-up to participate in the annual, national Great American Clean-up on Saturday, March 9, in Norris, in front of the Norris Post Office from 9:00 a.m. to 12 noon.

This is a membership drive for Keep Anderson County Beautiful (KACB). For a \$25 donation, individuals can become an active part of Keep Anderson County Beautiful and receive a free t-shirt, a litter grabber, litter awareness information and refreshments.

Participants are encouraged to signup at the kick-off to take the challenge.

The Challenge is to "Go Greener & Cleaner with Keep Anderson County Beautiful."

The goal is for 400 volunteers to join KACB to clean up $\frac{1}{2}$ ton of litter in the month of March. That is 25 lbs per individual.

Civic groups, individuals, families, neighborhoods, churches, youth groups and businesses are urged to accept the challenge.

To register in advance of the kick-off or afterward, please contact KACB at (865) 264-0648. Free clean-up materials are available from KACB. Together we can make a big difference in awareness of the importance of a litter-free community.

Recipe: Mashed Cauliflower Au Gratin

If they don't know they are eating Cauliflower, don't tell them.

Ingredients:

- 2 large heads cauliflower, broken into florets
- 1-1/2 cups shredded Parmesan cheese
- 1 cup shredded Colby-Monterey Jack cheese
- 6 tablespoons butter, cubed
- 3/4 teaspoon garlic salt
- 1/2 teaspoon Montreal steak seasoning

Topping

- 1 cup (4 ounces) Italian-style panko (Japanese) bread crumbs
- 1/4 cup butter, melted

Directions

Place cauliflower in a stock pot; add water to cover. Bring to a boil. Reduce heat; simmer, uncovered, for 10-12 minutes or until very tender. Drain; transfer to a large bowl. Mash cauliflower; stir in cheeses, cubed butter and seasonings. Transfer to a greased 13" x 9" baking dish.

In a small bowl, mix bread crumbs and melted butter until evenly coated; sprinkle over cauliflower mixture. Bake, uncovered, at 350° for 40-50 minutes or until heated through and topping is golden brown. Yield: 12 servings (3/4 cup).



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March 2013

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The Beginning of Spring

By Charlotte Martin Written, February 10, 2013

Lo the winter is past The voice of the turtle dove heard throughout the land. Things that are dormant By God's nature, taking on new life again – It's the beginning of spring.

Christ's all-wise precision controls the seasonal We can safely trust in Him, rejoice and sing! Lo, the winter is past and gone It's the beginning of spring.

Echo Valley, God has given to us as our homeland Has taken on a new appearance Birds are singing, trees and flowers are budding again. Lo, the winter is past It's the beginning of spring.

We, too, who are tired and weary as the winter Can take new hope again Through spring's reclamation-a restoration! Lo, the winter is past It's the beginning of spring!

vinter

Congratulations Boys & Girls Club



Boys & Girls Clubs of North Anderson County is honored to receive \$1,000 from The Allstate Foundation in honor of the volunteerism of Mr. David Erb of the Erb Agency in Clinton.

"We are pleased to play a part in David's commitment to making Anderson County a better, safer place to live," said Kelly Hayman, Boys and Girls Club of North Anderson County Facility Director.

The Boys and Girls Club of North Anderson County operates two programs in the county. One at Lake City Elementary School and the other at Norris Middle School.

Mr. David Erb currently serves as Vice Chairman on the Board of Directors for the Boys and Girls Club of North Anderson County.

Also pictured with him are Kelly Hayman, the Director of the Lake City Program, Tim Isbel, the Chairman of the Board, Mark Shaddix the Director of the Norris Program, and Grace Isbel and Katelynn Lemarr who participate in the Lake City Program.

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The Winter Night Sky

By Lauren Baghetti, Park Ranger, Norris Dam State Park

Did you know that with a little research and an imagination we have a story book above our heads every night? The sky.

The stars and planets paint pictures and tell stories that go back to ancient times: Greece, Rome, and even further back to the Sumerians (residents of what is present day Iraq), Babylonians, and Mesopotamians.

People turned to the stars to navigate the waters and land and as a calendar, telling them when to plant and harvest crops and seasonal changes.

The constellations and their stories have traversed thousands of years ending only in the morning when the sun rises.

What is a constellation? A constellation is an area of the sky and the stars within it.

John Mosley, author of *Stargazing for Beginners* compares constellations to states. The state of Tennessee has its boundaries giving it shape, but everything within the boundaries is what makes the state.

Mosley also adds that many constellations do not look like what it is supposed to be. For example, Sagittarius is supposed to be a centaur, half man and half horse, but the constellation looks like a teapot.

This is where your imagination comes in. Connect the dots, or the stars, and picture what the constellation is supposed to be, whether a bear, snake, or person.

One of the easiest constellations you can see in the winter months is Orion, the hunter. Orion is made up of seven bright stars and forms an hourglass.

Betelgeuse and Bellatrix make up

Orion's shoulders, Alnitak (awl-nee-tock), Alnilam (awl-nee-lamb), and Mintaka (mean-ta-ka) make up his belt, Saiph (sai-if) and Rigel (rye-gel) are his knees. Very faint stars make up his left hand which is holding a shield and in his right a club.

Orion was the son of Hyrieus, a poor farmer. The gods blessed him and he was an excellent hunter. He killed animals just for the sport and not for necessity.

Soon Artemis, the goddess of hunting, became offended by his killing and sent Scorpius to kill Orion, but was spared death by Ophiunchus, the healer. Orion realized his error and repented.

Orion and Scorpius were placed in the sky. Orion is found in the winter sky and Scorpius is in the summer sky, always chasing Orion. As one sets the other rises.

Using Orion, you can locate these stars and other constellations, just as you use the Big Dipper to find Polaris, the North Star.

Surrounding Orion are six very bright stars. These stars are also in constellations. To the south east is the star Sirius, which can be found in Canis Major, the dog.



Moving in a clockwise direction is Procyon in Canis Minor, the small dog, Pollux and Caston in Gemini the twins, Capella in Auriga the charioteer, and finally Aldebaran which is in Taurus the bull.

Orion can be seen in the winter months, December to March. Each season brings new constellations and new stories.

There are a total of 88 constellations, set by the International Astronomical Union in 1930. In a year's time you can see many of the 88 constellations, but some are found in the Southern

Hemisphere. To view those you must travel south of the Equator.

Professionals offer a few good tips when observing the night sky. One, find a place with little or no lights from houses, street lights, or cities.

Light from earth pollutes the sky, blocking out light from the stars and moon. The darker the sky is the more stars you can see.

Two, look at the sky during a new moon. The same idea about light from earth is applied to the moon. The moon gives off a tremendous amount of light. During a full moon, few stars are visible.

Three, try to find an area with few trees and houses. Many stars are found along the horizon and objects can block the view. A field, open yard, or a dark parking lot is good place to start.

Four, let your eyes adjust to the dark. You can see more in the dark than you think. When you turn on a flashlight on or turn a phone on you lose your "night vision" or being able to see in the dark.

A few personal tips from me are BE PATIENT. There are a lot of stars in the sky

and it can be confusing when trying to find a constellation. Go out every night and find the same constellation. When you can spot it without any trouble, find a new constellation. During the winter dress warm and bring some hot chocolate. Observing the night sky does not require moving around, therefor your body is not generating heat.

The Knoxville Observers, a group of dedicated viewers of the night sky, often come to Norris Dam State Park to look at the stars and planets.

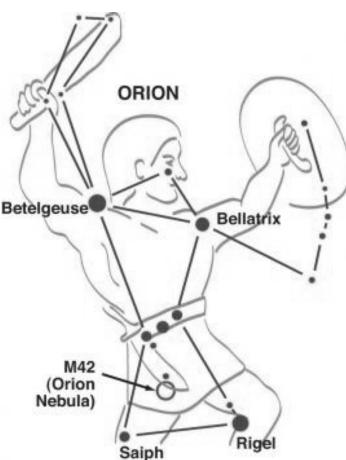
They bring telescopes so you can get a closer look. They set up in the pool parking lot around dusk. For dates when they come check out their website at www.knoxvilleobservers.org/index.html or call the park office at 865-426-7461.

For more information on Orion and other stars and constellations here are a few books that are easy to read for beginners: *A Walk through the Heavens* by Milton D. Heifetz and Wil Tirion, *Stargazing for Beginners* by John Mosley, and *NightWatch* by Terence Dickinson.

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Easter Facts

Christians celebrate Easter as the anniversary of the resurrection of Jesus Christ but the Easter celebration actually originated before the birth of Christ.

The name Easter comes from Eostre, an ancient Anglo-Saxon goddess, originally of the dawn. In pagan times an annual spring festival was held in her honor.

Some Easter customs have come from this and other pre-Christian spring festivals. Others come from the

Passover feast of the Jews, observed in memory of their deliverance from Egypt.

The word paschal comes from a Latin word that means belonging to Passover or to Easter. Formerly, Easter and the Passover were closely associated.

The resurrection of Jesus took place during the Passover. Christians of the Eastern church initially celebrated both holidays together. But the Passover can fall on any day of the week, and Christians of the Western church preferred to celebrate Easter on Sunday, the day of the resurrection.



The date that Easter is observed changes from year to year. In 325 AD the church council of Nicaea decided that it should be celebrated on the first Sunday after the first full moon on or after the vernal equinox of March 21. Therefore, Easter can come as early as March 22 or as late as April 25.

Many Easter customs come from the Old World. The white lily, the symbol of the resurrection, is the special Easter flower. Rabbits and colored eggs have come from ancient pagan times as symbols of new life. The Easter rabbit, a symbol of fertility, and in colored easter eggs, originally painted with bright colors to represent the sunlight of spring, and used in Easter-egg rolling contests or given as gifts.

Easter Monday egg rolling, a custom of European origin, has become a tradition on the lawn of the White House in Washington, D.C.

Spring Cleaning Made Easy

Spring is here and with it is time to do the Spring Cleaning. Spring cleaning involves doing a little more than your typical cleaning routine. Hopefully, the extra chores are ones that you only have to do once a year.

Here are some tips on making your chores easier.

If you have carpet, rent a cleaner or think about having it professionally cleaned. You would be surprised at what builds up in your carpet.

To remove hard-water scale or mildew on showerheads, faucetheads and drains, soak them in vinegar. If the head isn't removable, position a plastic bag filled with vinegar over it and tape it shut.

If there is lime buildup around the bathtub faucet, lay paper towels over the fixture and soak it with vinegar, letting it set for an hour. The deposits will soften and become easier to remove.

To clean chrome, glass or stainless steel appliances, fill a spray bottle with a mixture of 50 percent rubbing alcohol and 50 percent water for a streak free shine.

Over time, mattresses can wear unevenly. So, extend the life of your mattress by vacuuming it and turning at least four times per year, alternating between end-over-end and side-over-side rotation.

It is time to clean your duvet or comforter. We remember to change our sheets regularly but sometimes forget about the comforter.

When changing your clothes out for the season, think about getting rid of winter clothes that you didn't wear this past season.

Now is a good time to go through your refrigerator, freezer and pantry and look for out of date items. You might also want to take a look through your medicine cabinet and look for expired medications.

All homes will swell or shrink with the change of weather. Now is a good time to inspect your house for cracks or spaces around door and window openings. A properly sealed house will cut down on your electricity bill.

You might also want to drag out the lawn furniture and clean it for the upcoming season.

VOLUNTEERS NEEDED FIVE COUNTY **NORRIS LAKE CLEAN UP** March 23, 2013 - 9 a.m. to 1 p.m.



Tons of garbage is dumped on the shorelines of Norris Lake which ends up washed into the water. Help us preserve our greatest natural and recreational resource.



Visit www.lakenorris.org for information on meeting locations or call 800-527-3602

New Books and DVDs at Lake City Public Library

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