ROCKY TOP NEWS

PUBLISHED BY THE ROCKY TOP CHAMBER OF COMMERCE

FREE

MAY 2020

FREE

COAL CREEK WATERSHED FOUNDATION AWARDS \$20,000 IN SCHOLARSHIPS!!



Barry Thacker and Carol Moore of the Coal Creek Watershed Foundation awarded Louisa Roldan and Ian Campbell \$10,000 college scholarships on Sunday, 2 May 2020 at a very special place. We met them and their families at Militia Hill on Fort Anderson where the famous Coal Creek War took place in 1891-1892. Louisa and Ian have both played a part in its restoration, which is listed on the National Register of Historic Places.

The Nantglo Scholarship is offered to graduates of Briceville Elementary School to assist them in attending college or technical school. The scholarship is named in honor of the Welsh coal miners who settled Coal Creek after the Civil War. Nantglo is Welsh for Coal Creek. We have awarded more than \$500,000 in college scholarship assistance to 61 students over the past eighteen years.

Louisa plans to attend Pellissippi State to study animal science.

Ian plans to attend Tennessee Technological University to study either Conservation Biology or Environmental Biology and with the goal of attaining a master degree and maybe even a doctorate.

One of the requirements to continue their scholarship each year is that the recipient MUST visit Briceville School at least once during the school year (usually in December or January) with the other scholarship winners and speak to the Briceville students about their experiences in college and encourage them to study hard, stay in school and get a college education. We also encourage scholarship recipients to continue their community service efforts in Coal Creek.

To qualify for the \$10,000 college scholarship, interested high school seniors who graduated from Briceville School prepare an essay on "Improving the Quality of Life in the Coal Creek Watershed".



Main Street Baptist Church THANKS Y-12 Federal Credit Union for the much needed money to fund their summer feeding program!



Please remember to support our local businesses by shopping when they are open and ordering to-go at our local restaurants!



SEND US YOUR NEWS

The Rocky Top News is published by volunteers who are not always able to gather all of the news happenings in Rocky Top. Therefore, we are asking for your help. If you are at an event, please take a picture and email it to the Rocky Top News at rockytopchamber@gmail.com with the details of the event. Also, if you are involved in an organization or group that is planning an event in Rocky Top, please email or call the Rocky Top News with the details. There is no event too big or too small to let us know about.

AREA EVENTS IN AND AROUND ROCKY TOP COMMUNITY

All events are subject to change at this time. Please contact businesses or follow them on social media for up-to-date information about your favorite events.

CITY OF ROCKY TOP MEETING SCHEDULE

City Court

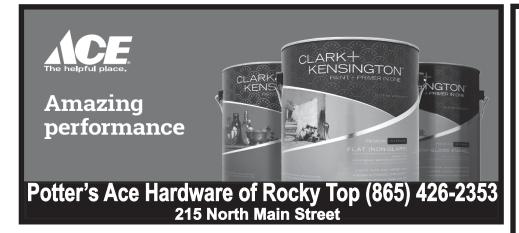
Downtown Growth Committee

Planning Commission

City Council Meeting

2nd Wednesday of the Month at 8:00 a.m. 2nd Thursday of the Month at 6:00 p.m. 3rd Tuesday of the Month at 5:30 p.m. 3rd Thursday of the Month at 6:00 p.m.

Insurors



Gary Cooper Insurance

801 N. Charles G. Seivers Blvd.

Clinton, TN 37716

865-457-0637

www.garycooperinsurance.com

Chamber Networking

Below are our currently scheduled 2020 Networking
Coffee's. We will update this list as more are scheduled. All
coffee's are from 8:00 a.m. to 9:30 a.m. unless noted otherwise.
This is a great opportunity for Chamber members to network
with other Chamber members. Everyone is welcome. If you are
interested in joining the chamber, please feel free to attend any
these events. For more information about the Rocky Top
Chamber of Commerce, visit www.rockytoptnchamber.com

These dates are tentative at this time.

Networking Coffee at Coal Creek Smokehouse Tuesday, June 16th, 8am-9:30am

Joint Networking Coffee with

Anderson County Chamber and Campbell County Chamber
at Powell-Clinch Utility District
Thursday, July 16th, 8am-9:30am



Join our Mission

865-426-9595 · RockyTopTNChamber.com



ROCKY TOP TENNESSEE

This paper is published by the Rocky Top Chamber of Commerce monthly and is free to the public.

Rocky Top Chamber of Commerce P. O. Box 1054 Rocky Top, TN 37769 865-426-9595

rockytopchamber@gmail.com

Please submit events, content and ads by email.

Rocky Top News Advertising Rates

Newspaper Sponsorship-\$300.00

Includes a full page advertisement for one month of the advertiser's choosing based on availability (value \$125) and eleven months of business card size advertisement (value \$220). Total savings of \$45.00. Sponsorship also includes a article about the advertiser's business.

Rocky Top Chamber Member's Rates

Full Page.....\$100.00
Half Page.....\$50.00
Quarter Page.....\$25.00
Business Card 3 1/2" x 2"...\$10.00

Non-Rocky Top Chamber Member's Rates

Full Page......\$125.00 Half Page.....\$75.00 Quarter Page......\$50.00 Business Card 3 1/2" x 2"...\$20.00

Classified Advertisements available to \$5 per line

Contact the Rocky Top Chamber of Commerce for multi-month discounts



Congratulations!

YOUTH AMBASSADOR COALITION GRADUATES

Elizah "Lilly" Callahan Holli Jackson Sophia Jodoin Isabella Kelly

CLASS OF 2020



Bakery & Catering

908 South Main Street • Rocky Top 865-257-6306

Fresh Produce For Sale Now! Tomatoes, Potatoes, Cucumbers, Onions, Oranges, Apples and More

We Offer: Cookies, Cupcakes, Snack Cakes, Breads & Pies

> <u>Place Custom Orders:</u> Cakes, Cookies, Pies and Breads

Let Us Help You Celebrate Birthdays Or Just Make An Ordinary Day Extra Special!

Call And Ask For Cathy Chris at

865-257-6306



CRAFTING FOR COMMUNITYSERVICE







Bring your project and finish it as you socialize with other women of similar interest. Don't have a project, help with one that will benefit others: Chemo and Infant Hats, Lap Robes for Shut-ins, Mats for the Homeless. The only skill you need is a big heart.

Everyone Welcome

1st & 3rd Mondays of the Month 4-6pm

First Baptist Church of Rocky Top Fellowship Hall

Park in the lower parking lot and look for the sign on the door.

Congratulations Charles Newport
on the honor of being
LCES Classified Employee of the Year!
We are so proud of you and
appreciate all the hard work you do
every single day!





USD/

United States Department of Agriculture

EAT RIGHT WHEN MONEY'S TIGHT

Food costs are on the rise. Read on for tips on how to stretch your food dollars by planning ahead, budgeting, making smart food choices, and preparing low-cost recipes

Shop SMARTER!

BEFORE Shopping

- Plan your weekly meals and snacks. Preparing in advance will help you know what you need and also help you put leftovers to good use. See below for more on planning ahead.
- Use store circulars and go online to look for coupons, sales, and store specials. Only use coupons on foods you normally eat. Make sure the coupons give you the best value for your money.
- For added savings, sign up for the store discount card or bonus card at your local supermarket.

PLAN AHEAI

- Plan to prepare and eat foods you already have at home first.
- Know how much money you have to spend on food.
- Make a shopping list based on the money you have to spend and what foods you will need.
- Buy only the amount of food you can use before it spoils.
 Remember, frozen, canned, or shelf-stable foods last longer!

DURING Shopping

- Have something to eat before you go shopping. It's easier to stick to your shopping list when you are not hungry.
- Try store brands. They are the same quality and cost less.
- Description Compare products for the best deal. Use unit pricing and also the Nutrition Facts labels to get the best product for your money. For more on food labels go to: http://snap.nal.usda.gov/resource-library/handouts-and-websites/using-nutrition-facts-labels.
- Check "sell by" or "use by" dates. Buy the freshest food possible. For more on food product dating, go to: http://www.fsis.usda.gov/wps/portal/ fsis/topics/food-safety-education/ get-answers/food-safety-fact-sheets/ food-labeling/food-product-dating/foodproduct-dating.



AFTER Shopping

- Store food right away in the refrigerator or freezer to keep it fresh and safe.
- If you buy a large amount of fresh food, like meat, poultry, or fish, divide it into meal-size packages, label the food, and freeze it for later use.
- Use foods with the earliest expiration dates first.





MORETO EXPLORE.

MyPlate Healthy Eating on a Budget: http://www.choosemyplate.gov/healthy-eating-on-budget.html
Basic Nutrition for Everyone: http://snap.nal.usda.gov/basic-nutrition-everyone
What's Cooking? USDA Mixing Bowl: http://www.whatscooking.fns.usda.gov/



After much deliberation and hard work, Anderson County administrators have scheduled graduation ceremonies for Anderson County High School & Clinton High School. Graduation ceremonies will be held unless the state or federal government restricts large group activities. (There is a possibility that the number of guests a student can have may be limited to a certain number due to facility capacity and/or mandates from the state or federal government.) If another stay-at-home restriction or like restriction is ordered, we will hold graduation services virtually on the same dates listed below. Both graduation ceremonies will be streamed at: www.AndersonCounty.tv

(Details of virtual graduation to be released as needed)

Anderson County High School Graduation 7pm on June 19th on the Anderson County Football Field 130 Maverick Cir, Clinton, TN 37716 (Alternative Rain Date on June 20th at 7pm)

Clinton High School Graduation
7pm on June 26th on the Clinton High School City Field
(151 Gilliam St, Clinton, TN 37716)
(Alternative Rain Date on June 27th at 7pm)

Seniors will receive caps, gowns, and any other materials that have been ordered for graduation at the same time as Chromebook return.



We will be announcing our Scholarship Recipients for 2020 within the next week!

Once we call the recipients we will announce the names on social media.

Please be sure to like and follow our facebook page at Rocky Top Tennessee to state up-to-date!

you could be advertising here!!!

Reach 1,500 readers that live and work in Rocky Top and surrounding communities for as low as \$10 a month.

865-426-9595 / info@rockytoptnchamber.com

FIND US ON FACEBOOK Facebook.com/RockyTopTennessee

ROCKY TOP PUBLIC LIBRARY NEWS & EVENTS

On Saturday, March 21 st the Rocky Top Public Library was closed to the public until further notice due to community health concerns surrounding the COVID-19 virus and recommendations from the CDC (Center Disease Control). We are now offering a no contact Curbside Pickup service.

To use the curbside pickup service please follow these procedures:

Call the library and request books or reserve on-line.

Staff will call letting you know when items are available for pick up.

If you have items to return, please place them in the drop box in front of the library (we will not accept any materials at the door).

Have library card ready to show upon arrival (through the glass door).

Park in the front and call the library when you arrive.

Stay in your vehicle until a box with your materials are set outside the door in a bag with your name and library card number on them.

Come to door and show your library card to staff member through the glass door, pickup your materials and leave.

We ask that you don't ask to come in as that will not be permitted during this time of closure. Please do all correspondence by telephone or email. We will not be able to answer any questions at the door.

If anyone in your household is ill, please refrain from returning books or utilizing the curbside service.

We will not charge fines or fees during this time of closure. All materials will have a month long due date. ALL materials may be returned in the drop box in the front of the library.

If you need internet service, our public WIFI will be available from our parking lot during regular business hours. You may log in to our website at rockytoppubliclibrary.com for other services that are available.

Please check out the Libby app through your device's app store for thousands of free eBooks and audiobooks.

Due to all programs being canceled until further notice we are providing Storytime, STEAM projects, Craft Classes and lots of other information on our Facebook and website. Don't forget to check us out!

For questions please message us on Facebook, email the library at rockytoppubliclibrary@comcast.net or give us a call at 865-426-6762.

We are doing a few things different in offering programs during the Covid-19 pandemic. Please join us on Facebook for the following program in May: Storytime will be on Facebook every Friday and Saturday at 12:00PM.

Listed below is the tentative date to re-start the following programs at the library:

Adult Craft Classes will meet on Monday, June15th. at 12:00PM Little Trees Painting Class will meet Monday, June 1st and June 29th at 12pm Ruff Reading with Ziggy (June) date and time to be determined.

The following programs have been canceled until further notice due to the Covid-19 pandemic: Lego Club, Game Day, Book Discussion

We will keep you updated as each program resumes. We plan to make all of these programs available as soon as possible!

How to log in and access our on-line catalog from the website: 1. Log into: rockytoppubliclibrary.com 2. Click on: Request an Item 3. Select Log In: It is automatedly defaulted to TENV 4. Select Drop Down Box: You will be given an option to select your library. Type in Rocky Top Public Library. 5. Enter your library card number 6. Enter userpass as your password when you first set your account up. You can change the password once your account is set up. 7. You will now have full access to all the materials at the library and can renew and reserve materials you would like to check out.

Adult Fiction:

My Stubborn Heart by Becky Wade All the Things I Should Have Known by Tiffany Warren The Starless Sea by Erin Morgenstern The Innkeeper's Bride by Kathleen Fuller
The Third to Die by Allison Brennan
The Book Woman of Troublesome Creek by Kim Michele Richardson

The Hollows by Jess Montgomery

The Widows by Jess Montgomery
Big Lies in a Small Town by Diane Chamberlain Then Sings My Soul by Amy Sorrells
A Long Time Comin' by Robin Pearson
The Long Call by Ann Cleeves
Shattered Justice by Susan Furlong
Lost Hills by Lee Goldberg

Lost Hills by Lee Goldberg
Sunrise on Half Moon Bay by Robyn Carr
A Long Petal of the Sea by Isabel Allende
Elevator Pitch by Linwood Barclay
A Small Town by Thomas Perry
Swipe Right for Murder by Derek Milman
The Butterfly Girl by Rene Denfeld
Splintered Silence by Susan Furlong
Fractured Truth by Susan Furlong
Madness of Sunshine Nalini Singh
Saint X by Alexis Schaitkin
Gone by Midnight by Candace Fox
Daughter of Rome by Tessa Afshar
American Dirt by Jeanine Cummins

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Non-Fiction:

I Phone for Seniors by Dwight Spivey
Decluttering for Dummies by Jane Stroller
Won by Love by Norma McCorvey
The Complete Hummus Cookbook by Catherine Gill

MAN-opause by Brian Clement MAN-opause by Brian Clement
Tiny Habits the Small Changes that Change Everything by B.J. Fogg
The Dirty, Lazy, KETO Cookbook by Stephanie Laska
People and Places of Anderson County by Crystal Huskey
The Hidden History of East Tennessee by Joe guy
A Felt Farm by Rotraud Reinhard
Summer Snow by Robert Hass
Why We Can't Sleep by Ada Calhoun
The 40-Day Sugar Fast by Wendy Speake

The 40-Day Sugar Fast by Wendy Speake
Here to Make Friends by Hope Kelaher
Ending Parkinson's Disease by Ray Dorsey
Home Learning Year by Year by Rebecca Rupp
Love and Life by Laura Schelssinger Madness of Sunshine Nalini Singh Saint X by Alexis Schaitkin Gone by Midnight by Candace Fox Daughter of Rome by Tessa Afshar American Dirt by Jeanine Cummins

Adult Paperback: Ellie's Redemption by Molly Jebber

A Well's Landing Christmas by Amy Lillare His Secret Mistress by Cathy Maxwell

Biographies:
A Delayed Life by Dita Kraus
Young Adult Fiction:
The Delusion by Laura Gallier
The Deception by Laura Gallier 10 Blind Dates by Ashley Elston

Song of the Abyss by Makiia Lucier
Isle of Blood and Stone by Makiia Lucier
Juvenile Non-Fiction:
The Beginner Art Book for Kids by Daniel Freeman
First How Things Work Encyclopedia Continents: Asia by Claire Vanden Braden
Continents: North America by Claire Vanden Braden
Continents: Australia by Claire Vanden Braden
Continents: Europe by Claire Vanden Braden
Continents: Asia by Claire Vanden Braden
Continents: Africa by Claire Vanden Braden
Continents: Africa by Claire Vanden Braden Continents: Antarctica by Claire Vanden Braden Everything Awesome About Dinosaurs by Mike Lowery

Electric Cars by Debbie Vilardi Robots by Tammy Gagne
3-D Printers by Debbie Vilardi
Smartphones by Tammy Gagne
GPS Technology by Tammy Gagne
Caves by Julie Murray
Nests by Julie Murray
Trees by Julie Murray Trees by Julie Murray
Webs by Julie Murray
Burrows by Julie Murray
Dens by Julie Murray
Demolition Derby by Kate Mikoley

Dirt Track Racing by Kate Mikoley Marsupials by Madeline Tyler Mollusks by Madeline Tyler Crustaceans by Joanna Brundle Echinoderms by Joanna Brundle Arachnids by Joanna Brundle Protozoa by Joanna Brundle

Juvenile: Wish on All the Stars by Lisa Schroeder See You of a Starry Night by Lisa Schroeder The Prisoner of Azkaban by J.K. Rowling

Amelia Bedelia: Beat the Clock by Herman Parish Children's Easy: Love from the Crayons by Drew Daywalt Strega Nona's Harvest by Tomie dePaola

I Know a Wee Piggy by Kim Norman River by Elisha Cooper Nya's Long Walk by Linda Sue Park Snail and Worm by Tina Kugler

Audio Cds: The Water Dancer by Ta-Nehisi Coates
Big Lies in a Small town by Diane Chamberlain
Chances Are.... by Richard Russo

Romac Self Storage

Monthly Storage Space Rental Several Sizes 5 x 6 to 10 x 25

Competitive Pricing Master Card | Visa accepted

Rocky Top

(865) 426-2822

Office: 865-426-9634 Cell: 865-386-3716

(423) 562-2795

Located at 332 S. Main, Rocky Top



Everyone is Welcome at

215 4th Street, Rocky Top • 865-426-2499 • www.msbcrt.org

"Main Street Baptist Church strives to provide life-changing ministries for every member of the family. Through worship and discipleship training, we hope to share the love and grace of Jesus Christ with the Rocky Top community. We also offer a Food Pantry (Tuesday 12-2pm) and the Rocky Top Recovery program (Thursday 7pm) for individuals or families of individuals with addiction issues."



Sunday School 9:45 a.m. • Sunday Morning Worship 8:30 a.m. & 10:45 a.m Wednesday Evening Service 6:30 p.m.





Conserve Energy and Save Money by signing up for CUB's

Get up to a \$75 Rebate and Save on Future Utility Bills



Limited to residental properties. Customers must own the residence. Limited to single electric water heaters with a 40 gallon tank or larger

Call 865-457-9232 or visit www.clintonub.com for all the details about the program and to sign up

Knoxville area's #1 choice for physical therapy, sports and workinjuries, senior care and more! Call today to schedule an appointment and get back to the life you love.

865-457-1649

865-377-3176

North Knoxville







Kindergarten Roundup Registration will be online this year due to Covid-19. Starting May 11th, the link for kindergarten registration will be available at the following website: www.ACS.ac - An announcement will also be made on May 11th regarding the locations, dates and times that parents may bring their student's records to be scanned. All previously scheduled registration dates have been canceled.

Main Street Baptist Church Free Tax Return Preparation **Rocky Top Public Library**

We will start scheduling appointments beginning January 27th. To make an appointment you may call the library @ 865-426-6762.

Trained volunteers can help you with special credits, such as Earned Income Tax Credit (EITC), Child Tax Credit, and Credit for the Elderly for which you may qualify. In addition to FREE tax return (preparation assistance, the Rocky Top Public Library site also offers free electronic filing (e-filing).

Items you need to bring to the VITA Site to have your tax returns prepared:

Proof of identification • Health Insurance information • Current year's tax package if you received one • Social Security Cards for you, your spouse and dependents and/or a Social Security Number verification letter issued by the Social Security Administration • Birth dates for you, your spouse and dependents on the tax return • Wage and earning statement(s) Form W-2, W-2G, 1099-R, from all employers

Interest and dividend statements from banks (Forms 1099) • A copy of last year's Federal and State returns if available • Bank Routing Numbers and Account Numbers for Direct Deposit •

Total paid for day care provider and the day care provider's tax identifying number (the provider's Social Security Number or the provider's business Employer Identification Number) •

To file taxes electronically on a married filing joint tax return, both spouses must be present to sign the required forms. It is extremely important that each person use the correct Social Security Number (SSN). The most accurate information is usually located on your original Social Security card.

Rocky Top Dentistry Ready To Re-Open Office

Rocky Top Dentistry is ready to open their office to see regularly scheduled patients starting this Wednesday, May 6th. They have installed clear barriers at the front desk, spaced their waiting room chairs apart, and have air purifiers and all the recommended PPE including face shields. When you arrive for your appointment, you will answer a new questionnaire and have your temperature taken. They also ask that no one accompanies you into the office unless necessary, such as a minor or special needs... and if you prefer, you are welcome to wait in your car until time to be seated.

They are looking forward to seeing their patients again!









BEST BUYS FOR COST AND NUTRITION

BREADS AND GRAINS

Choose whole-grain breads. Look for bargains on day-old varieties.

Buy regular brown rice and old-fashioned oats and grits instead of instant varieties to save money and consume less sugar, salt, and calories.

VEGETABLES

Buy large bags of frozen vegetables.

When choosing canned vegetables, look for "low sodium" or "no added salt" on the label.

Buy fresh fruit in season - it generally costs less.

Frozen and canned fruits are available year round, can save you money, and have similar nutrition values to fresh.

LOW-FAT OR FAT-FREE MILK PRODUCTS

Buy low-fat or fat-free milk, yogurt, and cheese in the largest size that can be used before spoiling. Larger containers cost less per serving than smaller sizes.

Ultra-pasteurized milk found on store shelves has a longer expiration date and won't spoil as fast.

MEAT AND BEANS

Dried beans and peas are a good source of protein and fiber. They can last a year or more without spoiling.

Canned tuna packed in water is an inexpensive healthy protein choice. Light tuna has less mercury than white (albacore) tuna.

Did You Know?

You may qualify for more than Supplemental Nutrition Assistance Program (SNAP) benefits. If you get SNAP benefits and have children in school, they qualify for free lunch and breakfast. If you have a low income and are pregnant, breastfeeding, a new mom, or have children under 5 years old, you might qualify for the Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) benefits. The Emergency Food Assistance Program (TEFAP) is another Federal program that provides food to low-income people

USDA Nutrition Assistance Programs Can Help Make Ends Meet

For more information on the following programs, contact:

Supplemental Nutrition Assistance Program (SNAP)
For: eligible low-income people and their families

Visit: http://www.fns.usda.gov/snap/snap-application-and-local-office-locators

Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)

For: eligible, low-income pregnant or breastfeeding women, new moms, and children under age 5

Visit: http://www.fns.usda.gov/wic/toll-free-numbers-wic-state-agencies

School Nutrition Programs

For: eligible low-income, school-aged children. Contact your local school or school district

The Emergency Food Assistance Program (TEFAP)
For: eligible low-income people
Visit: http://www.fns.usda.gov/tefap/eligibility-and-how-apply

RESOURCES FOR SNAP EDUCATORS, PARTNERS, AND THE COMMUNITY

The SNAP-Ed Connection is an online resource center which contains information on healthy eating and using your food dollar wisely. Visit the SNAP-Ed Connection at http://snap.nal.usda.gov

J.S. Department of Agriculture | Food and Nutrition Service | FNS-492 | June 2015 | USDA is an equal opportunity provider and employer.

AC Sheriff Receives Donated PPE

Tuesday, Anderson County Sheriff Russell Barker took to Facebook to thank Commissioner Tim Isbel for his donation of protective gear to staff at the Jail.

As we have been reporting, Isbel—a machinist and engineer—has designed and manufactured lightweight helmets with protective face shields to help prevent the spread of COVID-19.

Barker wrote: "I hope the virus never gets in the jail, but if it does, these shields are vital. I also want to thank Commissioner Catherine Denenberg for coordinating this project with Commissioner Isbel and our staff...thank you again for taking care of the men and women of our office."

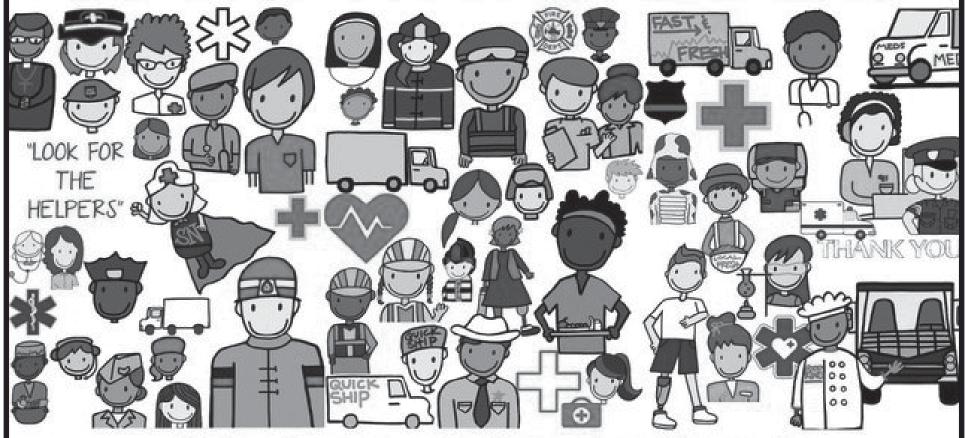
Isbel is producing the face shields out of his own pocket, and along with Commissioner Denenberg, is also helping to collect donations and craftspeople to help with protective gowns and cloth facemasks.





HAPPY TEACHER PPRECIATION 1





"When I was a young boy and would see scary things in the news, my mother would say to me, 'Look for the helpers. You will always find people that are willing to hat." that are willing to help." - Fred Rogers

