

ROCKY TOP NEWS

Published by the Rocky Top Chamber of Commerce

FREE

December 2022/January 2023

FREE

Rocky Top Christmas Parade

The 2022 Rocky Top Christmas Parade was Friday, December 2nd. The parade organizers, the City of Rocky Top and the Rocky Top Chamber of Commerce would like to thank everyone that participated, everyone that helped organize the event and most importantly the community for



coming out on a cold and rainy evening. This year's parade judges were General Sessions II Judge Matthew Tuck, WATE Meteorologist Kaylee Bowers and Membership Director with the Oak Ridge Chamber of Commerce Norm Nelson.

This

year's Grand Marshall was Vicki Massey, a volunteer that is instrumental in obtaining donations and distributing the Jim Ed Lawson Christmas Baskets.



This year's Mayor's award was given to Norma Day's Family in memory of her service to Rocky Top through her position at the Rocky Top Public Library and the Rocky Top Chamber of Commerce. She was an instrumental part of this community and will be greatly missed.



The parade winners are as follows. Please note that the pictures are not representative of the parade winners.

Floats 1st place-Powell Clinch Utility District



Floats 2nd place-Clear Branch Baptist Church
Floats 3rd Place-Main Street Baptist Church
Groups 1st Place-Sleepy Eyed Johns
Groups 2nd Place-Lake City Elementary School
Tractors 1st Place-

Greg Gentry
Tractors 2nd Place-Daniel Gentry
Cars and Trucks 1st Place-Ottis Poore
Cars and Trucks 2nd Place-Roy Jennings
Cars and Trucks 3rd Place-Brad Shadrick



Happy Holidays

It's the most wonderful time of the year, and you are the most wonderful part of our business. Thank you for making this and every time of year brighter for us.

We wish you the happiest of holidays.

- The Ray Varner Ford Family



RAY
VARNER
CLINTON, TENNESSEE



865-457-0704 | RAYVARNERFORD.COM | I-75, EXIT 122

Area Happenings

Below are some Area Happenings that you need to know about. If you have anything that you would like to add to the list, please email rockytopchamber@gmail.com.

- Tasty Tuesday's Food Truck Rally in Downtown Clinton on December 6th and 13th
- Candlelight Christmas at Museum of Appalachia on December 9th – 10th
- Christmas Cookie Crawl in Downtown Clinton on December 10th
- Christmas for Rocky Top Kids-December 10th
- Norris Winter Festival on December 10th
- Norris Shines-December 12th-26th
- Christmas in the Park at Norris Dam State Park on December 16th
- Venture Unknown Winter Wonderland at Windrock Park-January 13-15

Rocky Top Chamber of Commerce Annual Dinner



This paper is published by the Rocky Top Chamber of Commerce monthly and is free to the public.

Rocky Top Chamber of Commerce
P. O. Box 1054
Rocky Top, TN 37769
865-426-9595

**Please submit events, content and ads by email
rockytopchamber@gmail.com**

Rocky Top News Advertising Rates

Newspaper Sponsorship-\$300.00

Includes a full page advertisement for one month of the advertiser's choosing based on availability and eleven months of business card size advertisements. Sponsorship also includes an article about the advertiser's business.

Rocky Top Chamber Member's Rates

Full Page \$100.00
Half Page..... \$50.00
Quarter Page..... \$25.00
Business Card (3 1/2" x 2") \$10.00

Non-Rocky Top Chamber Member's Rates

Full Page \$125.00
Half Page..... \$75.00
Quarter Page..... \$50.00
Business Card (3 1/2" x 2") \$20.00

Classified Advertisements available for \$5 per line.

Contact the Rocky Top Chamber of Commerce for multi-month discount rates.



City of Rocky Top Monthly Meeting Schedule

- City Court-2nd Wed. at 8:00 am
- Recreation Comm.-2nd Thurs. at 5 p.m.
- Tree Committee-2nd Thurs. at 6 p.m.
- Planning Commission- 3rd Tues. at 6 p.m.
- City Council Meeting- 3rd Thurs. at 6:00 pm

JOIN OUR MISSION



865-426-9595

www.RockyTopTNChamber.com

Facebook@RockyTopChamber

Christmas Breakfast Sausage Casserole

Make the holiday morning extra special with this delicious breakfast sausage casserole. The entire casserole is assembled the night before, so all you'll need to do on Christmas morning is pop it in the oven.

Ingredients:

- 1 pound ground pork sausage
- 1 teaspoon mustard powder
- ½ teaspoon salt
- 4 eggs, beaten
- 2 cups milk
- 6 slices white bread, toasted and cut into cubes
- 8 ounces mild Cheddar cheese, shredded

Directions:

- Crumble sausage into a medium skillet. Cook over medium heat until evenly brown; drain.
- In a medium bowl, mix together mustard powder, salt, eggs and milk. Add the sausage, bread cubes, and cheese, and stir to coat evenly.
- Pour into a greased 9x13 inch baking dish.
- Cover, and chill in the refrigerator for 8 hours, or overnight.
- Preheat oven to 350 degrees.
- Cover with aluminum foil and bake 45 to 60 minutes.
- Uncover and reduce temperature to 325 degrees.
- Bake for an additional 30 minutes, or until set.



2nd Annual Christmas in the Park at Norris Dam State Park

Step back in time and enjoy a family-friendly holiday evening at Norris Dam State Park on Friday, December 16th from 5:30 p.m. – 9:00 p.m. as the beginnings of the park in the late 1930's are celebrated.

This free event will take place at the Lenoir Museum, located at 2121 Norris Freeway in Norris, TN, as well as the Crosby Threshing Barn and Rice Gristmill. Limited parking is available at the Lenoir Museum and the TVA parking lot across from the museum, carpooling is encouraged.

Participants can enjoy traditional bluegrass music, vintage crafts and activities for children at the Lenoir Museum. The Friends of Norris Dam State Park will offer free warm beverages. Luminary lite walkways will lead park visitors to the Rice Gristmill, to enjoy the holiday gift shop and meet Santa from 6 to 8:00 p.m.

The Crosby Threshing Barn will offer live traditional bluegrass music and an old-fashioned "Pie Supper" auction at 7:30 p.m. Visitors can bid on various sweet and savory homemade pies that have been donated to the park. Alvis & Lowe Auction Company will lead the live auction with all proceeds to benefit the Rice Gristmill Restoration Project.

Participants will also have the opportunity to enter drawings for a free annual family-membership and a free birthday party at the Children's Museum of Oak Ridge.

For additional information, please contact the park office at 865-425-4500 ext. 0.



Trey McAdams, Agent
704 N. Charles G. Seivers Blvd
Clinton, TN 37716-3841
865-457-7774
trey@treymcadams.com
www.treymcadams.com



Conserve Energy and Save Money by signing up for CUB's

\$mart \$witch Program

Get up to a \$75 Rebate and Save on Future Utility Bills



Limited to residential properties. Customers must own the residence
Limited to single electric water heaters with a 40 gallon tank or larger

Call 865-457-9232 or visit www.clintonub.com for all the details about the program and to sign up

Rocky Top Chamber Member Spotlight of the Month

Dr. Holmes-Leach purchased Lake City Dentistry in January of 2018 from Dr. Ron Noe and rebranded it Rocky Top Dentistry. She moved the dental practice into the newly renovated building located at 110 Industrial Park Road, Rocky Top summer of 2022. A joint ribbon cutting was held on Tuesday, November 15th at the new location with the Rocky Top Chamber of Commerce and Anderson County Chamber of Commerce.

Rocky Top Dentistry offers state of the art dentistry with a small town approach. Treatment is offered the same day when possible. The mission at Rocky Top Dentistry is to provide care that is tailored to the specific needs of each individual patient. Every patient is treated with respect and love. Dr. Holmes-Leach believes in showing the love of Christ through the interaction with patients and with the team. The team at Rocky Top



Dentistry will always stop and ask what is best for the patient? and then ask what is best for the team? Dr. Holmes-Leach thinks asking these questions solves most everything!

Dr. Barry Miller joined the team at Rocky Top Dentistry in June 2021. Dr. Barry graduated from Ohio State

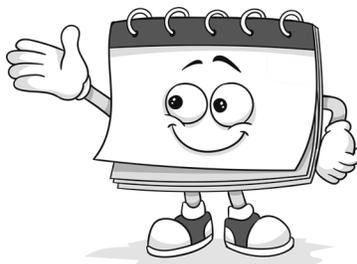
University Dental School and moved to East Tennessee because he fell in love with East Tennessee on his summer visits to Norris Lake. Dr. Cara Kennedy joined Rocky Top Dentistry in August 2022. She attended dental school in Pittsburgh and then completed a three year residency in

Birmingham to gain a specialty license in Prosthodontics. Dr. Kennedy specializes in dentures, partials, implants and restoring complex cases.

Please visit their website at rockytopdentistry.com to learn more about the office and what services are provided.

Anderson County Schools Calendar

- January 2 In-service (NO school for Students)
- January 3 Classes Resume
- January 16 Martin Luther King Day - (Schools Closed)
- February 20 Presidents' Day (Schools Closed)
- March 10 3rd Grading Period Ends
- March 13-17 Spring Break (Schools Closed)
- April 7 Good Friday (Schools Closed)
- April 10 In-service (NO school for Students)
- May 11 CRCS and Innovation Acad. Graduation
- May 12 CHS Graduation
- May 15 In-service (NO school for Students)
- May 19 ACHS Graduation
- May 26 Last Day for Students (Abbreviated Day – No Buses)
- 2023-2024 School Year Starts with a Staggered Start between July 31st and August 2nd





CHRISTMAS FOR *Saturday*
ROCKY TOP KIDS *December 10, 2022*
starting at 4pm

Main Street Baptist Church

**We are excited to
announce the return
of this special event!!**

**For additional details or to donate
contact Amy Jones 865-659-5004**

Library News

The Rocky Top Library will be closed December 23-26 for Christmas. The library will also be closed January 2nd for New Years.

Every Tuesday this month the library will be having their Stitch & Chat program at 11 a.m. and would like to invite anyone who wants to join in the fun!

This is a wonderful opportunity to work on a project. Patrons can gather around and crochet, knit, mend, and do some needle point together. Beginners and experienced both welcome!

New Books in Fiction:

- Gideon the Ninth by Tamsyn Muir
- Harrow the Ninth by Tamsyn Muir



The library has all the information you need for your New Year's Resolution! Want to get healthier?

Check out these books:

- Pilates for Everyone by Micki Havard
- Mediterranean Cookbook by Kevin Orozco
- Healthy Home-Style cooking by Family Circle
- Cleaning up Your Mental Mess by DR. Caroline Leaf
- The Knitter's Bible by Clair Crompton
- Candlemaking for the first time by Vanessa-Ann
- The Everything Learning French Book by Bruce Sallee

School News

In celebration of Anderson County School's director, Dr. Tim Parrott, Lake City Elementary School students collected money and were able to give a check for \$740 to the Isaiah 117 House of Anderson County. Way to Go Lakers!



Pictured are the Lake City Elementary School Students of the Month of November. These students were chosen for their thankfulness.



Congratulations to the Lake City Little League 2022 Homecoming Queen Riley Kennedy, daughter of Danielle Kennedy and escorted by Austin Vaden, son of Chelsey Harman and Dustin Vaden. Together the candidates raised over \$7,000 which will be used for the league.

I AM ONE

Get resources to support your children and teens to be alcohol, nicotine, and drug-free at ASAPofAnderson.org.



This material was developed through a project funded by the Tennessee Highway Safety Office.

EVERYONE IS WELCOME

MAIN STREET BAPTIST CHURCH

215 4th Street, Rocky Top • 865-426-2184 • www.msbcrt.org

Main Street Baptist Church, established in 1928, strives to provide ministries that draw people to the light of Jesus Christ. Our ministry programs are geared to all ages as we seek to share Christ's love and grace.

Ministries include Food Pantry for Rocky Top residents, Rocky Top Recovery for individuals with addiction issues, Children's Summer Feeding Program for Rocky Top children, Second Harvest Mobile Pantry Truck and Special seasonal programming open to the Rocky Top Community.

Sunday School at 9:45 a.m.
 Sunday Morning Worship at 8:30 and 10:45 a.m.
 Wednesday Evening Service at 6:30 p.m.





Free Medical Clinic

Serving Rocky Top and Briceville

Everyone needs help sometimes and FMC is here for you during time of health needs



You deserve to be healthy

No charge in person primary medical visits and Telehealth services to keep you healthy.

You Matter!



FIND OUT WHAT IS WRONG

No charge lab work and imaging with our medical center partners and referrals.

Let's get you better!



TAKE YOUR LIFE BACK

No charge medical programs, like Hep C programs and comprehensive medical care.

Start living again!



A PLACE TO GET MEDICAL CARE

Everyone needs help sometimes and we're here to help you in your time of need, at no charge.

Register today!



HELP YOUR NEIGHBOR

For every \$25 given we provide \$125 worth of medical care. Help those in need around you.

Give now!



THIS IS WORTH YOUR LIFE

You can make a difference. Now accepting healthcare professionals and office support.

Volunteer!

Providing no charge primary care for low-income and uninsured residents of Anderson, Morgan & Roane Counties

**Free Medical Clinic of Oak Ridge-Serving Rocky Top and Briceville
1456 Briceville Highway | Briceville, TN 37710**

Open every Tuesday from 8:30 a.m. to 3 p.m.

865-338-5900 | FMCOR.ORG

Winter Hiking Ideas

If you have a habit of packing away your hiking boots the moment cooler temperatures arrive, you've been missing out. Winter really transforms the trails in Anderson County. Leaves clear out, views open up and you can walk for miles without seeing another soul.

Located right in our backyard, Norris Dam State Park offers some of the best hiking in the area. There is a variety of trails from walking trails to extreme uphill trails that will entice even the hardcore trail runner. They also have some of the best views of the Cumberland Mountains and Norris Lake. There are 15 different trails ranging from a ½ mile to five miles. For a moderate to difficult trail, check out Lake View Trail. This 4.75 mile trail provides gorgeous views of Norris Lake and along the trail are remnants of old homesteads that once rested on the ridges before Norris Dam was built. Detailed maps are available at the park office.

Right down the road in Oak Ridge, Haw Ridge Park, is a 780-acre park situated on a scenic peninsula along the Clinch River. With more than 30 miles of trails to explore, it's perfect for hiking and even mountain biking. Geocachers will also discover plenty of bounty scattered throughout Haw Ridge Park's lush trails. If you're looking for a



long hike to take in all that Haw Ridge has to offer, check out the Haw Ridge Lake Trail. It's an 8.3 mile loop, rated moderate and offers great views of the Clinch River and different areas of the park.

The Norris Watershed is another popular area among hikers. The watershed has over 30 miles of trails and offers a wide variety for different skill levels. One trail we think is worth checking out is Lower Clear Creek Trail. Along this 2.5 mile hike, you will enjoy more historic sites than any other trail in the watershed. This is a favorite among hikers, as well as history lovers. Trails maps are available at Norris City Office.

One other area that we would recommend hiking is the UT Arboretum in Oak Ridge. The UT Arboretum offers over five miles of trails that are open year round. Bird and wildlife spotting is common during every season and holly berries abound during the holidays. The trails offer a wide variation in length and difficulty, so you can enjoy a casual stroll to a more serious hike. You will also see interpretive signs describing points of interest along the way.

Keep in mind, some areas may have times of closure for hunting, so be sure to check before planning your hikes.

QPR Suicide Prevention Training

Four ASAP employees are now certified in how to potentially prevent suicide in three steps after participating in the Question, Persuade, and Refer (QPR) Suicide Prevention Training held on November 15th, 2022.

The QPR Training is recommended for adults wanting to learn how to recognize the warning signs of suicide and how to get help for someone in crisis.

Just as people save lives in learning CPR and the Heimlich maneuver, QPR Suicide Prevention Training could assist in saving thousands of lives every year by teaching people how to be gatekeepers.

A gatekeeper is someone who recognizes the warning signs of those who may be considering taking their own life. Although anyone can be a gatekeeper, some common examples include parents, friends, neighbors, teachers, ministers, doctors, nurses, police officers, caseworkers, firefighters, and in ASAP's case, prevention specialists.

For those who are currently experiencing extreme mental distress, a recently passed law made 988 the new number for around-the-clock suicide prevention assistance. The Tennessee Redline can also be reached at 1-800-889-9789 to find treatment or recovery help.

To sign up for future QPR trainings hosted by TSPN, visit our website at ASAPofAnderson.org.

Romac Self Storage

Monthly Storage Space Rental

Several Sizes 5 x 6 to 10 x 25

Competitive Pricing Office: 865-426-9634

Master Card | Visa accepted Cell: 865-386-3716

Located at 332 S. Main, Rocky Top

Gary Cooper Insurance

801 N. Charles G. Seivers Blvd
Clinton, TN 37716

865-457-0637



www.GaryCooperInsurance.com

NOW OFFERING BLACKSTONE GRILLS

With Natural Gas Conversion

Never fill a tank again!



0% financing available

COOK BREAKFAST, LUNCH, & DINNER

No bells or whistles - just a powerful 60,000 BTU griddle ready to tackle any meal you can dream up. With 769 square inches of steel and four independent cooking zones, you can cook enough food to feed an army at any point in the day - breakfast, lunch, and dinner!

Visit our showroom to see all our Blackstone options and accessories.

PCUD
NATURAL GAS



Know what's below.
Call before you dig.

203 FIRST STREET, ROCKY TOP • (865) 426-2822 • WWW.PCUD.ORG