

FREE

LAKER



NEWS

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**LAKE CITY CHAMBER
OF COMMERCE**

MAY 2013

Pancakes for the Playground

The Lake City Chamber of Commerce is sponsoring the Second Annual Pancake Breakfast on Saturday, May 11th from 8 to 11 a.m. at the Lake City Elementary School cafeteria.

All proceeds will go to making improvements to the playground located at the elementary school.

You can purchase your tickets at the door or you can call 865-426-9595 to purchase tickets in advance.

If you would like to make a donation, you can mail a check to the Lake City Chamber of Commerce at P. O. Box 1054, Lake City, TN 37769.

If you would like to purchase your tickets or make a donation with a debit or credit card, you can do so online by visiting www.lakecitychambertn.com and clicking on the Pancakes for the Playground button.

Donations will also be accepted after May 11th.

If you have any questions, please contact the Lake City Chamber at 865-426-9595 or info@lakecitychambertn.com.

Dedication of Fort Anderson

Briceville Elementary School students, descendants of Coal Creek War veterans, and individuals interested in preserving Tennessee history will participate in a ceremony to mount the National Register of Historic Places plaque at Fort Anderson on Militia Hill with Tennessee National Guard personnel on Friday, May 17, 2013 starting at 9:30 a.m.

As part of the festivities, the Coal Creek Marching Band will perform and Briceville students will compete in the 2013 Dixie Eisteddfod literary competition to document the oral history of the Coal Creek War.

Students and National Guard personnel will re-enact one of the confrontations at Fort Anderson and descendants of Coal Creek War veterans will be invited to share family stories about the conflict.



During our study of Coal Creek history, we have found no formal armistice or treaty ending the Coal Creek War, said Carol Moore of the Coal Creek Watershed Foundation. "That oversight will be rectified during the dedication ceremony."

Also, award-winning author Fred Brown will interview descendants of Coal Creek War veterans for his book on Coal Creek history.

Fort Anderson on Militia Hill is located off Vowell Mountain Road.

For questions about the event, please contact Carol Moore at (865) 584-0344 or clmoore@geoe.com.

Boys & Girls Club Lends a Hand by Taking a Walk

Welcome to the twenty-first century walkabout...

Boys & girls club style. The Boys and Girls Clubs of the Tennessee Valley- North Anderson County Club's (BGCNAC) "Lend a Hand, Take a Hike!" program provides members with the opportunity to not only get active, but to get community oriented. The "Lend a Hand, Take a Hike!" program, sponsored by United Healthcare, expands the "Triple Play: A Game Plan for the Mind, Body, and Soul" program to include environmental service projects and increased exposure to the outdoors as a way to combat childhood obesity. The Triple Play curriculum offers lesson plans focusing on three key areas: 1) Mind: Develops a knowledge base for young people to acquire healthy habits, such as making smart food choices. 2) Body: Promotes young people becoming more physically active through fun daily fitness activities. 3) Soul: Strengthens interpersonal skills, positive behavior and good character through social recreation programs and activities.



Club members show off their pedometers

Since January, over twenty members have been walking laps at Main Street Baptist Church Family Life Center and taking field trips to Norris Dam State Park. A pedometer was used to count the number of steps each member took around the track. Members have also taken part in healthy food seminars and friendly races.



Club members cleaning fire pits

"We originally wrote in the grant that we would try to reach a collective goal of 20 miles", states Kelly Hayman, Facility Director. "We ended up walking over 124 miles as a group." Working with Norris Dam State Park, club members also took on a service project cleaning fire pits and grills at one of the campgrounds located inside the park. Club members hope to work with the park to make this a regular service project. The Boys & Girls Club would like to thank our community partners of Norris Dam State Park and Main Street Baptist Church for their support.

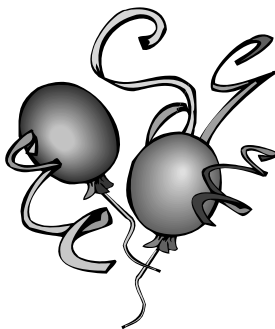
Sign up for the Laker News Online at www.lakecitychambertn.com

Lake City Municipal Meetings

May 3-4	Clinch River Spring Antique Fair in Historic Downtown Clinton
May 9	Public Safety Committee Meeting at City Hall- 5 p.m.
May 9	Water & Sewer Committee Meeting at City Hall- 9 a.m.
May 9-11	Marlow Volunteer Fire Department Spring Rummage Sale from 9 a.m. to 6 p.m.
May 11	Pancakes for the Playground at Lake City Elementary School
May 11	Car Show to Benefit Briceville Library Building Project from 10 a.m. to 4 p.m.
May 11	Plant Sale at Appalachian Arts Craft Center
May 13	Seniors for Christ Pot Luck at Main Street Baptist Church at 11 a.m.
May 14	City Court at City Hall at 7 p.m.
May 16	City Council Meeting at City Hall at 7 p.m.
May 17	Coal Creek War Reunion and Fort Anderson Dedication
May 17-18	Anderson County Relay for Life
May 19	Anderson County High School Graduation
May 20	Community Meeting for RAM
May 21	Planning Commission Meeting City Hall at 7 p.m.
May 24	Last Day for Students
May 25	Sundown Saturdays start at Stardust Marina
May 27	Memorial Day
May 27	Memorial Day Service at Lake City Veterans Memorial
May 30	Golf Tournament for Missions-Sponsored by Main Street Baptist Church
June 2	Appalachian Arts Craft Center Annual Dinner and Auction from 5 to 8 p.m.
June 2	Wheel through the Hills Motorcycle Run Sponsored by Allies for Substance Abuse Prevention-registration at 12 noon
June 3-7	King's Kid's Kamp at Lake City Christian Fellowship from 9 a.m. to 2:30 p.m.
June 10-14	Vacation Bible School at Main Street Baptist Church from 10 a.m. to 1 p.m.
June 21-22	Secret City Festival
June 29	Fire on the Water at Sequoyah Marina

HAPPY BIRTHDAY

The Laker News would like to wish a Happy Birthday to Lake City employees Kyle Asbury with the Recreation Department on May 9th, Marc Shelton with the Police Department on May 20th and Bryan Vowell with the Water Department on May 25th.



Nurturing and Safe World Child Advocacy Seminar

Everyone is invited to attend the "Nurturing and Safe World Child Advocacy Seminar" on June 11, 2013 from 10 a.m. to 3 p.m. at Roane State Community College in Oak Ridge. The seminar is free and lunch is included.

One out of five children are affected by domestic violence each year. At this year's seminar, speakers will be addressing issues related to the effects of domestic abuse.

Speakers include David Kitts with the Families Crimes Unit of the Knoxville Police Department, Michelle Jones with Ridgeview Mental Health Center, Robert May, Pastor of Oak Ridge Family Bible Church and Annette Beebe with the Anderson County Domestic Violence Task Force.

A certificate of participation will be available for five hours of training.

This event is sponsored by the Oak Ridge Police Chaplains and the Oak Ridge Ministerial Association. To register, call 865-220-8826 or email nurturingandsafeworld@comcast.net.

Send Us Your News

The Laker News is published by volunteers who are not always able to gather all of the news happening in Lake City. Therefore, we are asking for your help. If you are at an event, please take a picture and email it to the Laker News at info@lakecitychambertn.com with the details of the event. Also, if you are involved in an organization or group that is planning an event in Lake City, please email or call the Laker News with the details. There is no event too big or too small to let us know about.

Find us on Facebook

[Facebook.com/LakeCityTennessee](https://www.facebook.com/LakeCityTennessee)

This paper is published by the Lake City Chamber of Commerce monthly and is free to the public.

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Please submit events and content information by email or fax.

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Classified Advertisements available to \$5 per line

Contact the Lake City Chamber of Commerce for multi-month discounts

LIBRARY NEWS

The Lake City Public Library will be hosting three reading programs this summer on Fridays from 1:30 to 2:30 p.m. The Children can participate in the Dig into Reading, the teen/ tween Program is called Beneath the Surface and the adult program is called Groundbreaking Reads. The first program and registration will be on June 7, 2013. Call the library at 865-426-6762 or ask for more information at the circulation desk.

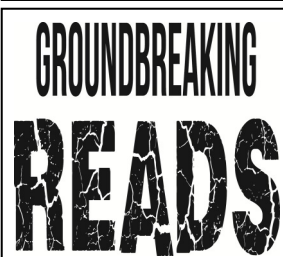
In addition, the Library host Children's Story Time every Friday starting at 4 p.m and every Saturday at 12 noon beginning May 4th.

The Library has free basic computer classes every Tuesday from 11am to 12 noon.

The Common Threads Needle Club will be meeting at the Library on May 16th from 10 a.m. to 11 a.m. Bring a project you are currently working on and come join us.

The Lake City Library Book Discussion group meets on the last Monday of every month from 10 a.m. to 11 a.m. Bring your favorite books and join us for awesome food and great book reviews.

The Lake City Public Library will be closed on the 25th and 27th of May in honor of Memorial Day.



Memorial Day Service

at the Lake City Veterans Monument

at 2:00 p.m.
on May 27, 2013

The monument is located adjacent to the Lake City Public Library.



Senior Adult Activities

The Anderson County Office on Aging sponsors activities for seniors at the Clinton Community Center and at their office. This month's activities include Card and Board Games every Monday at 1 p.m., Bible Study every Tuesday at 10 a.m., a Crocheting Class every Wednesday at 10 a.m., Walking every Monday through Friday from 7:30 to 9:30 a.m. and swimming every Monday through Friday from 11 a.m. to 1 p.m.

There will also be a Health Class on May 9th and May 30th at 10 a.m., an AARP meeting on May 14th at 11:30 a.m., Bingo on May 16th at 1 p.m., Movie Day on May 23rd at 1 p.m., My Story Sharing on May 24th at 1 p.m., and a Pot Luck Luncheon and Fellowship on May 31st at 11 a.m.

All activities will take place at the Clinton Community Center located on South Hicks Street except the Tuesday Bible Study, which will be held at the Anderson County Office on Aging Office located at 125 Leinart Street, Suite 5 in Clinton.

For more information, call 865-457-3259.



**BOYS & GIRLS CLUB
OF NORTH ANDERSON COUNTY**

(865) 426-4711 - www.bgcnorthanderson.org

CHURCH NEWS

The information below was submitted by the churches in and around Lake City. If you would like to submit information about your church's activities, please email the information to info@lakecitychambertn.com or call 865-426-9595 and leave a message with the details of your church's activities.

Seniors for Christ

Main Street Baptist Church will be sponsoring a Pot Luck Luncheon for seniors on the second Monday of each month at 11 a.m. This month, the lunch will be on May 13th. For more information, contact the church office at 426-2184.

Golf For Missions

Main Street Baptist Church will be hosting a Golf Tournament for Missions on May 30th at Three Ridges Golf Course. Registration begins at 11 a.m., lunch will be served at 11:30 a.m. and the shotgun Start will begin at 1 p.m. The cost is \$60.00 per person or \$240.00 per team of four. Registration fee includes 18 holes of golf, cart, lunch, range balls, and prizes. Even if you are unable to participate in the tournament, there are opportunities for levels of tournament sponsorship and/or hole sponsorship, for you or your business. For more information, contact the church office at 426-2184.

King's Kids

Lake City Christian Fellowship will be hosting King's Kids Kid's Kamp on June 3rd to June 7th from 9 a.m. to 2:30 p.m. Monday through Thursday with the commencement service on Friday at 7 p.m. Permission forms can be found online at www.lccfchurch.org. Call 426-6544 for more information.

Colossal Coaster World VBS

Main Street Baptist Church will be hosting the Colossal Coaster World Vacation Bible School on June 10th to 14th from 10 a.m. to 1 p.m. The *Colossal Coaster World* will challenge the kids to face their fears and trust God as they zip along the roller coaster of life. Through every twist, turn and dive, kids will learn that God has not given them a spirit of fearfulness, but a spirit of power, love and sound judgement. *Classes are for children ages at least 3 years old (must be potty trained) up to high school age.*

Food Pantry

The Main Street Baptist Church Food Pantry is in desperate need of donations. Anything and everything would be greatly appreciated and needed. The Food Pantry also needs YOUR help. If you have a couple hours on Tuesday, please drop by and see what you can assist with. The pantry has an immediate need of dried pinto beans, Ramen noodles, spaghetti sauce, fruit juice, canned fruit, rice, sugar, mac-n-cheese, flour, oatmeal, cereal, Spam, ravioli, Spaghettios, canned meat, peanut butter and jelly. The Food Pantry is open every Tuesday afternoon from 1 to 3 p.m.

Breaking the Grip of Addiction

Main Street Baptist Church will be resuming the "Breaking the Grip of Addiction" support group and bible study every Thursday from 7 to 8 p.m. The group will be addressing the issues of addiction including alcohol, drugs, or any other life controlling things. Contact Main Street Baptist Church at (865) 426-2184 for more information.

Spring Rummage Sale

Marlow Volunteer Fire Department will hold its three-day Spring Rummage Sale from 9 a.m. to 6 p.m. on May 9, 10, and 11 at Marlow Station located at 1019 Oliver Springs Highway. The sale will include clothing, linens, small appliances, cookware, office supplies, and decorative and household items.

All proceeds will be used to purchase equipment for Marlow VFD firefighters. The department serves 10,000 residents in a 65-square mile area of Anderson County.

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865-426-0032 - Call for TAKE OUT ORDERS

Wheel Through the Hills

Please join the Allies for Substance Abuse Prevention of Anderson County for Wheel through the Hills, a motorcycle ride to support drug prevention activities. The ride covers 47 miles in Anderson County, Tennessee on Sunday, June 2, 2013. On-site registration begins at 12:00 noon at Lincoln's Sports Grille located at 119 S. Illinois Avenue in Oak Ridge. Kickstands up at 2:00 p.m., rain or shine.

Riders will leave Lincoln's and ride through the rolling hills from Oak Ridge, through Oliver Springs, Briceville, and Lake City, then on through Dutch Valley and will return to Lincoln's Sports Grill for appetizers and door prizes.

The cost is \$15 and all riders will receive the official 2013 Wheel Through the Hills t-shirt.

Register online at www.asapofanderson.org/wheel-through-the-hills-registration.

Not a motorcycle rider? No problem! Visit www.asapofanderson.org and click "Donate" to support the cause.



Appalachian Arts Craft Center News

The Appalachian Arts Craft Center in Norris will hold its annual Plant Sale starting on Saturday, May 11 from 10 a.m. to 6 p.m. at the center located at 2716 Andersonville Highway 61 in Norris.

Wildflowers, bushes, ferns, herbs and other plants will be available. This is a great way to get locally hardy plants at a reasonable price.

The sale will continue through the next week, but for the best selection shop early.

On May 11 from 2 p.m. to 4 p.m., local author Lanny Payne will be at the center with his new book, "The Reformation in Scotland".

The center will host its Annual Benefit and Auction from 5:00 p.m. to 8:00 p.m. on Sunday, June 2, at the Norris Community Building located at 20 Chestnut Road, in Norris.

The event will include music by Liz & Tim, Graham Marema, Rick Long on the bowed psaltery, and Toni Ferguson on the dulcimer. There will also be a covered dish dinner, door prizes and a silent auction.

The Appalachian Arts Craft Center is a nonprofit center promoting traditional artists and crafts for over 40 years in the East Tennessee area. It has a shop featuring hand crafted art by more than 70 artisans and holds classes all year long. For more information, call 865-494-9854 or see www.appalachianarts.net.



Anderson County Solid Waste Logo Contest

Anderson County Solid Waste is in process of designing a Facebook page to promote litter prevention, recycling, and to provide information on Anderson County Solid Waste programs and upcoming events.

Anderson County Solid Waste is asking for help from local students to design a logo for the Solid Waste Department and the new Facebook page. To this end Anderson County is sponsoring a "Create a Logo Contest" to develop a logo.

Any student aged 9 to 13, enrolled in any County school, Clinton City School, Oak Ridge City School, private school within Anderson County, or home-schooled within Anderson County is eligible to participate.

Logos should be drawn or painted by hand, in color, and should have the following elements in the design: The words "Anderson County Solid Waste"; words, pictures, or symbols about litter prevention or keeping litter in its place; words, pictures, or symbols about recycling and words, pictures, or symbols about the earth, and/or the environment.

Logos should be no larger than 12 inches by 12 inches.

Logo designs can be submitted at the Anderson County Courthouse in Room 127 or Room 213 from 8:00am to 5:00pm, Monday through Friday. The contest will run from May 13 to May 24, 2013. Any submission after 5:00 p.m. on Friday, May 24, 2013 will not be eligible.

The student that creates the winning logo will receive their choice of a scholarship to one of the Summer Art Classes at the Children's Museum of Oak Ridge or Appalachian Arts Craft Center, valued at \$135 including materials fees, or \$100 in art supplies. The Runner-up will receive \$50 in art supplies.

RAM Clinic Information Meeting

Remote Area Medical (RAM) will hold a free medical clinic for the uninsured on September 21st and 22nd. The clinic will be hosted by First Baptist Church in Clinton.

In preparation for the clinic, the organizers will hold an informational meeting for the community on Monday May 20th at 6 pm in the church sanctuary.

Event though the event isn't schedule for a few more months, the organizers have a lot of work to do between now and then. During the May 20th meeting organizers will discuss their needs for funding, the types and amounts of specific goods and services needed to make the clinic a success and provide a chance for area churches, businesses and individuals to sign up to volunteer.

Volunteer opportunities are available at the clinic as well as to work with the RAM program itself. All volunteers will have to fill out an online application and during the May 20th meeting volunteers without the internet will have a chance to sign up.

In all, the clinic is expected to serve approximately 1000 patients, all of whom will be fed during the two-day clinic as well as a total of seven meals over that weekend for the estimated 300-plus volunteers.

Monetary donations as well as food, paper products and other items are needed. Organizers say that with a wide variety of items and quantities needed, everyone can lend a hand, from the largest church or business to the individual citizen.

This is a community clinic and organizers want everyone who wants a chance to be part of the event to participate as much as they can. For more information, call 865-254-2370 or e-mail RAMHost@fbclinton.org.

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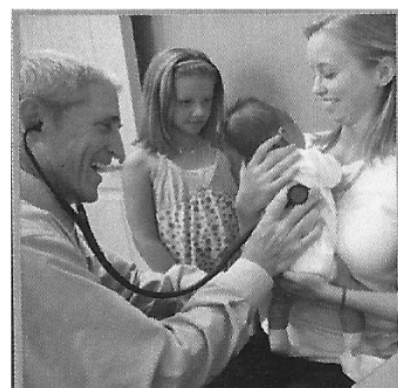
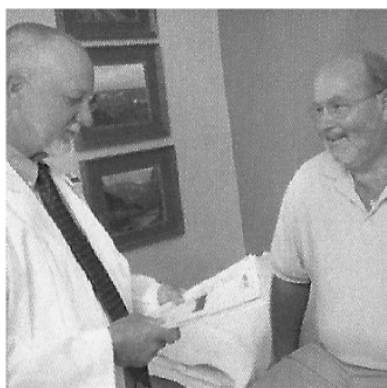
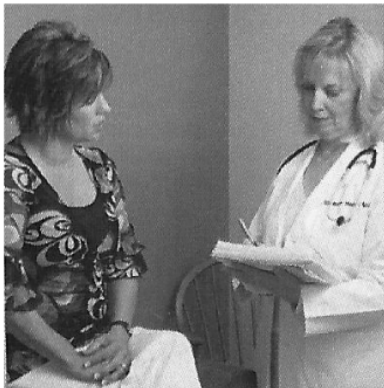
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Limited Space Available for Leadership Anderson County

Leadership Anderson County, sponsored by the Anderson County Chamber of Commerce, has a limited number of openings for the 2014 class, scheduled May 2013 through March 2014. The course curriculum is designed to help develop and strengthen leadership skills, while simultaneously promoting the importance of community involvement.



Leadership Anderson County Class of 2013 poses with Governor Bill Haslam during their visit to the State Capitol.

By attending Leadership, individuals have a terrific opportunity to leave their comfort zone and become part of a developmental assignment, which Fortune magazine states is among the most important tools that great companies utilize but that average organizations rarely use.

Objectives of the program:

- Focus and expand the knowledge base of participants,
- Provide a means for understanding local business dynamics and (their) impact on economic and community development,
- Introduce business leaders and elected officials who influence the private and public sectors,
- Create an environment that espouses the benefits of teamwork by challenging participants to work with other established leaders,
- Engage participants in leadership skills training teaches individuals how to work with and influence others, and
- Stimulate a desire to participate in boards, organizations and activities designed to improve the community.

The fee for enrollment is \$1,000. The return on the investment from this program is the participant's exposure to leadership skills development, an opportunity to network with community leaders, and community service opportunities. An Application may be downloaded at <http://andersoncountychamber.org>. To reserve your place in the Program, please return your application and payment to the Chamber by May 10. Please contact Chamber President Jackie Nichols, at 865-457-2559 for additional information.

Museum of Appalachia to host Barn Dance

The Museum of Appalachia, a Smithsonian Affiliate museum, will host its first annual Barn Dance, to be held on Friday, May 17. The evening will feature horse drawn wagon rides, a sumptuous southern buffet dinner, and traditional Appalachian dancing accompanied by live music by the Museum of Appalachia Band.

The evening will also offer a live auction of vacation get-a-ways, including the Rocky Mountains, golfing weekend and membership to Laurel Valley Resort in Townsend and a weekend stay at a private historic plantation near Natchez, Mississippi. Southern Arts & Crafts, a blacksmithing workshop, folk art and antiques will be among the exceptional items offered during the silent auction



The Barn Dance is being organized by a committee of women dedicated to the success and growth of the Museum of Appalachia. "The Museum of Appalachia offers our region such a wealth of cultural and historic treasures,

preserving so many of the traditional ways and community structures of our ancestors in this living history museum. Proceeds from the Barn Dance will help sustain the Museum for future generations." says Committee chair and Museum Board Member Kay Brookshire

Brought to the U.S. in the 19th century by European immigrants, barn dances were held to celebrate the raising of a new barn, a holiday, birthday, or wedding. The dance was an opportunity for rural communities to come together, put aside their labors and enjoy a lively evening of music, dance, and socializing. The Museum of Appalachia is excited to invite our supporters and the community to come together as our ancestors did and celebrate the heritage and culture of the peoples of Appalachia. For advance ticket information, please call 865-494-7680 or visit our website www.museumofappalachia.org.

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Lake City
 Chamber of Commerce

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Youth Leadership



Youth Leadership Anderson County visited the State Capitol in March, posing for a photo with Governor Bill Haslam and Rep. John Ragan. Youth Leadership is sponsored by the Anderson County Chamber of Commerce and consists of sophomores, juniors and seniors from Anderson County High School and Clinton High School. A Graduation Luncheon was held in April.

The Grist Mill at Norris Dam State Park

By Lauren Baghetti, Park Ranger

A trip to Norris Dam State Park would not be complete without hiking a trail, meeting Blinky the Barred owl at a program, walking across Norris Dam, and visiting the Rice Gristmill. The gristmill operated for over 100 years providing corn meal for families. Even after it stopped grinding corn, it still stands and the gears turn as if corn was falling down the hopper. The gristmill has an impressive history and its significance is extraordinary.

The Rice Gristmill, as the name implies, was owned and run by the Rice family. James Rice moved from western North Carolina and settled at Sharp's Station in 1790. Five years later he moved to Lost Creek in Union County. He and his family built a home and probably surrounding buildings, perhaps a barn, a spring house, and corn crib. James also built a gristmill in the spring/fall of 1798.

This was a very important building. People needed corn meal to make cornbread, hoecakes, and other food staples. James provided the gristmill to ground the abundant corn, not only for his family, but for surrounding neighbors as well. It played another important role in the community. The mill served as a social gathering place. While their corn was ground families and friends would visit. Since gossip could not be passed along the fence line, it is probable that gossip was passed around at the gristmill.

The gristmill is powered by water. Water is channeled down the raceway filling buckets on the wheel. As buckets fill they become heavy and fall, turning the wheel. This design is known as an overshot wheel. The water wheel is attached to a large shaft inside the mill. The shaft turns a series of cogwheels which in turn are connected to and move one millstone, located on the second floor. Corn is poured into the hopper, a large rectangular shaped funnel, which then falls down a shaft and is caught between two millstones. The bottom stone is stationary and the top stone turns crushing the corn. Depending on how fine the individual wanted the meal, dictated how close the stones were placed. The finer the meal then the top stone was lowered closer to the bottom stone.

James Rice built and operated the mill for 31 years, from 1798 to 1829. When James died his oldest son George ran it. George was also an excellent gunsmith and used smaller stones to rifle out the guns' barrels. One of the smaller stones is now a step outside the upper level door. George was such a good gunsmith it is said his rifles were barred from certain shooting events. George ran the mill for 39 years, 1829 to 1868, when it was passed to his oldest son, Henry. During Henry's operation a storm knocked down the mill. He salvaged the working parts and rebuilt it. Henry ran it for 20 years when he passed it down to his oldest son, Rufus. Rufus was the last owner and operator

of the gristmill for 47 years, 1888 to 1935.

Lost Creek sat in the area that would be flooded and become Norris Lake. TVA purchased the Rice's land and realizing the importance of the gristmill, kept it. The Civilian Conservation Corps and the National Park Service labeled each part, dismantled, and rebuilt the mill at its current location. TVA donated the gristmill to Tennessee State Parks in 1953. The mill continued to grind corn for demonstration and to sell. While visitors can no longer watch corn being ground and purchase it, water still powers the wheel and the cogwheels still turn the millstone.

During the mill's years of operation the price to grind corn was based on the barter system. Families did not pay with money, but traded items for the service. Individuals would give 1/8 of the amount of corn ground to pay for the use of the mill. Grinding corn was not the only purpose of the gristmill. It also ground wheat and powered a sawmill, cotton gin, trip hammer, rifled out gun barrels as mentioned, and for a short while, operated a dynamo which provided the mill and Rice's home with electric lights in 1899. Shirley Viles, curator at the gristmill, says her favorite part of working there is "seeing families having picnics and spending quality time together." There are several picnic tables alongside the creek, and when lunch is done kids can be found in the water looking for crawdads. It is also a great place for family photos, providing a rustic background or a small splash of color with purple Phlox in the flower beds. Shirley adds that she was interested in working at the gristmill because of its tranquility and "it is the prettiest part of Norris Dam State Park." It is a favorite place of many, and understandably so. It is certainly one of my favorite places in the park.

As I walk up I see old wood, watch the water turn the cogwheels, and the moving stones. Inside I can hear the creek bubbling, the wheels as they turn and the rumbling stones from above. I always go in the bottom door because I love the smell of the wet rocks and the grease on the gears. I can feel the cool air downstairs and climbing the steps I inhale hot stuffy air. And after a good rain when water is roaring down the raceway making the gears and stones turn rapidly, I can feel the wheel and floor shake beneath me. While I cannot taste cornmeal anymore, hundreds of visitors before me could.

Please stop by the Rice Gristmill and enjoy it as hundreds of people have over the last 215 years. There is a small gift shop located on the second floor. The Rice Gristmill is open Wednesday through Sunday, 9:00 a.m. to 4:30 p.m. and closes for the winter months in November. Information came from "The History of Rice's Old Gristmill" written by John Rice Irwin.



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Recipe : Overnight Blueberry French Toast

- 12 slices day-old bread, cut into 1-inch cubes
- 2 (8 ounce) packages cream cheese, cut into 1 inch cubes
- 1 cup fresh blueberries
- 12 eggs, beaten
- 2 cups milk
- 1 teaspoon vanilla extract
- 1/3 cup maple syrup
- 1 cup white sugar
- 2 tablespoons cornstarch
- 1 cup water
- 1 cup fresh blueberries
- 1 tablespoon butter

DIRECTIONS:

1. Lightly grease a 9x13 inch baking dish. Arrange half the bread cubes in the dish, and top with cream cheese cubes. Sprinkle 1 cup blueberries over the cream cheese, and top with remaining bread cubes.
2. In a large bowl, mix the eggs, milk, vanilla extract, and syrup. Pour over the bread cubes. Cover, and refrigerate overnight.
3. Remove the bread cube mixture from the refrigerator about 30 minutes before baking. Preheat the oven to 350 degrees F (175 degrees C).
4. Cover, and bake 30 minutes. Uncover, and continue baking 25 to 30 minutes, until center is firm and surface is lightly browned.
5. In a medium saucepan, mix the sugar, cornstarch, and water. Bring to a boil. Stirring constantly, cook 3 to 4 minutes. Mix in the remaining 1 cup blueberries. Reduce heat, and simmer 10 minutes, until the blueberries burst. Stir in the butter, and pour over the baked French toast



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