ROCKY TOP NEWS

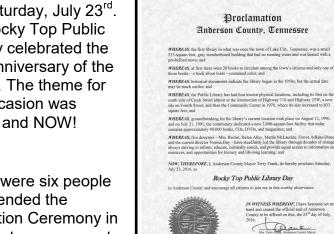
SPONSORED BY THE ROCKY TOP CHAMBER AUGUST 2016 **OF COMMERCE**

Rocky Top Library Celebrates 25 Years!



On Saturday, July 23rd. the Rocky Top Public Library celebrated the 25th Anniversary of the library. The theme for the occasion was THEN and NOW!

There were six people that attended the **Dedication Ceremony in** 1991 that were present for the 25th anniversary celebration. A welcome was given by Library Director, Norma Day followed by Matthew Jordan, Clinch River Regional Library Board





Anderson County Mayor Terry Frank presented the library with a Proclamation stating Saturday, July 23, 2016 as Rocky Top Public Library Day.





Hazel Guyton and Norma Day

Closing remarks were given by Rocky Top Friends of the Library Chair Hazel Guyton. A song was sung by Jean Phillips. The invocation was given by Rev. Tom Byrge and the benediction by Pastor Glenn Day. Approximately 40 people attended the event.



Norma Day, Library Director

son County Library Board

Howard Farmer, 1991 Ander-

David Dew, 1991 Lake City Chamber of Commerce Chairman Director.



Tim Sharp, 1991 Lake City Councilman



Rev. Tom Byrge





Jean Phillips

Rocky Top Library Staff: Director, Norma Day Library Assistants, Teal, LeAnn and Carrie



Send Us Your News

The Rocky Top News is published by volunteers who are not always able to gather all of the news happening in Rocky Top. Therefore, we are asking for your help. If you are at an event, please take a picture and email it to the Rocky Top News at info@rockytoptnchamber.com with the details of the event. Also, if you are involved in an organization or group that is planning an event in Rocky Top, please email or call the Rocky Top News with the details. There is no event too big or too small to let us know about.

Rocky Top Community Events and Meetings

August 3	Student Registration
August 5	First Day of School for Students
August 9	Rocky Top Chamber Coffee at Rocky Top Clinic from 8 a.m 9:30 a.m.
August 9	Rocky Top Water Board Meeting at City Hall at 5:30 p.m.
August 10	Rocky Top City Court at City Hall at 8 a.m.
August 14	Langston Hughes Library Book Talk at CDF Haley Farm
August 16	Rocky Top Planning Commission at City Hall 5:30 p.m.
August 16	LCES Open House at 6:00 p.m.
August 18	Rocky Top City Council Meeting at City Hall 7 p.m.
August 19-21	Second Annual RZR Life Ride at Windrock Park
August 28	Rocky Top United Methodist Church dinner and food pantry 4:00 p.m 6:00 p.m.
September 5	Labor Day Holiday



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Chamber Networking Events

The next Rocky Top Chamber of Commerce's Networking Event will be a Coffee hosted by Summit View of Rocky Top and will be held at Rocky Top Clinic on August 9, 2016 from 8:00 to 9:30 a.m. **Everyone is welcome.** This is a great opportunity for chamber members to network with other chamber members. If you are interested in joining the chamber, please feel free to attend this event. For more information about the Rocky Top Chamber, visit www.rockytoptnchambercom.



Join our Mission

865-426-9595 · RockyTopTNChamber.com

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This paper is published by the Rocky Top Chamber of Commerce monthly and is free to the public.

Rocky Top Chamber of Commerce P. O. Box 1054 Rocky Top, TN 37769 865-426-9595 Fax 865-457-4545 info@rockytoptnchamber.com

Please submit events and content information by email or fax.

Rocky Top News Advertising Rates

Newspaper Sponsorship-\$300.00

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Rocky Top Chamber Member's Rates

Full Page	\$100.00
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Business Card 3 1/2"	

Non-Rocky Top Chamber Member's Rates

Full Page	\$125.00
Half Page	
Quarter Page	\$50.00
Business Card 3 1/2" x	2"\$20.00

Classified Advertisements available to \$5 per line

Contact the Rocky Top Chamber of Commerce for multi-month discounts

LIBRARY NEWS

Free Computer Classes

Rocky Top Public Library provides Basic Desktop Computer classes every Tuesday (except the first Tuesday of the month) from 11:00am -12:00pm.

Children's Story Time

Story Time is provided every Friday @ 4:00pm and Saturday @ 12:00pm. A story, craft and snack will be provided for children of all ages.

Senior Game Day



yahtzee Join us on Monday, August 15th.

and Monday, August 29th@ 11:00am for a game of Dominos, Yahtzee, or your favorite card game. Games are provided by the library.

Adult/Teen Coloring Day

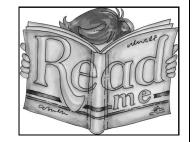
Join us on Monday, August 22nd @ 11:00am for a fun and relaxing hour of coloring. Coloring pages and supplies will be provided or you may bring your own.

All Rocky Top Public Library events are free and open to the public.

New Books, CDs and DVDs at the Rocky Top Library

Adult Fiction:

The Courtship Basket by Amy Clipston Magic by Danielle Steele The Charmers by Elizabeth Alder Make Me Love You by Johanna Lindsey Sweet Breath of Memory by Ariella Cohen The Second Half by Lauraine Snelling The Divided Family by Wanda Brunstetter



Adult Paperbacks:

Sweet as Honey by Jennifer Beckstrand

Young Adult Fiction:

Invisible by Dawn Metcalf Insidious by Dawn Metcalf

Juvenile Fiction:

Wayside School is Falling Down by Louis Sachar

Biography:

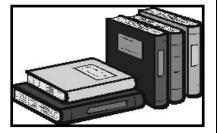
Dark Angel by Geoffrey Wansel

Western:

Death Rides Alone by William Johnstone

Adult Non-Fiction:

Unbroken: A World War II Story of Survival, Resilience, and Redemption



Everyone is Welcome at

FIRST BAPTIST CHURCH

210 Pearl Street, Rocky Top * 865-426-6103



Sunday Bible Study 10:45 a.m. Sunday Morning Worship 11:00 a.m. Sunday Evening Worship 6:30 p.m. Wednesday Evening Service 6:30 p.m.

Easy to Find but Hard to Forget

Back to School Safety Tips

With the 2016 school year approaching, I would like to remind motorists, children, and parents of the importance of traveling safely

around schools and in school zones. Children get to and from school a variety of ways, whether it be by carpooling, automobile, school bus, bicycle, or simply walking. Each school zone in the city is clearly marked with road signs as well as flashing signs on utility poles several feet before the entrance to the school. The speed limit within these school



zones is 15MPH. School zones are in place to protect our children as well as all citizens traveling to and from school. Parents, please take note of some of these tips to help keep you and your children safe during your commute to school.

FOLLOW THE SPEED LIMIT - SLOW DOWN! - The speed limit in all school zones in the city is 15MPH on all school days.

STOP FOR SCHOOL BUSES - When the red lights are flashing -STOP! It's against the law to pass a school bus then the lights are on, regardless of your location.

YEILD TO PEDESTRIANS - Remember to yield to children/parents in crosswalks. When a pedestrian is in a crosswalk, they have the right-of-way

TALK TO TEEN DRIVERS - Remind your teen drivers about the importance of being extra careful in and out of school zones.

PUT DOWN YOUR PHONE - School zones are congested and traffic is constantly stopping to let children in or out. Putting down your phone will keep you alert to your current surroundings and prevent injuries caused by accidents.

LEARN THE RULES - Schools have places for parent to drop off and pick up children. If you are driving your child to school, learn where these areas are and follow the procedures. If you need to, contact the individual schools and ask where you can park your vehicle so traffic can continue to move slowly.

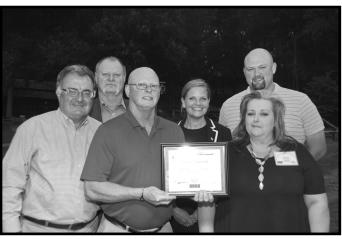
We know that parents and children are looking forward to the new school year, we hope that everyone continues to travel safely in the school zones in our city. Our officers are present in school zones and will continue to pay attention to vehicles traveling within those zones.

Chief Shetterly Rocky Top Police Department

City of Rocky
The East Tennessee Development District (ETDD) held its Annual Awards Banquet on Thursday evening, July 14, 2016 at the Museum of Appalachia in Clinton, Tennessee. The Banquet was attended by over 130 local elected officials and staff members from ETDD. The Honorable Robert Martineau, Jr., Commissioner of the Tennessee Department of Environment and Conservation, provided keynote comments at the Banquet.

Each year at the Awards Banquet, the East Tennessee Development District recognizes local governments and other agencies for the completion of projects that have special local or regional significance. During the award ceremony, ETDD recognized the City of Rocky Top for the renovation of the Bank Street Water Tank. The renovation of the Bank Street water reservoir is a critical improvement to the City's infrastructure. The reservoir was taken out of service 5 years ago due to a water leak and the south sector of the city was left vulnerable to an interruption in service. The \$280,000 project was funded in part by a grant from the Appalachian Regional Commission and local monies. The tank is now back in service and provides a reliable flow of water to

the south end residents and the local industrial park. The award was accepted by Rocky Top Mayor Michael Lovely, Councilwoman Denise Casteel, Councilman Tim Sharp and City Recorder/Interim City Manager Michael Foster.



LCES - NEWS

DATES TO REMEMBER

AUGUST 3 -- STUDENT REGISTRATION

AUGUST 5 -- FIRST DAY OF SCHOOL FOR STUDENTS

AUGUST 16 -- BOY SCOUTS/GIRL SCOUTS MEETINGS -- 10 AM

AUGUST 16 -- OPEN HOUSE -- 6 PM

AUGUST 18 -- GIRL SCOUT SIGN UP -- 6 PM





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Over the past 20 years, and thanks to funding by the National Institute of Health, the LSVT Programs have undergone extensive research and development.

The resulting techniques offer enormous improvements to individuals with Parkinson's Disease including faster walking speed with bigger steps, improved balance and increased trunk rotation, in turn improving overall quality of life.



Treatment is administered in 16 sessions: 4 consecutive days per week for 4 weeks.

Individual, 1 hour sessions, daily homework practice, and daily carryover exercises are provided as part of treatment. The LSVT BIG protocol is both intensive and complex, with many repetitions of core movements that are used in daily living.

LSVT BIG is currently offered to Summit View of Rocky Top inpatients and outpatients by Rachel Barnard, PT, DPT. LEARN MORE OR MAKE AN APPOINTMENT TODAY! CALL (865) 426-2147

Volunteer Opportunities

The Coal Creek Miners Museum, located at 201 South Main Street in

Rocky Top, is offering volunteer opportunities for staffing the Museum. Education and training will be given on the unique history and culture of our community. If you are interested in the history of Coal Creek, enjoy working with the public, and can commit to several hours/week, please contact Sandee Sharp Savarese at



865-340-3269 or info@coalcreekminersmuseum.com.



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This project is funded by the Tennessee Department of Mental Health and Substance Abuse Services.

JAZZ ON THE HILL

The Green McAdoo Cultural Organization will be hosting a "Jazz on the

Hill" concert series one the 1st Saturday of each month. The event is open to the public, bring your families, blankets, lawn chairs, etc. Performance times will be 6:30 - 9:30 p.m. Groups set to perform: August 6 - Groove Therapy (Keith Brown); September 3 - Soulfinger; and October 1 - Knoxville Jazz Orchestra. Free event but vendors will be available for food purchase. The event will be held outside of the Green McAdoo Cultural Center, 101 School Street, Clinton, TN.



We would like to thank the **Clinton Utilities Board (CUB)** for the their continued support to our endeavors.

For more information please contact Eugene Gallaher at 865-394-1149.

Everyone is Welcome at

Main Street Baptist Church

215 4th Street, Rocky Top • 865-426-2499 • www.msbcrt.org

Main Street Baptist Church offers specialized ministries for each member of the family; Men, Women, Seniors, Youth and Children. They also have a Food Pantry that is open on Tuesdays from 12 to 2 p.m. and a Soup Kitchen every Wednesday from 11 a.m.12:30 p.m.



Sunday School 9:45 a.m. • Sunday Morning Worship 8:30 a.m. & 10:45 a.m. Wednesday Evening Service 6:30 p.m.

SUMMER WEEKENDS FULL OF MUSIC, FOOD AND FUN!

Wing Night – Every Friday Night at Sequoyah Marina Start your weekend on Norris Lake at Sequoyah Marina's famous Wing Night each Friday night throughout the summer. Sequoyah Marina serves the best wings and coldest Corona on Norris Lake. New for the 2016 season, Sequoyah will be serving Peel n' Eat Shrimp on Saturday's. For more information, visit www.sequoyahmarina.net.



Sundown Saturday's - Every Saturday at Stardust Marina

The weekend fun continues with Sundown Saturday's at Stardust Marina. Enjoy live entertainment each Saturday from 6 p.m. to 10 p.m. on the patio at Stardust Marina, voted one of the top five marinas in East Tennessee. Kick back, relax and enjoy! For more information, call 865-494-7641 or visit www.stardustmarina.com.

Anderson County offers a series of Outdoor Concerts



Enjoy a weekly line-up of free family entertainment with Concert on the Commons in the quaint town of Norris. This year's line-up will feature a varied mix of musical styles and genres with artists drawn from near and far. Bring a lawn chair or blanket and enjoy a night of free family fun each Friday night beginning at 7:00 pm.

The Oak Ridge Community Band will also offer outdoor concerts at A. K. Bissell Park in Oak Ridge. The concert will be held on September 5th. Audience members are encouraged to bring lawn chairs or blankets for outdoor seating. Razzleberry's Ice Cream Lab will be present in the park during concerts to sell cool refreshments. For more information, call 865-483-3044 or visit http://www.orcb.org/.

What's happening in Anderson County, visit www.yallcome.org.

Appalachian Arts Craft Center

POTTERY ON THE WHEEL, ALL LEVELS, with Katie Cottrell Saturday, August 20, 27, and September 10, 17, & October 1, 10:00 a.m. - 2:00 p.m.

Class will be geared to the ability of the students and glazing will be covered toward the end of the classes. Bring a lunch.

Earlybird Cost: \$100 for members, \$110 nonmembers. After August 6, Cost: \$110/ \$120. Studio fees which include glazing and firing are included in the price of the clay. Clay may be purchased on the first day of the class, price is \$30 for the first bag and \$40 for each bag after that. Registration deadline: August 13.

LEATHER: TOOLING, DYEING, AND FORMING, with Karen Noggle, Saturday, September 10, 10:00 am – 4:00 pm and Sunday, September 11, 1:00 – 4:00 p.m.

In this workshop, we will explore basic leatherworking techniques and take at least one small project to completion. If you have dabbled with leatherwork before, bring your hand tools with you.

This workshop is funded in part by the Tennessee Arts Commission and the East Tennessee Foundation.

Earlybird cost: \$40 for Craft Center members, \$50 for nonmembers. **After August 27, cost:** \$50/ \$60. Materials fee to be paid to teacher the first day of class: \$10

Registration deadline: September 3

Katie Aloi, Executive Director Appalachian Arts Craft Center 2716 Andersonville Hwy 61 P.O. Box 608 Norris, TN 37828 (865) 494-9854 www.appalachianarts.net

(865) 426-2822



(423) 562-2795





Rocky Top United Methodist Church

Community Dinner/Food Pantry Sunday, August 28, 2016 4:00-6:00

FREE YOGA CLASSES

Take Charge Fitness Program will be hosting FREE yoga classes on Monday, 8/15/16 to help EVERYONE enjoy National

Relaxation Day!! Class options include: 9:30 AM Yoga (for those that have limited experience or more), 10:50 AM Chair Yoga (for beginners) or a special lunch time 45 minute class at 12:15 PM,



(beginner to intermediate). The community is invited to just take time to slow down, breathe and experience the stress reducing benefits of our yoga classes! Take Charge Fitness Program is located at Clinton Physical Therapy Center at 1921 N. Charles Seivers Blvd in Clinton. If you have any questions, please contact Take Charge Fitness staff at 865-457-8237



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INTRODUCTION TO MEDITATION

INTRODUCTION TO MEDITATION SERIES STARTS AUGUST 19TH Have you ever thought about trying meditation, but just didn't know how to get started or what it really is?

Meditation is a technique for resting the mind and attaining a state of consciousness totally different from the waking state. In meditation, the mind

is clear, relaxed, and inwardly focused. When you meditate, you are fully awake and alert, but your mind is not focused on the external world or on the events taking place around you. When meditation is used as a relaxation technique it may also improve your health by lowering your blood pressure, slowing your heart rate, reducing muscle tension, slowing your



breathing rate and reducing the activity of stress hormones. If you would like to learn more about the benefits of meditation, how to get started and exploring different options, please join us for this 6 session series. The initial session will be led by local family physician, Jose Malagon, M.D. on Friday, August 19th at 6:00 PM. All sessions will be held in the upper building at Clinton Physical Therapy Center at 1921 N. Charles G. Seivers Blvd. The remaining sessions 5 will be held the first and third Friday of every month through November 4th.

Space is limited so please call Kelly Lenz at 457-1649 or email at cptcklenz@aol.com to reserve your spot. Attendees are asked to proceed through the Clinton Physical Therapy Center parking lot to the driveway at the far end of the lot to access the upper parking lot.

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NORRIS DAM PARK NEWS

Brand new principal for Briceville Elementary School Travis Hutcheson, started the school year off accepting a check from the FRIENDS OF NORRIS DAM STATE PARK. Funds will be used to support literacy with K-grade level books, Weekly Readers and TIME Junior for students. Presenting the \$700.00 donation was FRIENDS member Sandy Morgan who stated the money was raised, in part, by the generosity of campers at Norris Dam State Park. Each Memorial Day, firewood is given out in the campgrounds and campers are eager to donate to the enhancement of literacy of the youth in our area. Morgan is the "primary" wood splitter while her husband, Park Manager Mark Morgan cuts and gathers fallen trees around the park. The FRIENDS OF NORRIS DAM STATE PARK have given funds to support literacy for the past 4 years, a different school each year. Prior to then, the literacy efforts focused on giving out books along the parade route during the Rocky Top Christmas Parade each year.



Sandy Morgan, with the check presentation to Principal Hutcheson, Kylie McMahan, Seth Taylor, Riley Shetterly, Anna Gross, and Isiah Lindsay.







Over 20 students descended upon Norris Dam State Park on Saturday, July 23 to fulfill part of the requirement for the Tennessee Scholarship.



Despite the high temperatures and horrible humidity, a great deal of work was accomplished. While most of the students headed off with Ranger Brittney to the Elkins Trail to clean up glass and trash.





A few were off with Trails Construction Volunteer Chuck to build a bridge on one of the new trails "in production". Parts of the Chuckmore Trail were also cleaned.



