PUBLISHED BY THE ROCKY TOP CHAMBER OF COMMERCE $\mathbf{01}$ 9 **FREE** FREE



Lake City Elementary School would like to recognize Honor Roll Students for the third grading period.

THIRD GRADE A&B HONOR ROLL HALEY GRAY, JAYDIN MARINELLI, GATLIN MCCOY, OLIVIA WREDE, RICKY AMAYA, CHARLI BRADEN, BENTLEY GIBSON, CINDLE JUSTICE, CHLOE NOLAN, BRYSON VOWELL, WHITNEY BURCHFIELD, JADEN FOSTER, REMY HARRIS, OLIVIA HAYES, SOPHIA JOHNSON, LUKE LEINART, RYLEE BRADEN, ELLA CLARK, MARLEY ELLIOTT, ADYSON HILL, LILLY MCCORMICK, MAKIYA OWENS AND ALLIE NELSON

THIRD GRADE ALL A HONOR ROLL -

VIOLET ADAMO, JACKSON BROWN, KELSEY BURRIS HAILEY CORNETT, PRESLI FOX, MARCUS JONES, JULIA OWENS, HEAVEN PIETROBURGO, BENTLEY SHARP, REESE HARRELL, AND MICHAEL PIETROBURGO

FOURTH GRADE A&B HONOR ROLL -

WILLA BULLOCK, LEE GOINS, DAKOTA HOOVER, CAYSON KURIGER, COLTON LONG, LILY MAIDEN, NEVEAH RIFFEY, JAYLEN SHELTON, REBECCA VARRO, LAKLEE WADE, JAMIE BUDROW, MAKAYLA GRAHAM, WESTON NICHOLS, MARLEY RUSSELL, NEVAEH SNOW, SARAH GARBES, JONATHYNE PENNINGTON, MCKENZIE SHARP, GLORIA MASSENGILL, KYLE PERKINS, NEVAEH MINCEY, HANNAH LEINART, PEYTON BAKER, NATALIE SELLERS, AIDEN LINDSAY, AND BROOKLYNN WHITTENBERG

FOURTH GRADE ALL A HONOR ROLL -

BROOKLYN BRADLEY, STELLA FARROW, JOSH WILLIAMS, NATELIE FLATFORD, BROOKLYN HOWARD ALEXANDER LIVINGSTON, AUBRI NEER, RAEGAN GREEN, TYLER PITSENBARGER, JANSEN BAKER, RYLAN ELKINS, VANSH RAJ, GARRETT TURNER, ANSLEY WILBANKS EMERIE BULLOCK, TRYSTEN HARMON, JAIDYN PEBLEY, AND **RILEY SAVAGE**

FIFTH GRADE A&B HONOR ROLL -

JAYDEN EZELL, CAYSON HOOKS, CADEN IDLES, DALTON JOBE, ROSS JOHNSON, LANDON MCCRACKEN, EVAN PREWITT, DYLAN BAIR. EDDIE PHILLIPS. VICTORIA SHARP. AUSTIN SM DARLA YEARWOOD, ELI BEAN, DAKOTAH BERLIN, JUSTIN BUNCH, JACOB GOODMAN, JORDAN LINDSAY, ASHLYN SEIBER, JAYDEN SMITH, MICHAEL VANSKIVER, AND MORGAN HATMAKER

FIFTH GRADE ALL A HONOR ROLL -

KAROLINE ARENDER, MADISON BABB, NEYLAN BEATY, EMILEE BRADEN, CHLOE FREEMAN, ELI JOHNSON, CARTER MELTON, JEREMIAH OWENS, MYLEE PIETROBURGO, JAYDEN SMIDDY, COY TOMLINSON, ADELYN ADAMO, LAINEY PHILLIPS, SAVANNAH RHOADES, AND BELLA TEMPLIN

VACATION BIBLE SCHOC

June 3rd-7th Main Street Baptist Church June 3rd-7th June 17-21 July 21st-26th Rocky Top Church of God 6:30pm-8:30pm

June 2nd-6th Clinch River Baptist Church 6:00pm-8:15pm 10:00am-1:00pm Gospel Light Church of God 5:45pm-8:00pm Laurel Branch Baptist Church 7:00pm-9:00pm



Is your church having Vacation Bible School this Summer? Please email us the name of the church, dates and time and we will post it free of charge in our newspaper! Our email address is: rockytopchamber@gmail.com Thank you!!!

> **Rocky Top Public Library** Summer Reading Program

Every Friday Starting June 7th at 2:00pm

Teens **Every Thursday** Starting June 6th at 2:00pm

Register Now!!

Monday, May 27th, 2019 **Memorial Day Service at 2:00pm At Veterans Memorial** behind Rocky Top Public Library **Everyone welcome!!!**

MAY 2019



Has substance misuse affected your	CRAFTING FOR COMMUNITYSERVIC
family or friends? Do you want to help your community?	Continue terrance Continue terrance Continue terrance Continue terrance Continue terrance Continue terrance
SASAP of Anderson Works	Bring your project and finish it as you socialize with other women of similar interest. Don't have a project help with one that will benefit others: Chemo and Infant Hats, Lap Robes for Shut-ins, Mats for the Homeless. The only skill you need is a big heart.
	Everyone Welcome
Giving just I hour	1 st & 3 rd Mondays of the Month 4-6pm
makes a difference	First Baptist Church of Rocky Top
	Fellowship Hall
Contact ASAP of Anderson at 865-457-3007 or asapofanderson@gmail.com	Park in the lower parking lot and look for the sign on the door.
ROCKYOP	EMDRAPRIL 23RDAPRIL 23RDMEREDITH WOOD, MSC, NCC, LPC-MHSPEye Movement Desensitization and Reprocessing (EMDR) therapy is a techniques employed by mental health professionals to create neural-plasticity in an effort to effectively treat trauma, addiction, somatic disorders, chronic ailment, phobia, infidelity, and dissociative disorders. Learn how and when a referral for EMDR treatment may be a good option.Register at emdrlunchandlearn.eventbrite.com
WORSHIP CENTER	MASSAGE THERAPY JUNE 25TH OPIOID GARY N. GENNA, BS, LMT, NMT, NSMT
160 STRAIGHT WAY	ALTERNATIVES Massage therapy provide hands-on healthcare to reduce stress and pain, enhance wellness and improve athletic performance. Research shows massage therapy is an effective
ROCKY TOP, TN 37769	treatment for chronic pain. LUNCH AND LEARN SERIES Register at massagetherapylunchandlearn.eventbrite.com
(865)426-6544	MBSR AUGUST 27TH JOAN R. RENTSCH, PHD
WWW.RTWC.ORG	Mindfulness is defined as present moment awareness that
	Each Lunch and Learn will provide occurs without judgment (Jon Kabat-Zinn, 1990). Mindfulness information about a specific opioid practices and MBSR have been found to be empirically related
	Each Lunch and Learn will provide occurs without judgment (Jon Kabat-Zinn, 1990). Mindfulness
PASTORS CHRIS AND MICHELLE TACKETT	Each Lunch and Learn will provide information about a specific opioid alternative treatment from a qualified professional. occurs without judgment (Jon Kabat-Zinn, 1990). Mindfulness practices and MBSR have been found to be empirically related to reductions in negative experiences (e.g., rumination, stress, and emotional reactivity) and with improvements in positive capabilities (e.g., working memory, focus, and cognitive
PASTORS CHRIS AND MICHELLE TACKETT	Each Lunch and Learn will provide information about a specific opioid alternative treatment from a qualified professional. occurs without judgment (Jon Kabat-Zinn, 1990). Mindfulness practices and MBSR have been found to be empirically related to reductions in negative experiences (e.g., rumination, stress, and empirically and with improvements in positive capabilities (e.g., working memory, focus, and cognitive flexibility). MBSR was developed to assist patients suffering from pain and it is related to lowered perceptions of pain Register at mbsrlunchandlearn.eventbrite.com Time: 12:00PM PHYSICAL THERAPY/WELLNESS OCTOBER 29TH Lunch Provided starting at 11:45AM. KELLY J. LENZ, PT, CWHC
PASTORS CHRIS AND MICHELLE TACKETT	Each Lunch and Learn will provide information about a specific opioid alternative treatment from a qualified professional.occurs without judgment (Jon Kabat-Zinn, 1990). Mindfulness practices and MBSR have been found to be empirically related to reductions in negative experiences (e.g., rumination, stress, and emotional reactivity) and with improvements in positive capabilities (e.g., working memory, focus, and cognitive flexibility). MBSR was developed to assist patients suffering from pain and it is related to lowered perceptions of pain Register at mbsrlunchandlearn.eventbrite.comTime: 12:00PMPHYSICAL THERAPY/WELLNESS OCTOBER 29THLunch Provided starting at 11:45AM.KELLY J. LENZ, PT, CWHCPhysical therapy intervention provides an individualized approach to improving activity level in ways that will not significantly provoke pain. Wellness coaching provides people
PASTORS CHRIS AND MICHELLE TACKETT	Each Lunch and Learn will provide information about a specific opioid alternative treatment from a qualified professional.occurs without judgment (Jon Kabat-Zinn, 1990). Mindfulness practices and MBSR have been found to be empirically related to reductions in negative experiences (e.g., rumination, stress, and emotional reactivity) and with improvements in positive capabilities (e.g., working memory, focus, and cognitive flexibility). MBSR was developed to assist patients suffering from pain and it is related to lowered perceptions of pain Register at mbsrlunchandlearn.eventbrite.comTime: 12:00PMPHYSICAL THERAPY/WELLNESS OCTOBER 29THLunch Provided starting at 11:45AM.KELLY J. LENZ, PT, CWHCDates and Topics are Subject to Change. All registered attendees will be notified of any changes if and when they occur.Velocuration is passed on the behavioral medicine model with accountability
PASTORS CHRIS AND MICHELLE TACKETT	Each Lunch and Learn will provide information about a specific opioid alternative treatment from a qualified professional.occurs without judgment (Jon Kabat-Zinn, 1990). Mindfulness practices and MBSR have been found to be empirically related to reductions in negative experiences (e.g., rumination, stress, and emotional reactivity) and with improvements in positive capabilities (e.g., working memory, focus, and cognitive flexibility). MBSR was developed to assist patients suffering from pain and it is related to lowered perceptions of pain Register at mbsrlunchandlearn.eventbrite.comTime: 12:00PMPHYSICAL THERAPY/WELLNESS OCTOBER 29THLunch Provided starting at 11:45AM.KELLY J. LENZ, PT, CWHCDates and Topics are Subject to Change. All registered attendees will be notifiedVelocute of an and it is reportunity to have a guide, supporter and motivator in their pursuit of a healthier life. It

CONTACT

865-457-3007

ASAPOFANDERSON@GMAIL.COM WWW.ASAPOFANDERSON.ORG

MAY 2019

WEDNESDAY EVENINGS AT 7PM

ROCKY TOP NEWS

Register at acupuncturelunchandlearn.eventbrite.com

Acupuncture has long been recognized as an effective treatment for chronic pain. It works by applying needles, heat, and pressure to specific points on the body, and is well established as an effective treatment for chronic pain.

PAGE 3

Ρ

R

Ε

S

MAY 2019

CES Students of the Month

PAGE 4

С Н \bigcirc \bigcirc Grant Byrge, Sam Shelley, Leo Dodson, Joseph Howe 1 S Т G R A D Ε Jordan Braden, Sarah Howard, Hailey Burris 3 R D G R Α NI () D 13 Ε Chloe Nolan, Gatlin McCoy, Victoria Swanson, Ella Clark 5 T Η NDERSON CO G R FOOTBALL Α D Ε Jayden Smith, Kayda Sharp, Coy Tomlinson



Bryson Harness, Axel Jones, Aria Goins



Olivia Caddell, McKenzie Ridenour, Paige Herrell



Natelie Flatford, Natalie Sellers, Rebecca Varro

Est. 1867 Anderson County Schools Every Student, Every Day 2018 2019 School Year Calendar	
May 13	In-service (NO school for Students)
May 17	Graduation for Clinch River Community School
May 19	Graduation for ACHS & CHS
May 24	Last Day for Students <i>(Abbreviated Day - No Buses)</i> (88 days) (179 Year Total)
May 27	Memorial Day (District Closed)

Note: Students will be dismissed 90 minutes early each Wednesday. Revised 11.1.2017

ROCKY TOP PUBLIC LIBRARY NEWS & EVENTS

<u>Senior Game Day</u>

Join us the first Monday of every month at 11:00 a.m. for a fun game of BINGO!



MAY 2019

LEGO Club will be on May 7th, 14th, 21st and 28th from

CLUBB 3:30 p.m. to 5:00 p.m. We will not have LEGO Club April 9th due to closing for Staff training. We provide the LEGOS and you provide the imagination! Build your creations and we'll display them in the library until our next LEGO Club Meeting. The LEGO Club meets every Tuesday (except the first Tuesday of the month) from 3:30 p.m. - 5:00 p.m. No registration is required.

We also have received a set of "Brain Blox". Brain Blox are wooden building planks. They are all-natural, educational, STEM-inspired and do not require magnets or connectors of any kind: only balance, friction and your amazing brain!

Adult / Teen Coloring Day

Join us the second Monday of every month at 11:00 a.m. for a fun and relaxing hour of coloring. Coloring pages and supplies will be provided or you may bring your own.



GROUP

Adult Craft Day

Join us May 20th as we make antique, rustic books to display in your home. The fee for this class is \$10.00. Registration deadline is May 1st due to limited space. If you are interested in doing crafts, we offer a variety of different classes. Drop by the library and pick up a calendar to see what is being offered each month. Class requires prior registration and a small fee (for supplies) to participate.

Book Discussion Group

Join us on the last Monday of every month at 11:00 a.m. for Book Discussion Group. Bring a book you are currently reading or have read and share with others in the group. This is a great way to be introduced to new authors you may not have read.



F<u>ree Computer Classes</u>

Rocky Top Public Library provides Basic Desktop Computer Classes every Tuesday from 11am to 12pm

are new to computer use, then this is the class for you!

Children's Story Time

Story Time is every Friday at 4:00 p.m. and every Saturday at noon. There will be no Story Time Saturday, May 25th due to the library being closed in observance of Memorial Day.



Friends of Rocky Top Public Library

If you appreciate the library and the many programs that are provided and would like to have a part in them, join the Friends of the Rocky Top Public Library. The Friends Group is instrumental in providing for the various needs of the library. All of the children's programs are made possible by the Friends Group as well. The Friends of the Rocky Top Public Library are a great asset to our community! If you would like to be part of this great group of people, pick up a brochure today at the circulation desk! Ask about the "perks" that you would receive by joining the Friends Group as well!



Read to a Dog!

Each Monday from 3:00 p.m. to 4:00 p.m. Ruff Reading Buddy Ziggy will be at the library! Why read to a dog? Because a dog is friendly, fuzzy and loves the attention of being read to! Gain confidence in your reading aloud skill and enjoy the company of our fabulous Ruff

Reading Buddy Ziggy!

May Closings

The library will close Thursday, May 24th at 6:00 p.m. and re-open Tuesday, May 28th at 9:30 a.m. in observance of the Easter Holiday.

All Rocky Top Public Library events are free (unless specified) and open to the public.

NEW BOOKS & DVD'S

Adult Fiction: Dark Tribute by Iris Johansen The Last Second by Catherine Coulter Blood Oath by Linda Fairstein The Cornwalls are Gone by James Patterson Wild Card by James Patterson Killer Thriller by Lee Goldberg Where the Crawdads Sing by Delia Owens Stone Bridges by Carla Neggers Deep Harbor by Fern Michaels American Duchess by Karen Harper What Doesn't Kill Her by Christina Dodd The Testament of Harold's Wife by Lynne Hugo The Island of Sea Women by Lisa See The A-List by J.A. Jance Two Weeks by Karen Kingsbury The Tinderbox by Beverly Lewis Someone Knows by Lisa Scottoline Untouchable by Jayne Ann Krentz The 13-Minute Murder by James Patterson Fulfillment by Barbara Delinsky The Patient One by Shelley Shepard Gray Redemption by David Baldacci Neon Prey by John Sandford Miss Julia Takes the Wheel by Ann B. Ross Miracle at St. Andrews by James Patterson A Silken Thread by Kim Vogel Sawyer Half Finished by Lauraine Snelling Courting Mr. Emerson by Melody Carlson Large Print Fiction: Nine Perfect Strangers by Liane Moriarty Non-Fiction: Secrets of a Marine's Wife by Shanna Hogan The Complete Gardener's Guide Women of the Word by Jen Wilkin Western Paperback: Springfield 1880 by William Johnstone Stranglehold by William Johnstone The Jackals by William Johnstone Live by the West, Die by the West by William Johnstone Whiskey River by Ralph Compton Audio CD: Before and Again by Barbara Delinsky Before We Were Strangers by Brenda Novak The Boy by Tami Hoag Desperate Girls by Laura Griffin The Husband Hour by Jamie Brenner Young Adult: Ashes in the Snow by Ruta Sepetys **Juvenile Fiction:** Where the Mountain Meets the Moon by Grace Lin Copyboy by Vince Vawter Paperboy by Vince Vawter The Boxcar Children: Surprise Island by Rob Worley The Boxcar Children by Shannon Denton The Boxcar Children: The Woodshed Mystery by Joeming Dunn The Boxcar Children: The Lighthouse Mystery by Joeming Dunn The Boxcar Children: Mountain Top Mystery by Joeming Dunn The Boxcar Children: Mystery in the Sand by Joeming Dunn A Mouseford Musical by Thea Stilton Rosie Revere and the Raucous Riveters by Andrea Beaty Escape from Lucien by Kazu Kibuishi Firelight by Kazu Kibuishi Supernova by Kazu Kibuishi Dog Man Brawl of the Wild by Dav Pilkey **Juvenile Non-Fiction:** Where is the Great Barrier Reef by Nico Medina Where is the Tower of London by Janet Pascal Where is the Great Wall? By Patricia Demuth Where is the Grand Canyon? By Jim O'Connor Juvenile Biography: Who Is Pele? by James Buckley Who was Selena? by Kate Bisantz Who was Chuck Jones? by Jim Gigliotti Who is Judy Blume? by Kirsten Anderson Who was Napoleon? by Jim Gigliotti Who was Coretta Scott King? By Gail Herman Who was Jane Austen? by Sarah Fabiny Children's Easy: Scooby Doo! Battle of the Snowboarders by Sonia Sander Puppy Dog Pals Adventures in Puppy-Sitting by Annie Auerbach Puppy Dog Pals Design a Dog by Michael Olson Puppy Dog Pals Happy Birthday! Puppy Pals! By Michael Olson Puppy Dog Pals Hawaii Pug-O by Michael Olson Hank the Pet Sitter Otis the Very Large Dog by Claudia Harrington Scooby Doo! Food Fight! by Sonia Sander

MAY 2019





MAY 2019

Lake City Elementary School would like to thank the community for their help raising money for the American Heart Association Kid's Heart Challenge. Under the leadership of physical education teacher Josh Boynton students were able to raise \$4,452 for this worthy cause.

These were the top fundraisers:

Emerie Bullock- \$700
 Jaxon Huddleston- \$252

 Deus Smith- \$250
 Natalie Sellers- \$203
 Sophia Martin- \$200
 Dakotah Berlin- \$150
 Payci Caldwell- \$137
 Rylan Elkins- \$130
 Lee Goins- \$125
 Olivia Hayes- \$115
 Sophia Carroll- \$100
 Kali Roaden- \$100
 Reagan Horne- \$100
 Joe Melton- \$100

Pictured is Coach B with top fundraiser, Emerie Bullock.



UNITED STATES POSTAL SERVICE

To Residents of Rocky Top that receive mail delivery at their residence:

Did anyone bite you at work today?

On average, nearly 15 mail carriers per day will say, "Yes."

Postal Service officials report that in 2018, 5,714 letter carriers experienced dog bites or dog attacks. With deliveries every day, including Sundays and holidays, carriers continue to experience dog bites in urban, suburban and rural settings.

Dog attacks and bites are 100 percent preventable when dog owners remain vigilant and properly restrain their dogs.

To ensure mail carriers' safety, dog owners must securely lock their dog in another room until a delivery exchange is done. If outside, dogs must be leashed, at a distance from the mailbox.

When a carrier feels unsafe, mail service could be interrupted, not only for the dog owner, but for the entire neighborhood. When mail service is interrupted, mail must be picked up at the Post Office. Service will not be restored until the dog is properly restrained.

With your help, we can keep our carriers, your neighbors and your dogs safe. Thank you for protecting your pet and our mail carriers as we continue to bring packages and correspondence to your door each day.

Sincerely,

Tina Edmonds, Postmaster Rocky Top Valerie Rosenow, Postmaster Heiskell Gregg Lonas, Postmaster Andersonville Kristi Hamilton, Postmaster Clinton

Trout-Fishing Event For Military Families



NORRIS—The Clinch River Chapter of Trout Unlimited is hosting a free fishing event for military families: Veterans on the Water, Saturday, May 18, from 9 a.m. to 1 p.m.

All veterans, active military personnel and their families are invited to participate. They'll get an introduction to fly fishing plus a picnic lunch and the opportunity to visit with other military families. The free event—supported by a grant from the Tennessee Valley Authority—will take place on the bank of the Clinch at Miller Island boat ramp, River Road near the intersection with Highway 441, Norris.

No reservations are required. Families who have questions should contact Sam Hodnett, coordinator of the chapter's Veterans Service Partnership, at shodnett@msn.com or (865) 805-1507.

The Clinch River Chapter's mission is to conserve and enhance the Clinch River tailwater trout fishery and its watershed, through conservation projects and through education of children and adults in aquatic natural resources. Meetings are held the second Thursday of the month at St. Francis Episcopal Church, Norris, except when outdoor activities are scheduled. For more information, visit https://crctu.org/.

ASAP Partners with Police Departments for Drug Take Back Day DEA National Drug Take Back Day in Anderson County

Anderson County, TN, April 2019 – Anderson County participated in the 2019 DEA Rx Drug Take Back Day on April 27th, 2019. Community members brought their expired or unused medicines to one of the Anderson County Take Back locations. Collection locations are located at the police departments listed below.

- Clinton Police Department, 125 W Broad St, Clinton, TN 3716 Oak Ridge Police Department, 200 S Tulane Ave, Oak Ridge, TN 37830 Norris Police Department, 9 W Circle Road, Norris, TN 37828 Rocky Top Police Department, 104 Lawson St, Rocky Top, TN 37769 The National Rx Drug Take Back Day addresses a crucial public safety and public health issue. According to the 2015 National Survey on Drug Use and Health, 6.4 million Americans misused controlled prescription drugs, and that number has continued to climb in recent years. Studies show many of the misused prescription drugs are obtained from family and friends, often from the home medicine cabinet. The Take Back Day provides an opportunity for Americans to prevent drug addiction and overdose deaths in our community and communities across the U.S. Items that are accepted for disposal include prescription medications (unwanted, expired, unused), antibiotics/steroids, cold and flu medications, vitamins/herbal supplements, pet medications, medication samples, and medication ointments/lotions. Anderson County also has six permanent disposal bins located throughout the county - one in each Police Department in Clinton, Norris, Oak Ridge, Oliver Springs, and Rocky Top, as well as at Walgreens Oak Ridge next to the pharmacy counter. These bins are available to community members anytime for disposal. For more information, contact ASAP of Anderson at 865-457-3007 or visit www.ASAPofAnderson.org. For questions about individual locations, contact the police departments directly. Follow @ASAPofAnderson on Facebook. Twitter and Instagram.

Rocky Top Fire Department

MAY 2019

