Coal Creek Miners Museum Fundraiser

OF COMMERCE

The Coal Creek Miners Museum will host a Chili Supper and Fundraiser on March 29, 2014 at 6 p.m. at Main Street Baptist Church, located at 215 Fourth Street in Lake City to raise funds for the remodeling and display construction of their new building on Main Street.

The event will include live entertainment provided by the Coal Creek Old Time String Bank and a live auction. They will also be unveiling the plans for the remodel.

What: Chili Supper and Live

Auction

When: March 29th at 6 p.m.

Where: Main Street Baptist

Church

"The construction goal of \$500,000 is ambitious and we need everyone's support," said Tim Isbel, Chairperson of Coal Creek Miners Museum Board of Directors.

"We can only achieve this goal with the assistance of generous donation and participation from the community.

You can help in any of three ways. One, you can attend the fundraiser on March 29th and enjoy the food and music and fellowship with friends of Coal Creek. The chili dinner is five dollars per person and children under five eat for free. There will be a live auction.

Two, you can donate items for the auction. If you are willing to donate a gift certificate, a themed gift basket or merchandise from your business, please contact Stephanie Wells at 865-659-2829 or by email at sjawells@comcast.net.

Three, if you can't attend the fundraiser and would like to make a monetary donation for the remolding of the building and the construction of the displays, you can donate online at www.coalminers museumtn.com or mail your donation to the Coal Creek Miners Museum at P. O. Box 49, Lake City, TN 37769.

"We feel that the museum will not only preserve the history of Coal Creek but will also serve as the gateway to Downtown Lake City, the Coal Creek Motor Discovery Trail and the Devil's Triangle which in turn

will be a catalyst for economic growth for the area," said Isbel.

For more information about the museum's fundraiser and building project, visit www.coalminers museumtn.com. The Coal Creek Miners Museum is a 501c3 charitable organization whose

mission is to



Drawing of proposed exterior of the new Coal Creek Miners Museum

preserve, honor, and promote the rich history of Coal Creek and the culture and economic heritage of all aspects of coal mining in East Tennessee utilizing education and outreach to foster economic and community development.

Five County Norris Lake Clean Up

Volunteers from Anderson, Campbell, Claiborne, Grainger and Union Counties are joining together again this year for the Third Annual Five County Norris Lake Clean Up on March 22, 2013 from 9 a.m. to 1 p.m.

During previous cleanups, volunteers have collected and properly disposed of over 15 tons of trash that includes typical house hold trash, tires, couches, televisions, kitchen appliances and construction materials. At last year's clean up, volunteers collected



enough trash to fill up several roll off dumpster like the ones used at construction sites.

"We like to conduct the clean ups in the spring while the water levels are low because we can capture the trash that has been beached on the shoreline when the water receded in the fall and winter," said Julie Graham, President of Union County Chamber of Commerce.

"We are excited about this five county cleanup because Norris Lake

Clean Up (Continued on page 7)

Anderson County Primary Election The Anderson County Primary Election will be on May 6, 2014.

The Anderson County Primary Election will be on May 6, 2014. Early voting will start on April 29, 2014 and end on May 1, 2014. For more information, call 865-457-6238 or visit www.acelect.com.

The following is the list of qualified candidates for the May 6th election:

CHANCELLOR - 7TH JUDICIAL DISTRICT

Republican Candidates Nichole "Nicki" Cantrell Michael S. Farley Phil Harber

CIRCUIT COURT CLERK

Republican Candidate William Jones Democratic Candidate Tyler Mayes

COUNTY CLERK

Democratic Candidate Jeff Cole

COUNTY MAYOR

Republican Candidate Zach Bates Terry Frank Democratic Candidate Jim Hackworth

CRIMINAL & CIRCUIT COURT JUDGE - 7TH JUDICIAL

DISTRICT Democratic Candidate Donald R Elledge

DISTRICT ATTORNEY GENERAL, 7TH JUDICIAL DISTRICT

Democratic Candidate Dave Clark

GENERAL SESSIONS JUDGE - DIVISION 1

Republican Candidate Don A Layton Democratic Candidate Ryan Spitzer

GENERAL SESSIONS JUDGE - DIVISION 2

Republican Candidate Roger Miller

Primary (Continued on page 7)

Sign up for the Laker News Online at www.lakecitychambertn.com

Coal Creek Spring Cleaning Day

Volunteers of all ages are needed to help clean up litter and trash along Highway 116 in the Coal Creek

watershed communities of Briceville, Fraterville, and the Wye on Saturday, March 29 from 9:30am to noon.

Volunteers should meet at Briceville Elementary at 9:30am to sign in, get trash bags and gloves and receive assignments. After picking up trash, volunteers can meet at Briceville Ball Park for refreshments and prizes for those who fill up the most trash bags.



For more information, contact Carol Moore at 865-584-0344.

Lake City Community Events and Meetings Lake City Chamber Coffee at Lake City Library March 11 8 to 9:30 a.m. March 11 Lake City Court at City Hall at 7 p.m. March13 Lake City Water Board Meeting at City Hall 9 a.m. March 17 **Anderson County Commission Meeting** Anderson County Courthouse, Room 312 6:30 p.m. March 17-21 Spring Break for Anderson County Schools March 18 Lake City Planning Commission at City Hall 7 p.m. March 20 Lake City Council Meeting at City Hall 7 p.m. March 22 Five County Norris Lake Clean Up March 29 Coal Creek Miners Museum Chili Supper and Live Auction at Main Street Baptist Church 6 p.m. March 29 and Wildflower Walks at Norris Dam State Park April 5 Various times www.NorrisDamStatePark.com March 30 Lake City Methodist Church Community Dinner 4 to 7 p.m. April 8 Lake City Chamber Networking After Hours Rickard Ridge BBQ from 4 to 6 p.m. April 9-13 Jeep Jamboree at Windrock Park April 12 War at Windrock Two Day 50K April 15 Coal Creek Miners Museum Board Meeting April 24-26 Windrock Park Jamboree April 25 Sheep Sheering Day Museum of Appalachia 10th Annual Clinch River Spring Antique Fair May 2-3 Anderson County Emergency Preparedness Fair May 10

Send Us Your News

The Laker News is published by volunteers who are not always able to gather all of the news happening in Lake City. Therefore, we are asking for your help. If you are at an event, please take a picture and email it to the Laker News at info@lakecitychambertn.com with the details of the event. Also, if you are involved in an organization or group that is planning an event in Lake City, please email or call the Laker News with the details. There is no event too big or too small to let us know about.

Chamber Networking Event

The next Lake City Chamber of Commerce's Networking Event will be a Coffee hosted by the

Friends of the Lake City Public Library on March 11, 2014 from 8 to 9:30 a.m.

Everyone is welcome. This is a great opportunity for chamber members to network with other chamber members. If you are interested in joining the chamber, please feel free to attend this event.

The April Networking event will be on April 8, 2014 from 4 to 6 p.m. at Rickard Ridge BBQ.

For more information about the Lake City Chamber, visit www.LakeCityChamberTN.com or call 865-426-9595.



This paper is published by the Lake City Chamber of Commerce monthly and is free to the public.

Lake City Chamber of Commerce P. O. Box 1054 Lake City, TN 37769 865-426-9595 Fax 865-457-4545 info@LakeCityChamberTN.com

Please submit events and content information by email or fax.

Laker News Advertising Rates

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Lake City Chamber Member's Rates

| Full Page | \$100.00 |
|------------------------|-----------|
| Half Page | |
| Quarter Page | \$25.00 |
| Business Card 3 1/2" x | 2"\$10.00 |

Non-Lake City Chamber Member's Rates

| Full Page | \$125.00 |
|------------------------|-----------|
| Half Page | \$75.00 |
| Quarter Page | \$50.00 |
| Business Card 3 1/2" x | 2"\$20.00 |

Classified Advertisements available to \$5 per line

Contact the Lake City Chamber of Commerce for multi-month discounts

LIBRARY NEWS

Lake City Public Library Activities

The Lake City Public Library will be hosting two free events this month "I Geek Scrapbooking" and "I Geek Princesses!" If you enjoy scrapbooking, meet at the Lake City Library on March 18th at 1 p.m. for the "I Geek Scrapbooking" class. You may want to bring pictures, 8X8 or 12X12 paper, embellishments (ribbon, buttons, stickers, etc.), and page protectors.

All the ladies in the land who "Geek Princesses" are welcome to dress up as a Princess and have a royal party with us March 28th at 3 p.m. For more information on these events please call 865-426-6762

The Lake City Library will also have Children's Story Time every Friday at 4 p.m. and Saturday at 12 noon, Basic Computer Classes every Tuesday at 11 a.m., Monthly Book Discussion on March 31st at 10:00 a.m. and Common Threads Needle Club on March 20th at 10:00 a.m.

If you want to participate in the book discussion, please bring a book to share and if you want to participate in the Common Treads club, bring a craft project to show. All to the programs listed here that will be at the Lake City Public Library will be free.

Meet Author Kathleen Fearing

Friends of the Lake City Library will host Norris author, Kathleen Fearing at its April 3 meeting. Ms Fearing has written several books for young people as well as works of poetry. They are available for checkout at the library. The Friends of the Lake City Library will be meeting at 6 p.m. at the library.

Friends' Rummage Sale

Friends of the Lake City Library will hold a Rummage Sale at the library on March 29th from 8 a.m. to 2 p.m. Proceeds will fund annual maintenance of the Children's Computer. Most items will be \$1.

Briceville Pictorial History Being Created

Dust off that box of old family photos and share them and their stories with archivist and Briceville native, Jeanie Robinson Ahrens, as

she collects and catalogs photos from the past to preserve the history of Briceville.

This collection will be housed at the Briceville Public Library and made available for all to enjoy.

You can email your photos to Jeanie until April 30th. During the month of May you will have the opportunity to bring your photos to the library where they will be scanned and their stories recorded.



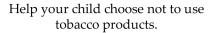
For more information on how to email your photos contact Jeanie at erahrens@gmail.com.



84% of Anderson County students #ChooseNotToUse tobacco products.

(2012 Risk and Protective Factors Questionnaire)

In a 2009 study, teens whose parents often talked to them about the dangers of smoking were half as likely to smoke as those who didn't have these discussions with their parents.





CHURCH NEWS

Spring Conference 2014

Lake City Christian Fellowship will be hosting Spring Conference 2014 from March 27 to March 30, 2014. The service times are Thursday 7:00 p.m., Friday & Saturday 10:00 a.m. and 7:00 p.m. and Sunday 10:30 a.m. Speakers will include Bishop David Huskins, Dr. Lynn Hile, Bishop David Levister and Pastor Lisa Unger. For more information contact the church office at 865.426.6544 or visit our website at www.Lccfchurch.org.

Community Dinner

The Lake City United Methodist Church will host a FREE Community Dinner on March 30, 2014 from 4 to 7 p.m. There will also be a small food pantry available. For more information, please call the church at 865-426-6189.

Party with a Purpose

Second Baptist Church in Clinton will be hosting a Party with a Purpose on April 5th from 10 a.m. to 4 p.m. This will be a fun, fabulous "edu-training" event empowering women to live lives of purpose. Come hear stories about God's crazy beautiful love! Be refreshed and infused with hope to be the best you that you can be. Be released to live out your full potential and set your world on fire! Since all girls love to shop, they will offer a unique shopping experience and fashion show that will include beautiful hand-made products. Tickets are \$25 per person and \$22 for groups 10 or more people. Guest speakers and performers include Lysa TerKeurst, Stephanie McKenna, and Sally Baucke. For more information, call the Second Baptist Church at 865-457-2046 or visit www.secondbaptistchurch.org.

Starting A New Business

The Anderson County Chamber of Commerce in partnership with the Tennessee Small Business Development Center (TSBDC) will host

a free workshop for small business owners and entrepreneurs who want a better understanding of starting a new business. The TSBDC advises and assists entrepreneurs and small business owners in our area at no cost to them.

This free seminar will be held on Wednesday, March 19, 2014, from 11:30 a.m. to 1:30 p.m. at the Anderson County Chamber of Commerce office located at 245 N.



Main Street, Suite 200 in Clinton. Jutta Bangs, Senior Business Specialist with the Tennessee Small Business Development Center will be discussing the forms of business organization, tax requirements, business licenses, business planning and financing options with additional discussion about SBA loan guarantee programs.

Bangs will also be available for free and confidential counseling sessions on Thursday, March 20th from 9 to 10 a.m. at the Anderson County Chamber of Commerce.

Space is limited and advance registration is required. Reserve your space by contacting the Anderson County Chamber of Commerce at 865-457-2559 or email accc@andersoncountychamber.org. To learn more about the TSBDC, visit www.tsbdc.org.

Rates are at Historic Lows!

Stop by today and speak with Jimmy Huddleston or Jonathan Childers

Clinton
2106 Charles G Seivers Blvd • (865) 457-8684



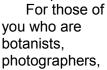
building communities...built on trust

Member FDIC

Annual Wildflower Hikes

We all know spring is on its way when we walk into Lowe's and see flowers, watering hoses, and garden gnomes, etc. Another sign might be all those wildflowers blooming in your backyard.

On March 22th at 2 p.m., March 29th 10 a.m., 1 p.m. and 2 p.m. and April 5th at 10 a.m., 1 p.m. and 2 p.m., Norris Dam State Park and TVA will be sponsoring wildflower hikes. Park rangers and botanists will be talking about wildflowers and their importance.





Dutchman Breeches

hikers, or simply have cabin fever come out and view nature's pink, orange, yellow, and purple wildflowers!

Participants can hike the River Bluff Trail on March 22 and March 29th and April 5ht at 10 a.m. and 1 p.m. The River Bluff Trail boasts approximately 30 different species of wildflowers! You may see Bloodroot, Dutchman's Breeches, Wild Columbine, Trout Lily, Little Brown Jug, Yellow and Red Trillium, Jack-in-the Pulpit, and many

The River Bluff Trail follows the Clinch River. The lower section is fairly flat with a few steps. At the end it climbs the hillside and follows the ridge top back to the trailhead. It is 2.7 miles long and rated easy to moderate. The trailhead is located off Dabney Lane, off of US-441.

Hikes will be guided along the Lower Clear Creek Trail on March 29 and April 5 at 2 p.m. The Lower Clear Creek Trail follows Clear Creek; the hike is 2 miles and rated easy. The trailhead is located at the Rice Gristmill

As with all wildlife please be respectful of the beautiful wildflowers and do not pick them. Leave them for others to enjoy this year and years to come. For more information please call the park office at 865-426-7461.

Conserve Energy and Save Money by signing up for CUB's

\$mart \$witch Program

Get up to a \$75 Rebate and Save on Future Utility Bills



Limited to residental properties. Customers must own the residence. Limited to single electric water heaters with a 40 gallon tank or larger.

Call 865-457-9232 or visit www.clintonub.com for all the details about the program and to sign up

Everyone is Welcome at

Main Street Baptist Church

215 4th Street, Lake City • 865-426-2499 • www.msbclc.com

Main Street Baptist Church offers specialized ministries for each member of the family; Men, Women, Seniors, Youth and Children. They also have a Food Pantry that is open on Tuesdays from 12 to 2 p.m. and a Soup Kitchen every Wednesday from 11 a.m.12:30 p.m.



Sunday School 10 to 11 a.m. • Sunday Morning Worship 11 a.m. to 12 noon Wednesday Evening Service 6:30 to 8 p.m.

Free Tax Return Preparation

The Lake City Public Library will be hosting a Free Tax Return Preparation starting January 28, 2014 and ending April 15, 2014. Trained volunteers will be available to can help participants with special credits, such as Earned Income Tax Credit (EITC), Child Tax Credit, and Credit for the Elderly.

In addition to FREE tax return preparation assistance, the Lake City Public Library site also offers free electronic filing (e-filing).

Please bring the following items to the VITA Site to have your tax returns prepared: proof of identification, social security cards for you, your spouse and dependents and/or a social security number verification letter issued by the Social Security Administration, birth dates for you, your spouse and dependents on the tax return, current year's tax package if you received one, wage and earning statement(s), Form W-2, W-2G, 1099-R, from all employers, interest and dividend statements from banks (Forms 1099), a copy of last year's Federal and State returns if available, bank routing numbers and account numbers for direct deposit, total paid for day care provider and the day care provider's tax identifying number (the provider's Social Security Number or the provider's business Employer Identification Number),

If you are filing taxes electronically on a married filing joint tax return, both spouses must be present to sign the required forms.

It is extremely important that each person use the correct Social Security Number (SSN). The most accurate information is usually located on your original Social Security card.

Please call 865-426-6762 for an appointment.

FIND US ON FACEBOOK

Facebook.com/LakeCityTennessee

Your Donation is Needed

During the winter months the local blood banks run dangerously low because inclement weather make donating difficult. Inclement weather conditions also create situations were blood is used in emergency situations. The Medic Regional Blood Center is in desperate need of all blood types. If you are eligible to donate, here is a list of locations in or near Anderson County that will be having blood drive this month.

- March 10th at Tennova Health and Fitness Center from 1 to 7 p.m.
- March 14th at Chick-Fil-A in Oak Ridge from 12 noon to 7 p.m.
- Regional Blood Center
 A Not-for-Profit Organization
- March 16th at St. Mary's
 Catholic Church in Oak Ridge from 9 a.m. to 2 p.m.
- April 1st at Faith Lutheran Church in Oak Ridge from 1 to 7 p.m.
- April 4th at the Food City in Clinton from 11 a.m. to 6 p.m.
- April 4th at the Norris Community Center from 9 a.m. to 4 p.m.

You can also always donate at the Medic Downtown facility located at 1601 Ailor Avenue in Knoxville and the Medic Farragut facility located at 11000 Kingston Pike. Both locations are open everyday. Please call or visit their website for specific hours and directions.

If you are not sure if you are eligible to donate, please visit www.medicblood.com where you will find a page dedicated to eligibility information or call 865-524-3074.



203 First Street Lake City (865) 426-2822 1005 Jacksboro Pike LaFollette (423) 562-2795

Kindergarten Round-Up

The Anderson County School System will be having Kindergarten Registration from April 7th to April 17th this year for students entering school for the first time. To register for kindergarten, your children must be five years of age or older before August 15, 2014.

Your child will need to register at the school that they will be attending on the day that Kindergarten Round-up is scheduled, which is listed in the articles.

If you are unsure of which Anderson County School zone in which you live, please contact the Anderson County School's Transportation Department at 865-457-7789 with your current address and they will assist you.

If, for any reason, you cannot attend during the scheduled time for Kindergarten Roundup, please go to the elementary school your child is zoned for to complete the registration process for your child. Registration is open Monday through Friday from 8:30 a.m. to

2:30 p.m. at this each elementary school.

Every up-coming Kindergarten child must be registered on or before June 2, 2014

in order for the School System to make important arrangements, such as hiring adequate personnel and ordering sufficient materials and supplies for the correct number of students prior to the first day of school.

Anderson County School System's Kindergarten Round-up Schedule for the 2014-2015 School Year:

April 7, 2014 Monday Lake City Elementary 8:30a.m.-11:30 a.m.

April 8, 2014 Tuesday Fairview Elementary 8:30a.m.-11:30 a.m.

April 9, 2014 Wednesday Dutch Valley Elementary 8:30a.m.-10:30 a.m.

April 10, 2014 Thursday Claxton Elementary 8:30a.m.-11:30 a.m.

April 11, 2014 Friday Briceville Elementary 8:30a.m.-10:30 a.m.

April 14, 2014 Monday Grand Oaks Elementary 8:30a.m.-11:30 a.m.

April 15, 2014 Tuesday Andersonville Elementary 8:30a.m.-11:30 a.m.

April 16, 2014 Wednesday Norwood Elementary 8:30a.m.-11:30 a.m. April 17, 2014 Thursday Norris Elementary 8:30a.m.-11:30 a.m.

Parents/Guardians must bring the following documents in order to

complete the Registration Process for their child:

PROOF OF AGE - State issued birth certificate or "mother's copy"

SOCIAL SECURITY CARD – If for some reason you cannot locate your child's Social Security Card, you should go to the Social Security Office to apply for a duplicate card. You

may bring your copy of the application with the number on it for PROOF OF PHYSICAL EXAM & Registration purposes.

IMMUNIZATION RECORD- Your Child's Physical

Exam must have been done on or after January 1, 2014. All Immunizations must be up to date and placed on the state required form that you may obtain from the Anderson County Health Department or your doctor's office. Health Department personnel will transfer your child's immunizations to the official immunization card if you take an immunization record with you. However, if you do not have an immunization record for your child, you may obtain one from the Anderson County Health Department.

PROOF OF RESIDENCE - You must bring an appropriate item that verifies the correct physical address of where the child actually resides. If your driver's license has the correct address this will be sufficient. Other acceptable items include (but are not limited to): a piece of mail addressed to you with your correct mailing address, a copy of the lease or rent receipt with a current date, utility service hookup card, etc.

LEGAL DOCUMENTATION - If the child does not reside with both legal parents, a copy

of the legal paperwork must be provided. This provides the School System with the legally correct information pertaining to child custody and prevents future problems from developing.

We are always concerned for the safety and welfare of your child.

If you have any concerns or questions, please contact Margaret Clapp at 865-463-2800 extension number 2814.

Pastor's Corner: You Will Make It, Just Follow Jesus.

By Pastor Glenn Day, Gospel Light Church. One time while taking a walk through the woods with my little boy

after a snow storm I heard him yell out to me, "Daddy I can't make it any farther, the snow is too deep". I turned around and heard the Lord

speak these words through me, "Son, just place your boots in my boot tracks and you'll be able to walk just fine."

Many days of our life are filled with uncertainties and the direction of travel for our life seems unsure.



Circumstances beyond our control surround us and we are afraid our next step will cause us to fall.

When you find yourself in these situations of life, always remember to look and cry out to Jesus. Follow his steps daily, he's already been down the road you will travel.

Hebrews 12:2 "Looking unto Jesus the author and finisher of our faith. "

Luke 9;23 "And he said to them all, If any man will come after me, let him deny himself, and take up his cross daily, and follow me."

John 16:13 "Howbeit when he, the Spirit of truth, is come, he will guide you into all truth: for he shall not speak of himself; but whatsoever he shall hear, that shall he speak: and he will show you things to come."

1 Peter 2:21 "For even hereunto were ye called: because Christ also suffered for us, leaving us an example, that ye should follow his

Consider The Uncommon Carp: Challenging Prey For Any Angler

Anglers of any ilk, whether fishing with fly rods or conventional tackle, can find excitement in going after the oft-maligned common carp, according to Allen Gillespie, tournament director of the 3 Rivers Carp Cup.

Gillespie, owner and managing partner of 3 Rivers Angler in Knoxville, will amplify on all angles of carp fishing on Thursday, March 13, 2014 at a free, public meeting of the Clinch River Chapter of Trout Unlimited at 7 p.m. in the parish hall at St. Francis **Episcopal Church** located at 158 W. Norris Road in Norris.



Allen Gillespie cuddles a hefty specimen of the common carp before releasing it.

Gillespie says carp are "beginning to gain popularity among anglers in the United States in both the fly and conventional tackle worlds. Carp are strong, they're cagey, you can find them almost anywhere, and carp fishing with a fly rod is perhaps the most exciting sight-fishing you can do in fresh water. In East Tennessee, carp are one of the few species where anglers can expect to catch a 10- to 20pound specimen on a regular basis."

The Clinch River Chapter's mission is to conserve and protect the Clinch River tailwater trout fishery and its watershed, through conservation projects and through education of children and adults in aquatic natural resources. Meetings are held the second Thursday of the month in the parish hall at St. Francis Episcopal Church, except when outdoor activities are scheduled.

For more information, visit crctu.org or contact the chapter president, Dick Geiger, at geiger3892@gmail.com or (865) 599-2604.

Supporting Your State Parks

By Ranger Lauren Baghetti, Ranger at Norris Dam State Park

There are numerous reasons why people visit state parks. First of all, state parks are a place to safely enjoy nature; they offer recreational experiences such as wildlife viewing, hiking, rafting, rock climbing, and swimming. People go for health reasons, some go to exercise while others go to clear their minds and relieve stress.

Believe it or not, parks also impact people's decisions on where they live. Being close to a park may add value to a home, and when moving to a new area some are drawn to neighborhoods that are located near a park. People can go to state parks as a family, whether for a Sunday picnic, a weekend camping trip, a wedding, or family reunion. State parks are a place where memories are made.

For everything that parks have given to us, it is our responsibility to give back.

Freeman Tilden, the father of interpretation, created a set of core principles for interpretation. One in particular has always stuck out in my mind, "Through interpretation, understanding; through understanding, appreciation; through appreciation, protection."

Interpretation is a teaching tool to help people understand; interpretation connects people to nature, objects, ideas, and these connections and understandings bring about an appreciation. There has to be an understanding before an appreciation can grow. These

build on each other which lead to a want to protect that for which we have come to appreciate.

There are several ways to give back to the park. First, visit state parks. The park system was created to preserve and share natural, historical, cultural, and other resources.

Hike one of the trails, visit the nature center, explore a frontier fort, fish in the lake, or play tennis.

Attend interpretive programs, hikes, and special events. You can learn a lot on your own, but also from attending programs. There are a variety of programs offered; hopefully one will pique your interest, whether it is a nature hike, medical practices on a Civil War battlefield, the night sky, or a canoe trip.

Obey the rules and laws set in place. These have been established for the protection of everything in the park as

well as for your safety. By following these rules and laws the park is preserved longer and kept in better condition.

Please do not litter or feed the deer. This just makes more work for the volunteer and employee who has to go around and pick up your garbage. While it is exciting to see a deer up close, it can be harmful to them as well as you. Doritos are not part of a deer's natural diet. Just like too many cokes and cookies are not good for us, any amount of Doritos or cupcakes is not good for deer either.

While no one likes being told on for something he/she did wrong, park rangers cannot be everywhere all the time. If you see someone doing something illegal or dangerous, please let us know so we can address it.

Talk about the park. Tell your family, friends, teachers,

classmates, and coworkers about the park and what you did there. Invite them along when you go. Share it with others as it was shared with you.

Be active in the park and volunteer. Give your time and talents. Volunteering has a range of activities, it can be as simple as picking up litter or help maintain a trail. Some require more, historical parks may need re-enactors or special events may need more than park staff to make them run smoothly.

Love camping? Volunteer to be a campground host. While it does not pay with dollar bills, volunteering pays a great deal by knowing you have helped preserve the park and its resources for future generations to enjoy.

Join the friend's group. The Friends of Norris Dam State Park is a great partner. They help us in so many ways; they provide feet on the ground when we have projects to get done, such as litter pick-up, planting trees, and trail maintenance.

The friends also purchase needed items, which help enable visitors to have a good time and kept safe. They have purchased life-saving AED's, rescue equipment, and programming materials.

They also use their voices to help the park. They share what the park is about in casual conversation and important issues the park

faces at public meetings.

Donate your spare change. We all know how many pennies, nickels, dimes, and quarters end up underneath sofa cushions and the floorboards of the car. When you visit the park make a donation, it does not have to be big, any amount helps. When you donate through the friend's group, the money is used at Norris Dam State Park, helping us purchase needed items.

Buy a bumper sticker from a state park, or show you have visited a state park when you renew your license tag. When you purchase an environment/state park license plate, identified by Dwarf Crested Irises and the words 'state parks' on it, the proceeds go towards plant projects in state parks.

Gardens are planted with native flowers attracting butterflies, fields of native

grasses are grown allowing cover for wildlife, and invasive species are removed letting native plants to thrive once again.

State parks are public land, meaning they are supported through the people's money. They are your parks, visit them. As parents teach their children, take care of what belongs to them.

Parks help us in so many ways, protecting wildlife, trees add oxygen to the air, recreational activities, a place to learn, so help them. Take care of state parks not only for people who visit them today, but also for people who will visit in ten years, twenty years, fifty years, and one-hundred years from now. Actions you take today will impact the future, make it a positive impact at your state park. Be an environmental steward. It is our responsibility to take care of the earth we live in and what enables us to live.



Friends of Norris Dam state Park planting trees at the park

Gary Cooper Insurance

801 N. Charles Seivers Blvd Clinton, TN 37716
865-457-0637

www.GaryCooperInsurance.com



Thank you for shopping with us.

We appreciate your loyalty and for shopping local.

Mark Your Calendars

By Stephanie Wells, Anderson County Tourism Council

There are a couple of great events coming up that you won't want to miss. The Windrock Park will have their Spring Jamboree on April 24th through the 26th. There will be guided rides, an ATV rodeo, a poker run, drag racing, mud boggin and for the ladies, a dash for cash.

That same Friday, the Museum of Appalachia will have their Sheep Sheering Day where they trim the winter growth of heavy wool from their flock. Vintage hand cranked sheer will be used and demonstrators will be on hand to spin, weave and quilt using yarn and quilt batting made from wool.

Also, the host of Outdoor Channel's Fishing University, Ray Braizer and Charlie Ingram, were on Norris Lake last month fishing and filming their television show. You can catch the broadcast on March 25th at 11:30am, March 29th at 3:30pm and March 30 at 7:00am. on the Outdoor Change.

Primary (Continued from page 1)

Democratic Candidate Ron Murch

JUVENILE COURT JUDGE - 7TH JUDICIAL DISTRICT

Republican Candidate Victoria "Vickie" Bannach Lauren Biloski Brian Hunt Democratic Candidate Michael Clement David Dunkirk

PUBLIC DEFENDER, 7TH

JUDICIAL DISTRICT Democratic Candidate Tom Marshall

REGISTER OF DEEDS

Republican Candidate Bill Gallaher Democratic Candidate Rim Shelton

ROAD SUPERINTENDENT

Republican Candidate Gary Long

SHERIFF

Republican Candidate Anthony Lay Randy A Myers Democratic Candidate Paul White

TRUSTEE

Democratic Candidate Rodney Archer

Clean Up (Continued from page 1)

is not only a tourist destination, it is also a very large economic driver for our five counties," said Stephanie Wells, Director of Tourism for Anderson County. "I grew up camping and tubing on Norris Lake and I hate to see people using it as a garbage dump."

This year there will be several "Launch Sites" located in each of the five counties where volunteers can meet to receive training on the proper way to dispose of waste and receive garbage bags. There will be a limited supply of gloves available so volunteers are encouraged to bring their own gloves and to wear proper shoes with thick soles for climbing the lake banks.

The Tennessee Valley Authority will be providing dumpsters at each of these sites so that the garbage can be disposed of property.

"We are also encouraging anyone with a boat to come out and help because the largest amount of garbage can be found on the islands," said E.L. Morton, Director of Campbell County Chamber of Commerce. "Norris Lake has approximately 800 miles of shoreline so we need a lot of volunteers."

The launch sites all have access for boats to launch.

If you are interested in volunteering, visit www.lakenorris.org for the locations by county, where you can meet with other volunteers and receive instructions and supplies. You can also call toll free to 800-524-3602 or email

info@yallcome.org for more information.

The Norris Lake Project Team is a partnership with the Anderson County Tourism Council, Campbell County Chamber of Commerce, Claiborne County Chamber of Commerce, Grainger County Chamber of Commerce, Leave No Trace, Norris Lake Marina Association, Plan East Tennessee, Tennessee Valley Authority, Tennessee Wildlife Resource Agency, Tennessee Department of Environment and Conservation and Union County Chamber of Commerce.

FIVE COUNTY NORRIS LAKE CLEAN UP March 22, 2014 - 9 a.m. to 1 p.m.



Tons of garbage is dumped on the shorelines of Norris Lake which ends up washed into the water. Help us preserve our greatest natural and recreational resource.



Visit www.lakenorris.org for information on meeting locations or call 800-527-3602

New Books, CDs and DVDs at the Lake City Library

My Amish Boyfriend by Melody Carlson Confessions of a Wild Child by Jackie Collins Minding Molly by Leslie Gould Hopeful by Shelley Gray Moving Target by Judith Jance Killer by Jonathan Kellerman Blindsided by Fern Michaels Private L.A. by James Patterson Suzanna's Dream by Marta Perry Concealed in Death by J.D. Robb Beyond a Doubt by Felicia Rogers By God's Grace by Felicia Rogers Labor of Love by Felicia Rogers There Your Heart Will Be Also by Felicia Rogers

Undercover Memories by Alice Sharpe The Forever Girl by Alexander Smith Rachel by Jill Smith

Empire of a Man by David Weber Like a Mighty Army by David Weber Home to Seaview Key by Sherryl Woods Doing Hard Time by Stuart Woods

Non-Fiction

The Daniel Fast by John Cavazos Service by Marcus Luttrell Fatal Jealousy by Colin McEvoy Christian Names by Martin Manser

The 30-Day Heart Tune-up by Steven Masley Homeschooling: Why and How by Gail

Nagasako

Grammer and Style by Mark Peters Cruel Death by William Phelps The Guerrilla Factory by Tony Schwalm

Betrayed by Billy Vaughn

The Triple Agent by Joby Warrick

Juvenile Fiction

I Survived The Sinking of the Titanic 1912 by Lauren Tarshis

Classis Tales of Vampires and Shapeshifters by Tig Thomas

50 Monster Stories by Tig Thomas

Juvenile Non-Fiction

Dinosaurs

Ocean

Children's Encyclopedia of Dinosaurs and Prehistoric Life

Deadly Animals by Camilla De la Bedoyere Deadly Dinosaurs by Rupert Matthews

Children's Books

Amelia Bedelia's first Valentine by Herman Parish

Adult Westerns

The Secret of Cherokee Cove by Paula Graves Torture Town by William Johnstone Slocum and the Beast of Fall Pass by Jake Logan

Spy in the Saddle by Dana Marton

Young Adult Fiction

Alice in Zombieland by Gena Showalter

Martha Speaks Puppies! Puppies! Puppies! Rugrats All Grown Up

Recipes for St. Patrick's Day

Shepherd's Pie

INGREDIENTS

- 1 1/2 lbs ground round beef
- 1 onion chopped
- 1-2 cups vegetables chopped carrots, corn, peas
- 1 1/2 2 lbs potatoes (3 big ones)
- 8 tablespoons butter (1 stick)
- 1/2 cup beef broth
- 1 teaspoon Worcestershire sauce
- Salt, pepper, other seasonings of choice

Instructions:

- 1. Peel and quarter potatoes, boil in salted water until tender (about 20 minutes).
- 2. While the potatoes are cooking, melt 4 Tablespoons butter (1/2 a stick) in large frying pan.
- 3. Sauté onions in butter until tender over medium heat (10 mins). If you are adding vegetables, add them according to cooking time. Put any carrots in with the onions. Add corn or peas either at the end of the cooking of the onions, or after the meat has initially cooked.
- 4. Add ground beef and sauté until no longer pink. Add salt and pepper. Add worcesterchire sauce. Add half a cup of beef broth and cook, uncovered, over low heat for 10 minutes, adding more beef broth as necessary to keep moist.
- Mash potatoes in bowl with remainder of butter, season to taste.
- 6. Place beef and onions in baking dish. Distribute mashed potatoes on top. Rough up with a fork so that there are peaks that will brown nicely. You can use the fork to make some designs in the potatoes as well.
- 7. Cook in 400 degree oven until bubbling and brown (about 30 minutes). Broil for last few minutes if necessary to brown.
- Add worcesterchire sauce. Add half a cup of beef broth and cook, uncovered, over low heat for 10 minutes, adding more beef broth as necessary to keep moist.

Key Lime Pie

Ingredients:

- 3 egg yolks
- 1 can sweetened condensed milk
- 1/2 cup key lime juice
- 2 teaspoons grated lime rind
- 1 graham cracker pie crust, 9 inch

Instructions:

- 1. Combine the egg yolks and milk in a mixing bowl.
- 2. Beat with a mixer at high speed until light and fluffy, about 5 minutes. Gradually beat in lime juice and 2 teaspoons lime zest. Pour mixture into the crust.
- Bake at 350° for about 12 minutes (to cook eggs).
- Cool slightly and then refrigerate. Serve with Cool Whip.

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